

## **CURRICULUM VITAE**

**KAREN MAI HORTON, MD, MSc, BScH, FACS**

### **PERSONAL INFORMATION**

<b>Name in Full</b>	<b>Karen Mai Horton</b>
<b>Maiden Surname</b>	Ambus
<b>Practice Name</b>	San Francisco Plastic Surgery
<b>Office Address</b>	2100 Webster Street, Suite 520 San Francisco, California 94115 U.S.A.
<b>Contact Information</b>	Office 415-923-3067 Fax 415-346-5019 E-mail <a href="mailto:drhorton@drkarenhorton.com">drhorton@drkarenhorton.com</a> Website <a href="http://www.drkarenhorton.com">www.drkarenhorton.com</a> Blog <a href="https://www.drkarenhorton.com/blog">https://www.drkarenhorton.com/blog</a> Facebook <a href="http://www.facebook.com/drkarenhorton">www.facebook.com/drkarenhorton</a> Instagram <a href="http://www.instagram.com/drkarenhorton">www.instagram.com/drkarenhorton</a> IG Before & Afters <a href="http://www.instagram.com/drkarenhortonbeforeandafters">www.instagram.com/drkarenhortonbeforeandafters</a> "X" (Twitter) <a href="http://www.twitter.com/drkarenhorton">www.twitter.com/drkarenhorton</a> Media Features <a href="https://www.drkarenhorton.com/media/">https://www.drkarenhorton.com/media/</a>
<b>Date of Birth</b>	May 22, 1971
<b>Place of Birth</b>	Toronto, Ontario, Canada
<b>Citizenship</b>	American, Canadian
<b>Medical Licensure</b>	Medical Board of California, A87734
<b>Board Certification</b>	Board Certified in Plastic Surgery, The American Board of Plastic Surgery, American Board of Medical Specialties <i>Certificate No. 8398</i> <i>Initial Certification November 16, 2013 to December 31, 2023</i> <i>Continued Certification December 1, 2023 to December 31, 2033</i>  Board Certified in Plastic Surgery, Royal College of Physicians and Surgeons of Canada <i>Certification June 30, 2005. No expiration.</i>

### **PROFESSIONAL EDUCATION**

- 2005-2006      **Senior Clinical Fellowship in Hand and Microsurgery**  
*The Buncke Clinic Institute for Plastic & Reconstructive Surgery, Hand Surgery, and Microsurgery*  
 California Pacific Medical Center, Ralph K. Davies Campus  
 San Francisco, California, U.S.A. (Graduation 6/30/2006)
- 2000-2005      **Residency in Plastic and Reconstructive Surgery**  
*University of Manitoba (Graduation 6/30/2005)*  
 Winnipeg, Manitoba, Canada
- 1996-2000      **Doctor of Medicine, First Class Honours**  
*University of Toronto (Graduation 6/16/2000)*  
 Toronto, Ontario, Canada
- 1994-1996      **Master of Science**  
*Queen's University (Graduation 11/2/1996)*  
 Cancer Research Laboratories, Department of Pathology  
 School of Graduate Studies and Research  
 Kingston, Ontario, Canada
- 1990-1994      **Bachelor of Science, First Class Honours**  
*Queen's University (Graduation 6/3/1994)*  
 Life Science Subject of Specialization  
 Kingston, Ontario, Canada

### **EXPERIENCE AND HOSPITAL APPOINTMENTS**

- 2022-2026      **Active Medical Staff and Medical Director, San Francisco Plastic Surgery Center**  
*San Francisco, California, U.S.A.*
- 2018-2026      **Provisional Medical Staff, Department of Plastic Surgery**  
*UCSF Hyde Campus (formerly St. Francis Memorial Hospital), San Francisco, California, U.S.A.*
- 2023-2026      **Courtesy Medical Staff, Department of Plastic Surgery and Microsurgery**  
*California Pacific Medical Center, San Francisco, California, U.S.A.*
- 2020-2023      **Active Medical Staff, Hayes Valley Surgery Center**  
*San Francisco, California, U.S.A.*
- 2005-2023      **Active Medical Staff, Department of Plastic Surgery and Microsurgery**  
*California Pacific Medical Center, San Francisco, California, U.S.A.*
- 2006-2014      **Plastic Surgery Courtesy Staff, Department of Surgery**  
*St. Mary's Medical Center – San Francisco, California*
- 2005-2006      **Senior Clinical Microsurgical Fellow**  
*The Buncke Clinic, California Pacific Medical Center, Ralph K. Davies Campus, San Francisco, California, U.S.A.*

- 2005 **Chief Resident in Plastic Surgery**  
Section of Plastic Surgery, University of Manitoba, Winnipeg, Manitoba, Canada
- 2002-2005 **Plastic Surgery Residency**  
Section of Plastic Surgery, University of Manitoba, Winnipeg, Manitoba, Canada
- 2000-2002 **Core Surgery Internship**  
Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada
- 2002-2005 **House Medical Officer, Surgical Intensive Care Unit**  
Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada
- 2005 **House Medical Officer, Medical Intensive Care Unit**  
Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada
- 2002-2005 **House Medical Officer, Cardiovascular Step-Down Critical Care Unit and Inpatient Ward**  
Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada

## **PUBLICATIONS, PRESENTATIONS AND COURSEWORKS**

### **1. SCIENTIFIC AND PROFESSIONAL PUBLICATIONS**

- 2023 Sullivan E, Amalfi A, **Horton KM**. American Society of Plastic Surgeons' Social Media Toolkit: Course 5 – “Metrics and Follower Engagement”  
<https://ednet.plasticsurgery.org/diweb/catalog/item/id/14372981/pid/14363688>
- 2023 Sullivan E, Amalfi A, **Horton KM**. American Society of Plastic Surgeons' Social Media Toolkit: Course 4 – “Content Buckets”  
<https://www.plasticsurgery.org/for-medical-professionals/education/asps-education-network/social-media-toolkit>
- 2023 Sullivan E, Amalfi A, **Horton KM**. American Society of Plastic Surgeons' Social Media Toolkit: Course 3 – “Hashtags”  
<https://www.plasticsurgery.org/for-medical-professionals/education/asps-education-network/social-media-toolkit>
- 2022-2023 Sullivan E, Amalfi A, **Horton KM**. American Society of Plastic Surgeons' Social Media Toolkit: Course 2 – “Creating a Social Media Strategy”  
<https://www.plasticsurgery.org/for-medical-professionals/education/asps-education-network/social-media-toolkit>
- 2022-2023 Sullivan E, Amalfi A, **Horton KM**. American Society of Plastic Surgeons' Social Media Toolkit: Course 1 – “What You Need to Know”

<https://www.plasticsurgery.org/for-medical-professionals/education/asps-education-network/social-media-toolkit>

- 2019 **Horton KM** (Medical Reviewer). Breast Reconstruction: What You Should Know. <https://www.realself.com/breast-reconstruction>
- 2019 **Horton KM**. How Often Can You Get Injectable Wrinkle Reducer? Dr. Karen Horton Weighs In. <https://thespotlyte.com/1391463/how-often-should-i-get-injectable-wrinkle-reducers/>
- 2019 **Horton KM**. Helping Women Rebuild Their Lives (and Breasts) After Breast Cancer. Physician Perspective: Breast Reconstruction: A Patient's Guide to Understanding Her Treatment Options. <https://view.imirus.com/1204/document/13214/page/24>
- 2019 **Horton KM**. Social Media Focus: Finding Your Own Voice (And Amplifying It) On Social Media. American Society of Plastic Surgeons Blog. PSN Extra: News: July 8, 2019. [https://www.plasticsurgery.org/for-medical-professionals/education-and-resources/publications/psn-extra/news/social-media-focus-finding-your-own-voice-\(and-amplifying-it\)-on-social-media](https://www.plasticsurgery.org/for-medical-professionals/education-and-resources/publications/psn-extra/news/social-media-focus-finding-your-own-voice-(and-amplifying-it)-on-social-media)
- 2019 **Horton KM**. How Plastic Surgery Can Help You Achieve Your New Year's Resolutions. American Society of Plastic Surgeons Blog. January 4, 2019. <https://www.plasticsurgery.org/news/blog/how-plastic-surgery-can-help-you-achieve-your-new-years-resolutions>
- 2018 **Horton KM**. Review of "Women Who Rebuild Both Breasts with DIEP Flap Surgery See More Issues". Living Beyond Breast Cancer. January 25, 2018. <https://www.drkarenhorton.com/wp-content/uploads/2018/02/DIEP-Flap-Article-1.pdf>
- 2017 **Horton KM**. The Latest Breast Implant Reconstruction Techniques: Science, Safety, Aesthetics! What's new in breast implant reconstruction? Bay Area Cancer Connections – Breast & Ovarian Cancer Information & Support Publication. Oct-Dec 2017: 6-8.
- 2017 Horton KM. **Silicone vs Saline Breast Implants**. American Society of Plastic Surgeons Blog. July 14, 2017. <https://www.plasticsurgery.org/news/blog/silicone-vs-saline-breast-implants>
- 2017 **Horton KM**. The Last Stitch: Surgeon Spotlight. Plastic Surgery News. April/May 2017: 34. <https://www.drkarenhorton.com/wp-content/uploads/2017/04/4-5-17-LS-page-v5.pdf>

- 2017 **Horton KM.** The Holidays are the Perfect Season for Plastic Surgery and Nonsurgical Procedures. American Society of Plastic Surgeons Blog. November 21, 2017.  
<https://www.plasticsurgery.org/news/blog/the-holidays-are-the-perfect-season-for-plastic-surgery-and-nonsurgical-procedures>
- 2017 **Horton KM.** Advocating for Breast Reconstruction Awareness by ASPS Member Surgeons. American Society of Plastic Surgeons Blog. October 12, 2017.  
<https://www.plasticsurgery.org/news/blog/advocating-for-breast-reconstruction-awareness-by-asps-member-surgeons>
- 2016 **Horton KM.** CoolSculpting. Cosmetic Town Journal. [http://www.cosmetictown.com/journal/fat\\_removal/CoolSculpting](http://www.cosmetictown.com/journal/fat_removal/CoolSculpting)
- 2016 **Horton KM.** Liposuction: Tell me all about it! American Society of Plastic Surgeons Blog. November 14, 2016.  
<https://www.plasticsurgery.org/news/blog/liposuction-tell-me-all-about-it>
- 2016 **Horton KM.** New Year, New You and Plastic Surgery: Is there Something To This Slogan? American Society of Plastic Surgeons Blog. January 27, 2016.  
<https://www.plasticsurgery.org/news/blog/new-year-new-you-and-plastic-surgery-is-there-something-to-this-slogan>
- 2014 **Horton KM.** The Mommy Makeover: Dispelling Myths and Providing Truths. Multiplicity Magazine. Summer 2014: 25-27.
- 2014 **Horton KM.** Spring and Summer Skin Care. Marin Parents of Multiples Club Summer Newsletter.
- 2014 **Horton KM.** Spring is here! Skincare Tips and Techniques to Smooth Your Skin into Summer. Marin Mommies. April 17, 2014.
- 2012 **Horton KM.** After Breast Cancer: What You Need to Know if You Choose Breast Reconstruction. Coping Magazine. Sept/Oct 2012: 38.
- 2011 Buntic RF, **Horton KM**, Brooks D, Althubaiti, GA. "Transverse Upper Gracilis Flap as an Alternative to Abdominal Tissue Breast Reconstruction: Technique and Modifications". Plastic & Reconstructive Surgery: 128(6):607e–613e.
- 2010 **Horton KM.** Mammograms and Breast-Self Exams: What the Experts Recommend. Fogcutter. Junior League of San Francisco. XLI(2):
- 2009 Herrera F, **Horton KM**, Buntic RF, Buncke GM. "Bilateral Sporotrichosis Infection of the Hands: A Case Report and Review of the Literature". The Internet Journal of Hand Surgery. 2009 Volume 2 Number 2.
- 2008 Buntic RF, **Horton KM**, Brooks D, Lee CK. "The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function". Plastic & Reconstructive Surgery. 121(5):1659-1663, May 2008.

- 2007 Herrera FA, **Horton KM**, Suliman A, Buncke GM. "Aeromonas Hydrophila Infection Causing Delayed Vascular Thrombosis in a Nearly Amputated Finger". *Journal of Hand Surgery* 2007; 32A: 1058–1060.
- 2006 **Horton KM**. "What's on the Horizon in Breast Reconstruction: Microsurgery Offers Women an Exciting New Option as they Contemplate Reconstruction". *Women and Cancer Magazine*, Fall 2006.
- 2000 **Horton KM**, Renooy L, Forrest CR. "Patients with Facial Difference: Assessment of Information and Psychosocial Needs". *University of Toronto Medical Journal*, 78(1): 8-11. Cover Feature Article.
- 1998 **Horton KM**, Forrest CR. Fractures of the Mandibular Condyle: A Retrospective Analysis of Sixty-Five Patients". *UTMJ Proceedings of the University of Toronto Twelfth Annual Undergraduate Medical Research Day*, 75 Suppl: S31.
- 1996 **Ambus KM**. "An Investigation of the Molecular Targets of the PML/RAR $\alpha$  Fusion Protein in Acute Promyelocytic Leukemia by Differential Display". Master of Science Thesis, School of Graduate Studies and Research, Queen's University, Kingston, Canada.
- 1994 **Ambus KM**. "Correlating *fps/fes* Expression with Angiogenesis During Murine Development". Pathology 420 Research Project Thesis, Department of Pathology, Queen's University, Kingston, Canada.
- 1993 **Ambus KM**, Walker PM. "Enhanced Neutrophil Adhesion with ICAM-1 Upregulation in Hypoxic Vascular Endothelial Cells". Institute of Medical Science Summer Research Studentship Papers, Division of Vascular Surgery, Department of Surgery, University of Toronto, Canada.

## 2. PUBLISHED SCIENTIFIC ABSTRACTS

- 2010 **Horton KM**. "Donor Site Optimization in Microvascular Breast Reconstruction" International Society of Aesthetic Plastic Surgery Annual Scientific Meeting Program Book, Abstract 10E, p. 94.
- 2009 **Horton KM**, Buntic RF, Brooks D. "The Transverse Upper Gracilis Flap as an Alternative to Abdominal Tissue Reconstruction: Technique and Modifications" Program Book, 2009 Annual Scientific Meetings of the American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 245.
- 2008 Trovato M, **Horton KM**, Buntic RF, Brooks D. "Immediate Nipple-Areolar Complex Reconstruction with Inner Thigh (TUG) Flap Microvascular Breast Reconstruction". Program Book, 2008 Annual Scientific Meetings of the American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 156.

- 2007 Buntic RF, Brooks D, **Horton KM**. "The Semi-Lunar Transverse Inner Thigh Flap for Microvascular Breast Reconstruction: An Excellent Alternative to Abdominal Flaps". Program Book, 2007 Annual Scientific Meetings of the American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 146.
- 2007 **Horton KM**, Buntic RF, Brooks D, Lee CK. "The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function. Program Book, 2007 Annual Scientific Meetings of the American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 182.
- 2006 **Horton KM**, Kaska S, Brooks D, Buntic RF, Louie K, Buncke GM, Lowenberg D. "Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage". Plastic and Reconstructive Surgery, 118(4) Suppl: 5-6.
- 2006 **Horton KM**, Buntic RF, Brooks D, Lee CK. "The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function". Plastic and Reconstructive Surgery, 118(4) Suppl: 6-7.
- 2006 **Horton KM**, Kaska S, Brooks D, Buntic RF, Louie K, Lowenberg DW, Buncke GM. "Outcome Analysis Of Combined Ilizarov Bone Transport And Immediate Free Tissue Transfer For Lower Extremity Salvage". American Association of Plastic Surgeons 86<sup>th</sup> Annual Meeting, Hilton Head, SC.
- 2005 **Horton KM**, Giuffre J, Singh GB, Murray KA. "Breast Reduction Scars: Prospective Analysis of Surgical Staples versus Absorbable Sutures". Canadian Journal of Plastic Surgery, 13(2): 98.
- 2005 Giuffre JL, **Horton KM**, Buchel EW. "Carpal Fracture and Dislocations in Children: Diagnosis and Treatment". Canadian Journal of Plastic Surgery, 13(2): 100.
- 2004 **Horton KM**, Hayakawa TEJ. "The 'Canadian Rodeo Thumb': Ice Auger Injuries in Northern Canada". Canadian Journal of Plastic Surgery, 12(2): 93.
- 2004 **Horton KM**, Hayakawa TEJ, Skoracki RJ. "Supercharged Pedicled Pectoralis Major Flap in Head and Neck Reconstruction". Canadian Journal of Plastic Surgery, 12(2): 117.
- 2004 **Horton KM**. "Frostbite in Manitoba: Ten-year Retrospective Analysis of Tertiary Inpatient Care". Canadian Journal of Plastic Surgery, 12(2): 97.
- 2003 **Horton KM**, Hayakawa TEJ, Abozaid M. "Delayed Esophageal Perforation Secondary to Extrusion of Cervical Spine Instrumentation – Reconstruction with Vascularized Free Fibula and Periosteal Patch". Canadian Journal of Plastic Surgery, 11(2): 118.
- 2003 **Horton KM**, Murray KA. "Personal Digital Assistant (PDA)-Assisted Resident Procedural Case Logs: A Pilot Study". Canadian Journal of Plastic Surgery, 11(2): 113.

- 2001 **Horton KM**, Dolynchuk KN. "Necrotizing Fasciitis of the Head and Neck: The Winnipeg Experience". Canadian Journal of Plastic Surgery, 9(3): 105.
- 1995 **Ambus KM**, Grignani F, Shearing T, Pelicci PG, Greer P. "Molecular Targets of the PML/RAR $\alpha$  Fusion Protein". Abstracts of Papers Presented at the Eleventh Annual Meeting on Oncogenes, Hood College, Maryland, U.S.A., p.386.

### 3. BOOKS

- 2019 Tannan S, **Horton K**, Tannan V. **Pillars of Practice: Online Marketing Tactics They Never Taught Us In Medical School.** <https://books2read.com/u/mqGPwv>

### 4. BOOK CHAPTERS

- 2023 **Expert's View, Another Option with Implants, Chapter Six.** In: The Complete Guide to Breast Reconstruction: Choosing the Best Options After Your Mastectomy, Fifth Edition. Steligo K. Baltimore: Johns Hopkins University Press, p. 89-90.
- 2011 **Chapter 22: Expander-Implant and Nipple-Areolar Reconstruction.** In: Pearls of Wisdom: Plastic & Reconstructive Surgery Board Review, Second Edition. Lin SJ and Hijawi JB, Eds. New York: McGraw-Hill Medical Publishing Division, p.149-154.
- 2011 **Chapter 24: Breast Reconstruction: Alternative Flaps.** In: Pearls of Wisdom: Plastic & Reconstructive Surgery Board Review, Second Edition. Lin SJ and Hijawi JB, Eds. New York: McGraw-Hill Medical Publishing Division, p.165-177.
- 2011 **Chapter 69: Gracilis Flaps for Breast Reconstruction.** In: Spear's Surgery of the Breast: Principles and Art, Third Edition. Spear SL, et al., Eds. Philadelphia: Lippincott Williams & Wilkins.
- 2006 **Breast Reconstruction with Alternative Flaps: Latissimus Dorsi, SIEA, I-GAP, S-GAP Flaps.** In: Lin SJ and Hijawi JB, Eds. Plastic and Reconstructive Surgery Board Review. New York: McGraw-Hill Medical Publishing Division, p. 127-135.
- 2006 **Breast Reconstruction with Expanders-Implants and Nipple-Areolar Complex Reconstruction.** In: Lin SJ and Hijawi JB, Eds. Plastic and Reconstructive Surgery Board Review. New York: McGraw-Hill Medical Publishing Division, p.113-118.

### 5. WEBSITE PUBLICATIONS

- 2011-2026 **Professional Website**  
[www.drkarenhorton.com](http://www.drkarenhorton.com)

- 2011-2026 **Professional Dr. Karen Horton Blog**  
<http://www.drkarenhorton.com/blog/>
- 2006-2011 **Women's Plastic Surgery Blog**  
<http://www.womensplasticsurgery.blogspot.com>
- 2009 **Plastic Surgery after Twins: Getting Your Body Back**  
[Twin Pregnancy and Beyond \(Featured Article\)](#)
- 2008 **Mommy Makeover Surgery**  
[Divine Caroline \(Featured Article\)](#)
- 2007 **Breast Reconstruction after Breast Cancer: State of the Art Options and Return to Physical Activity**  
The Running Journal: <http://www.activelifestylemag.com/BreastCancer.html>
- 2007 **Breast Reconstruction Update: State-of-the-Art Techniques**  
California Pacific Medical Center website:  
[http://www.cpmc.org/services/women/breast/bst\\_recon\\_profile.pdf](http://www.cpmc.org/services/women/breast/bst_recon_profile.pdf)
- 2007 **Reconstruction of the Breast after Cancer: An Overview of Procedures and Options**  
Breast Cancer Awareness website: <http://breastcancerawareness.com>

## 6. SCIENTIFIC PRESENTATIONS

- 5/17/26 **Breast Implant Capsule Panel: Friend or Foe?**  
*Discussant*, The Aesthetic MEET 2026, The Aesthetic Society Annual Scientific Meeting  
Boston, Massachusetts, U.S.A.
- 9/19/24 **Fast and Furious: Breast Reconstruction and Reduction**  
*Invited Panelist*, Plastic Surgery THE Meeting 2024, American Society of Plastic Surgeons Annual Scientific Meeting  
Virtual Panel
- 3/3/23 **Capturing Content: Who, How, Why?**  
*Invited Panelist*, American Society of Plastic Surgeons Annual Virtual Spring Meeting 2024  
Virtual Panel
- 1/24/23 **Optimizing Donor-Site Aesthetics in Microsurgical Breast Reconstruction**  
*Invited Panel Moderator*, American Society for Reconstructive Microsurgery 40<sup>th</sup> Annual Scientific Meeting  
Miami, Florida, U.S.A.
- 4/23/22 **Insider Tips from 6 Socially Savvy Plastic Surgeons**  
*Invited Faculty and Speaker*, The Aesthetic Meeting 2022, The Aesthetic Society (ASAPS) Annual Meeting

San Diego, California, U.S.A.

- 2/5/22      **“Muscle UP!” – The Subglandular Breast Augmentation Pocket in the Modern Era**  
*Invited Faculty and Speaker, American Society of Plastic Surgeons 2021 Women Plastic Surgeons (WPS) Retreat*  
Tucson, Arizona, U.S.A.
- 10/22/21    **What is the Ideal Reconstructed Breast? An International Perspective**  
*Invited Panelist, Pre-recorded On-Demand Virtual Presentation, Plastic Surgery THE Meeting 2021, Atlanta, Georgia, U.S.A.*
- 10/19/21    **Social Media Panel, Hot Topics in Plastic Surgery Forum**  
*Invited Panel Moderator, Pre-recorded On-Demand Virtual Presentation, Plastic Surgery THE Meeting 2021, Atlanta, Georgia, U.S.A.*
- 5/3/21      **Photo and Video in the Era of Social Media**  
*Invited Discussant, The Aesthetic Meeting 2021, American Society of Aesthetic Plastic Surgery (ASAPS) Annual Meeting*  
Miami Beach, Florida
- 3/5/21      **Expanding Your Plastic Surgery Practice: In-House Operating Rooms: How to GET IT RIGHT!**  
*Instructor, ASPS Practice Innovations – Enhance Team Efficiency Virtual Conference*  
American Society of Plastic Surgeons
- 10/16/20    **U Ought To Know – Umbilicoplasty**  
*Instructor, Plastic Surgery THE Meeting 2020, American Society of Plastic Surgeons Annual Scientific Meeting*  
San Francisco, California, U.S.A.
- 10/16/20    **Social Media Emerging Trends: Have You Been Shadow Banned?**  
*Lead, Plastic Surgery THE Meeting 2020, American Society of Plastic Surgeons Annual Scientific Meeting*  
San Francisco, California, U.S.A.
- 2/29/20     **Social Media by Plastic Surgeons – How to Find Your Unique Voice and Use it Responsibly**  
*Invited Speaker, Mountain West Society of Plastic Surgeons Annual Meeting*  
Snowmass Village, Aspen, Colorado, U.S.A.
- 9/23/19     **Prepectoral Reconstruction: The Good, Bad and Ugly**  
*Invited Speaker and Moderator, Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting*  
San Diego, California, U.S.A.
- 9/22/19     **Social Media: New Platforms**  
*Invited Speaker and Panelist, Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting*  
San Diego, California, U.S.A.

- 9/22/19      **Explantation and Mastopexy – My Approach**  
*Invited Speaker and Instructional Course Instructor, Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting San Diego, California, U.S.A.*
- 9/21/19      **Plastic Surgery and Society Media: A Changing Paradigm**  
*Invited Speaker and Panelist, Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting San Diego, California, U.S.A.*
- 9/21/19      **Instagram Profiles in Plastic Surgery**  
*Lead and Invited Speaker, Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting San Diego, California, U.S.A.*
- 5/20/19      **Plastic Surgeons Bare All on Social Media**  
*Audience Moderator, The Aesthetic Meeting 2019, American Society of Aesthetic Plastic Surgery Annual Meeting New Orleans, Louisiana, U.S.A.*
- 5/19/2019      **Do the Stars Matter? The Intersection of Social Media and Reputation Management for Plastic Surgery Practices**  
*Invited Panel Speaker, The Aesthetic Meeting 2019, American Society of Aesthetic Plastic Surgery Annual Meeting New Orleans, Louisiana, U.S.A.*
- 10/1/18      **Addressing Preoperative Asymmetries PRIOR to Aesthetic Breast Surgery**  
*Invited Panel Speaker, Plastic Surgery THE Meeting 2018, American Society of Plastic Surgeons Annual Scientific Meeting Chicago, Illinois, U.S.A*
- 9/30/18      **Social Media Strategies for 2019**  
*Invited Panel Moderator, Plastic Surgery THE Meeting 2018, American Society of Plastic Surgeons Annual Scientific Meeting Chicago, Illinois, U.S.A*
- 9/28/18      **How Instagram and Facebook Stories are Rapidly Replacing Snapchat**  
*Invited Panel Speaker, HOT TOPICS 2018, Plastic Surgery THE Meeting 2018, American Society of Plastic Surgeons Annual Scientific Meeting Chicago, Illinois, U.S.A*
- 7/19/18      **Plastic Surgery for Men – Board Certification, Safety and Surgical Details**  
 American Society of Plastic Surgeons Facebook Live Webinar  
<https://www.facebook.com/PlasticSurgeryASPS/videos/1757358700979780/>
- 7/18/19      **A Video is Worth 1000 Words: Tips and Caveats for Plastic Surgeons**  
 American Society of Plastic Surgeons Social Media Facebook Live Webinar  
<https://www.facebook.com/ASPSMembers/videos/1863742293717678/>
- 4/29/17      **Making Social Media Work For Your Practice**

The Aesthetic Meeting 2018, American Society of Aesthetic Plastic Surgery  
Annual Meeting  
New York, New York, U.S.A.

- 10/9/17 **Thrive vs. Fail in Plastic Surgery Practice**  
*Invited Panel Moderator, Plastic Surgery THE Meeting 2017, American Society of Plastic Surgeons Annual Scientific Meeting*  
Orlando, Florida, U.S.A.
- 10/8/17 **Who Gives Disney World a One Star Review and What do You Do About It?**  
*Invited Panel Speaker, Plastic Surgery THE Meeting 2017, American Society of Plastic Surgeons Annual Scientific Meeting*  
Orlando, Florida, U.S.A.
- 10/8/17 **Modern Mommy Makeover**  
*Invited Instructional Course Faculty, Plastic Surgery THE Meeting 2017, American Society of Plastic Surgeons Annual Scientific Meeting*  
Orlando, Florida, U.S.A.
- 10/7/17 **Shared Decision Making in Breast Reconstruction: What's There to Share? Patient and Surgeon Perspectives**  
*Invited Panel Moderator, Plastic Surgery THE Meeting 2017, American Society of Plastic Surgeons Annual Scientific Meeting*  
Orlando, Florida, U.S.A.
- 10/6/17 **Online Doctor Reviews and How to Live with Them**  
*Invited Speaker, ASPS Hot Topics in Plastic Surgery, Plastic Surgery THE Meeting 2017, American Society of Plastic Surgeons Annual Scientific Meeting*  
Orlando, Florida, U.S.A.
- 10/6/17 **Social Media Marketing in Plastic Surgery: How I Do It**  
*Invited Speaker, ASPS Hot Topics in Plastic Surgery, Plastic Surgery THE Meeting 2017*  
Orlando, Florida, U.S.A.
- 9/9/17 **Work-Life Balance, Professional Fulfillment and Burnout among Plastic Surgeons**  
*Invited Guest Faculty, The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, Plastic Surgery Residents Symposium, American Society of Aesthetic Plastic Surgery*  
New York City, New York, U.S.A.
- 9/8/17 **Where Do I Start? Transitioning from Training to Plastic Surgery Practice**  
*Invited Guest Faculty, The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, Plastic Surgery Residents Symposium, American Society of Aesthetic Plastic Surgery*  
New York City, New York, U.S.A.
- 9/8/17 **Successful Social Media Strategies in Plastic Surgery Practice**  
*Invited Guest Faculty, The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, Plastic Surgery Residents Symposium, American Society of Aesthetic Plastic Surgery*

New York City, New York, U.S.A.

- 3/4/17 **Implants, Lifts and Asymmetries - Two-Stage Augmentation Mastopexy: Better Safe Than Sorry**  
*Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons*  
New Orleans, Louisiana, U.S.A.
- 3/3/17 **The Art of Multitasking: How to Juggle Balls and Remain Successful**  
*Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons*  
New Orleans, Louisiana, U.S.A.
- 3/3/17 **PANEL: Aesthetic Breast Surgery: What Would the Experts Do?**  
*Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons*  
New Orleans, Louisiana, U.S.A.
- 3/3/17 **Optimizing Outcomes with Aesthetic Breast Surgery: Technique Matters - Subglandular Augmentation: Strategies for Success**  
*Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons*  
New Orleans, Louisiana, U.S.A.
- 3/3/17 **Biofilms, Bacteria and the Role of Antibiotics and Irrigation Protocols**  
*Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons*  
New Orleans, Louisiana, U.S.A.
- 3/2/17 **Website Design and Optimization in Plastic Surgery**  
*Invited Panel Moderator, Aesthetica Super Symposium, American Society of Plastic Surgeons*  
New Orleans, Louisiana, U.S.A.
- 3/2/17 **How Social Media has Changed the Way Plastic Surgery Patients Find Me and Become More Educated - For the Better!**  
*Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons*  
New Orleans, Louisiana, U.S.A.
- 3/2/17 **ONLINE REVIEWS: The Good, The Bad and The Ugly: How to Use Social Media to Best Manage and Control Your Reputation**  
*Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons*  
New Orleans, Louisiana, U.S.A.
- 2/4/17 **Using Social Media in #PlasticSurgery - How it has Evolved, What's New and How it Can Help You!**  
*Invited Guest Speaker, Social Media for Plastic Surgeons, Women's Plastic Surgery WPS Enrichment Retreat, American Society of Plastic Surgeons*  
Newport Beach, California, U.S.A.

- 1/22/17 **Using Social Media to Promote Awareness and Education of Breast Reconstruction and Aesthetic Surgery**  
*Invited Guest Faculty, 33<sup>rd</sup> Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"*  
 Atlanta, Georgia, U.S.A.
- 1/21/17 **Why I Prefer Smooth Round Implants in Subglandular Position – Even In Thin Patients**  
*Invited Guest Faculty, 33<sup>rd</sup> Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"*  
 Atlanta, Georgia, U.S.A.
- 1/20/17 **Subcutaneous Implant Reconstruction Without ADM – WAIT, WHAT?**  
*Invited Guest Faculty, 33<sup>rd</sup> Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"*  
 Atlanta, Georgia, U.S.A.
- 1/20/17 **Aesthetic Refinement in DIEP and TUG (Inner Thigh) Free Flap Breast Reconstruction – Donor and Recipient Sites Alike**  
*Invited Guest Faculty, 33<sup>rd</sup> Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"*  
 Atlanta, Georgia, U.S.A.
- 1/16/17 **Social Media Beyond Marketing – Malice & Medico-Legal Implications**  
*Invited Panel Chair, "Innovations, Outcomes, and Quality", American Society for Reconstructive Microsurgery Annual Scientific Meeting*  
 Waikoloa, Hawai'i, U.S.A.
- 11/19/16 **Use of Social Media to Promote Reconstructive and Aesthetic Breast Surgery in 2016**  
*Invited Guest Faculty, Breast Reconstruction: State of the Art 2016 Conference, Department of Plastic Surgery, NYU School of Medicine and New York University Post Graduate Medical School*  
 New York, New York, U.S.A.
- 11/18/16 **The Mommy Makeover with DIEP Flaps and How TV and Social Media have made the Mommy Makeover More Acceptable in Society**  
*Invited Guest Faculty, Breast Reconstruction: State of the Art 2016 Conference, Department of Plastic Surgery, NYU School of Medicine and New York University Post Graduate Medical School*  
 New York, New York, U.S.A.
- 9/24/16 **Iron Surgeon Competition – "Sure, I'll Compete. Wait – What's That?"**  
*Invited Faculty, American Society of Plastic Surgeons Annual Scientific Meeting Plastic Surgery THE Meeting 2016*  
 Los Angeles, California, U.S.A.
- 9/23/16 **Use of Social Media to Promote Your Plastic Surgery Practice**  
*Invited Guest Faculty, American Society of Plastic Surgeons Senior Residents Conference and Residents Day Program*

Plastic Surgery THE Meeting 2016  
Los Angeles, California, U.S.A.

- 3/19/16 **Breast Reconstruction as ART & Science: Advanced Breast Reconstruction Techniques - Considering Form, Balance, Aesthetics & Beauty**  
*Invited Speaker*, 15th Annual Allison Taylor Holbrooks/Barbara Jo Johnson Breast Cancer Conference  
Cancer Prevention Institute of California, Golden Gate Club, The Presidio of San Francisco  
San Francisco, California, U.S.A.
- 1/18/16 **Coupling a Superficial Vein in DIEP Flaps to an Axillary Vessel before Internal Mammary Anastomoses Reduces Venous Complications with Minimal Increased Operative Time**  
*Invited Speaker*, American Society for Reconstructive Microsurgery Annual Scientific Meeting  
Scottsdale, Arizona, U.S.A.
- 10/16/15 **Use of Social Media to Promote Your Plastic Surgery Practice**  
*Invited Guest Speaker*, Plastic Surgery THE Meeting, American Society of Plastic Surgeons Annual Scientific Meeting  
Boston, Massachusetts, U.S.A.
- 4/30/15 **Breast Implant Device failure: Remove or Replace?**  
*Invited Panel Speaker*, ASPS Aesthetica 2015 Super Symposium, American Society of Plastic Surgeons  
Las Vegas, Nevada, U.S.A.
- 4/30/15 **Revision Augmentation with Fat Grafting: Achieving Predictability and Success**  
*Invited Panel Speaker*, ASPS Aesthetica 2015 Super Symposium, American Society of Plastic Surgeons  
Las Vegas, Nevada, U.S.A.
- 4/30/15 **Subglandular Breast Implant Device placement: Optimizing Aesthetics**  
*Invited Panel Speaker*, ASPS Aesthetica 2015 Super Symposium, American Society of Plastic Surgeons  
Las Vegas, Nevada, U.S.A.
- 3/13/15 **Mastopexy after Extreme Weight Loss**  
*Invited International Speaker*, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery  
Barcelona, Spain
- 3/13/15 **Disasters of the Masters – “Loaf of Bread” Bilateral Chest Wall Reconstruction after Recurrent Breast Cancer: Is an Aesthetic Result Possible?**  
*Invited International Speaker*, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery  
Barcelona, Spain
- 3/12/15 **Maximizing Efficiency in the Operating Room and the Use of Social Media in Promoting a Reconstructive Microsurgery Breast Reconstruction Practice**

- Invited International Speaker, Breakfast with the Experts, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery  
Barcelona, Spain*
- 3/12/15      **Autologous Breast Reconstruction in Thin Patients**  
*Invited International Speaker, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery  
Barcelona, Spain*
- 3/12/15      **Inner Thigh TUG Flap Autologous Breast Reconstruction – An Alternative to Abdominal and Buttock Donor Sites**  
*Invited International Speaker, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery  
Barcelona, Spain*
- 3/7/15        **Breast Reconstruction 2015: What is New?**  
*Invited Guest Speaker, The Challenges of Breast Cancer: Allison Taylor Holbrooks Barbara Jo Johnson Breast Cancer Conference, Cancer Prevention Institute of California  
San Francisco, California, U.S.A.*
- 2/25/15      **Breast Reconstruction: Using Your Own Tissue to Rebuild Your Breast**  
*Invited Presenter, Living Beyond Breast Cancer Live Breast Reconstruction Series Webinar  
[www.lbbc.org/event-archive](http://www.lbbc.org/event-archive)*
- 11/3/14      **Breast Reconstruction as ART and Science: Advanced Breast Reconstruction Techniques – Considering Form, Balance, Aesthetics and Beauty**  
*Invited Guest Speaker, North York General Hospital Department of Genetics Grand Rounds  
Toronto, Ontario, Canada*
- 2/23/13      **Breast Reconstruction is Not-One-Size-Fits-All: Options for Women in 2013**  
*Invited Guest Speaker, C4YW Annual Conference for Young Women Affected by Breast Cancer  
Bellevue, Seattle, Washington, U.S.A.*
- 1/15/13      **Choosing the Inner Thigh (TUG) Flap for Microsurgical Breast Reconstruction**  
*Invited Panel Speaker, Controversies in Autogenous Microsurgical Breast Reconstruction, American Society for Reconstructive Microsurgery Annual Scientific Meeting  
Naples, Florida, U.S.A.*
- 10/27/12     **Maximizing Efficiency in the Operating Room and the Use of Social Media in Promoting a Reconstructive Microsurgery for Breast Reconstruction Practice**  
*Invited Panel Speaker, Panel: Reimbursement in Breast Reconstruction, American Society of Plastic Surgeons' Annual Scientific Meeting 2012  
New Orleans, Louisiana*
- 10/4/12      **Post-Breast Reconstruction Revisions and Follow Up Surgeries**

*Guest Speaker, 7<sup>th</sup> Annual Microsurgical Nursing Symposium: Breast Health & Reconstruction, Davies Campus, California Pacific Medical Center  
San Francisco, California*

- 9/29/12      **Breast Reconstruction Options for BRCA Positive Women: Breast Cancer "Previvors" and Survivors**  
*Invited Doctors Panel Speaker, Taking on BRCA - We're All in This Together: BRCA Connections and FORCE Conference in Honor of National Hereditary Breast and Ovarian Cancer Week and National Previvor Day, California Pacific Medical Center, San Francisco, California*
- 9/28/12      **Reconstruction of the Breast When a Mastectomy is Not Required - What are the Options?**  
*Invited Speaker, 3<sup>rd</sup> Annual Conference on the Current Controversies in the Management of Breast Cancer and Melanoma  
Jewish Community Center of San Francisco Kanbar Hall, San Francisco, California*
- 4/20/12      **True Single-Stage Microsurgical Breast Reconstruction: Nipple Preservation and Immediate Free Flap Reconstruction Including a Reduction or Lift**  
*Invited Speaker, Group for the Advancement of Breast Reconstruction (GABRs) 4<sup>th</sup> Meeting  
Kenwood, California*
- 4/20/12      **Second Stage Procedures after Microsurgery: Performing Additional Steps to Achieve the Ultimate Aesthetic Outcome in Breast Reconstruction**  
*Invited Speaker, Group for the Advancement of Breast Reconstruction (GABRs) 4<sup>th</sup> Meeting  
Kenwood, California*
- 4/21/12      **The Inner Thigh (TUG) Flap Breast Reconstruction: Update on Statistics, Outcome and Complications**  
*Invited Speaker, Group for the Advancement of Breast Reconstruction (GABRs) 4<sup>th</sup> Meeting  
Kenwood, California*
- 1/17/12      **Marketing Your Reconstructive Practice: Pearls and Pitfalls**  
*Invited Panel Speaker, American Society for Reconstructive Microsurgery Annual Scientific Meeting  
Las Vegas, Nevada*
- 9/24/11      **TUG (Inner Thigh) Free Flap Breast Reconstruction: What Plastic Surgery Nurses Need to Know!**  
*Invited Guest Speaker, American Society of Plastic Surgical Nurses 37<sup>th</sup> Annual ASPSN Convention  
Denver, Colorado*
- 9/16/11      **Nipple-Sparing Mastectomy (NSM) and Immediate Breast Reconstruction**  
*Invited Speaker, 2<sup>nd</sup> Annual Conference on the Current Controversies in the Management of Breast Cancer and Melanoma  
Hotel Kabuki, San Francisco, California*

- 3/5/11      **The Art of Reconstruction**  
*Guest Speaker, 10<sup>th</sup> Annual Allison Taylor Holbrooks / Barbara Jo Johnson Breast Cancer Conference for Survivors, Family, Friends, and Medical Professionals Golden Gate Club, Presidio of San Francisco, California*
- 9/24/10      **Breast Reconstruction: Is Autologous Tissue Better Than Implants?**  
*Invited Speaker, Current Controversies in the Management of Breast Cancer and Melanoma Multidisciplinary Conference Hotel Kabuki, San Francisco, California*
- 7/28/10      **Breast Reconstruction: Understanding Your Options**  
*Invited Educational Teleconference Guest Speaker, Living Beyond Breast Cancer. [www.lbbc.org](http://www.lbbc.org)*
- 5/25/10      **The Art of Breast Cancer Reconstruction Using Microsurgery**  
*Invited Keynote Speaker, California Pacific Medical Center Foundation San Francisco, California*
- 4/29/10      **Prevention and Management of Microsurgical Complications in Breast Reconstruction**  
*Guest Speaker, 5<sup>th</sup> Annual Microsurgical Nursing Symposium Davies Campus, California Pacific Medical Center San Francisco, California*
- 3/6/10      **Beyond Breast Cancer: The Art of Reconstruction**  
*Guest Speaker, 9<sup>th</sup> Annual Allison Taylor Holbrooks / Barbara Jo Johnson Breast Cancer Conference for Survivors, Family, Friends, and Medical Professionals Golden Gate Club, Presidio of San Francisco, California*
- 3/5/10      **Mommy Makeover Cosmetic Surgery**  
*Pacific Gynecology and Obstetrics Medical Group San Francisco, California*
- 5/31/09      **Breast Reconstruction Using Microsurgery and Implants – Refining Aesthetic Results and Outcome**  
*Fresh Faces in Plastic Surgery – 2009 CSPA 59<sup>th</sup> Annual Meeting Panel Presentation – Invited Panelist California Society of Plastic Surgeons 59<sup>th</sup> Annual Scientific Meeting Squaw Creek, Olympic Valley, California*
- 3/7/09      **The Art of Breast Reconstruction**  
*Guest Speaker, 8<sup>th</sup> Annual Allison Taylor Holbrooks / Barbara Jo Johnson Breast Cancer Conference For Survivors, Family, Friends, and Medical Professionals Golden Gate Club, The Presidio of San Francisco, California*
- 1/13/09      **The Transverse Upper Gracilis Flap as an Alternative to Abdominal Tissue Reconstruction: Technique and Modifications**  
*American Society for Reconstructive Microsurgery 23<sup>rd</sup> Annual Meeting Maui, Hawai'i*

- 1/10/09      **Breast Reconstruction: A Woman's Perspective**  
*Guest Panelist, American Society for Reconstructive Microsurgery 23<sup>rd</sup> Annual Meeting*  
 Maui, Hawai'i
- 10/2/08      **Julie's Journey: Anatomy of a DIEP/SIEA Flap for Breast Reconstruction**  
**Panel Speaker: Microsurgical Experts Question and Answer Period**  
*Guest Speaker, 4<sup>th</sup> Annual Microsurgical Nursing Symposium*  
 Davies Campus, California Pacific Medical Center  
 San Francisco, California
- 3/1/08      **Breast Cancer: Finding Answers to Your Questions – The Art of Reconstruction**  
*Guest Lecturer, Northern California Cancer Center*  
 NCCC Breast Cancer 7<sup>th</sup> Annual Allison Taylor Holbrooks / Barbara Jo Johnson  
 Conference: More Questions, More Answers  
 Golden Gate Club, The Presidio of San Francisco, California
- 2/25/08      **Mommy Makeover Surgery: Rejuvenation of the Breast and Body after Childbirth**  
*Guest Speaker, Mount Diablo Mother's Club*  
 Walnut Creek, California
- 2/24/08      **Breast Reconstruction: Exploring Your Options**  
*Guest Speaker, 8<sup>th</sup> Annual Conference for Young Women Affected by Breast Cancer*  
 Jacksonville, Florida
- 11/6/07      **Microsurgical Breast Reconstruction**  
*Guest Speaker, Obstetrics and Gynecology Grand Rounds, California Pacific Medical Center*  
 San Francisco, California
- 11/4/07      **The Latest Techniques in Breast Reconstruction – Immediate Implant Reconstruction and Microsurgery**  
*Guest Speaker, Community Breast Health Project's 4th Annual Breast Cancer Conference: Sharing Knowledge-Creating Hope*  
 Palo Alto, California
- 10/22/07      **State of the Art in Breast Reconstruction**  
*Guest Speaker, California Pacific Medical Center Breast Health Center Educational Series*  
 San Francisco, California
- 10/4/07      **Scalp Replantation in a 10-Year-Old Girl**  
**Panel Speaker: Microsurgical Experts Question and Answer Period**  
*Guest Speaker, 3<sup>rd</sup> Annual Microsurgical Nursing Symposium*  
 Davies Campus, California Pacific Medical Center  
 San Francisco, California
- 5/31/07      **The Latest and Greatest in Microsurgical Breast Reconstruction**  
 Community Breast Health Project Open House

Palo Alto, California

- 5/26/07 **New Options for Immediate Breast Reconstruction: Achieving Optimal Results with Adjustable Implants in a Single Stage: 322 Consecutive Cases**  
California Society of Plastic Surgeons 57<sup>th</sup> Annual Scientific Meeting  
San Francisco, California
- 4/16/07 **Everything You Ever Wanted to Know About Cosmetic Surgery**  
*Guest Speaker*, John Muir Women's Center Lecture Series, Walnut Creek, California
- 3/20/07 **Advances in Breast Reconstruction**  
*Guest Speaker*, The Wellness Community Special Workshop Series, Walnut Creek, California
- 3/3/07 **The Artistry of Breast Reconstruction**  
*Guest Speaker*, Northern California Cancer Center's Breast Cancer 6<sup>th</sup> Annual Allison Taylor Holbrooks / Barbara Jo Johnson Conference: More Questions, More Answers  
Golden Gate Club, The Presidio, San Francisco, California
- 3/1/07 **Advances in Microsurgical Breast Reconstruction**  
*Guest Lecturer*, St. Luke's Hospital Continuing Medical Education Grand Rounds, San Francisco, California
- 1/16/07 **The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function**  
American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 21<sup>st</sup> Annual Joint Meeting  
Rio Grande, Puerto Rico
- 1/5/07 **Microsurgical Reconstruction of the Breast - The Latest Techniques**  
California Pacific Medical Center General Surgery Grand Rounds, San Francisco, California
- 11/7/06 **State-of-the-Art in Breast Reconstruction Techniques**  
*Guest Speaker*, Alta Bates / Summit Medical Center, Oakland, California
- 11/6/06 **Breast Reconstruction Following Breast Cancer: The Latest Advances in Microsurgery and the One-Step Technique**  
*Guest Speaker*, John Muir Women's Health Center, Walnut Creek, California
- 10/25/06 **Update in Breast Reconstruction: State-of-the-Art Techniques**  
*Guest Speaker*, Breast Cancer Miniseries, John Muir Medical Center, Walnut Creek, California, U.S.A.
- 10/8/06 **Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage**  
American Society of Plastic Surgery 75<sup>th</sup> Annual Scientific Meeting  
San Francisco, California, U.S.A.

- 10/8/06      **The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function**  
American Society of Plastic Surgery 75<sup>th</sup> Annual Scientific Meeting  
San Francisco, California, U.S.A.
- 7/12/06      **Breast Reconstruction Using Microsurgical Techniques: An Overview**  
*Guest Speaker*, John Muir Medical Center, Breast Health Center  
Walnut Creek, California, U.S.A.
- 6/3/06      **Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage**  
California Society of Plastic Surgeons Annual Scientific Meeting  
Las Vegas, Nevada, U.S.A.
- 5/9/06      **Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage**  
American Association of Plastic Surgeons 85<sup>th</sup> Annual Meeting  
Hilton Head, South Carolina, U.S.A.
- 4/7/06      **The Transverse Upper Gracilis (TUG) Flap for Microsurgical Breast Reconstruction**  
*Invited Speaker*, Group for the Advancement in Breast Reconstruction (GABR) Meeting  
Charleston, South Carolina, U.S.A.
- 12/7/05      **Advances in Microsurgery: Preserving Donor Site Aesthetics and Function in Complex Reconstructive Procedures**  
*Guest Lecturer*, Surgical Grand Rounds, Division of Plastic Surgery, The DeWitt Daughtry Family Department of Surgery, University of Miami School of Medicine  
Miami, Florida, U.S.A.
- 9/2/05      **CMC Joint Arthroplasty of the Thumb Using Irradiated Cartilage Allograft**  
Microsurgical Grand Rounds, The Buncke Clinic Institute for Plastic & Reconstructive Surgery, Hand Surgery, and Microsurgery  
San Francisco, California, U.S.A.
- 7/8/05      **Autogenous Saphenous Vein Wrapping for Chronic Traction Neuritis**  
Microsurgical Grand Rounds, The Buncke Clinic Institute for Plastic & Reconstructive Surgery, Hand Surgery, and Microsurgery  
San Francisco, California, U.S.A.
- 6/10/05      **Breast Reduction Scars: Prospective Analysis of Surgical Staples versus Absorbable Sutures**  
Fifty-Ninth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons  
Nanaimo, British Columbia, Canada
- 4/18/05      **Breast Reduction Scars: Prospective Analysis of Surgical Staples versus Absorbable Sutures**  
University of Manitoba Section of Plastic Surgery Resident Research Symposium  
Winnipeg, Manitoba, Canada

- 12/22/04     **Anatomy Dissection: Anterior Trunk, Omentum, Inguinal Canal, Os Innominatum, Applied Anatomy of Local Muscle, Fascial, Omental and Composite Flaps**  
Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
- 12/20/04     **Microbiological Variants and Unusual Presentations of Necrotizing Fasciitis**  
Morbidity and Mortality Grand Rounds, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
- 12/6/04      **Reconstruction of the Secondary Cleft Nose Deformity**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
- 11/6/04     **Carpal Fractures and Dislocations in Children: Diagnosis and Treatment**  
American College of Surgeons, Manitoba Chapter Annual Research Symposium, Winnipeg, Canada
- 11/1/04     **Local Flaps in Reconstruction of the Hand**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
- 9/29/04     **Anatomy Dissection: Lower Leg and Foot, Bones of the Foot and Ankle, Applied Anatomy of Local Muscle, Fascial and Composite Flaps**  
Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
- 9/13/04     **Facial Nerve Disorders**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
- 6/3/04      **Ice Auger Thumb Avulsion Amputations in Northern Canada**  
Fifty-Eighth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons Hamilton, Ontario, Canada
- 6/4/04      **Frostbite in Manitoba: Ten Year Analysis at a Tertiary Care Centre**  
Fifty-Eighth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons, Hamilton, Ontario, Canada
- 6/2/04      **Supercharged Pedicled Pectoralis Major Myocutaneous Flap in Head and Neck Reconstruction**  
Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 25<sup>th</sup> Annual Scientific Meeting, Hamilton, Ontario, Canada
- 6/14/04     **Chest Wall Reconstruction: Local, Regional and Distant Techniques**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
- 4/26/04     **Unusual Presentations of Necrotizing Fasciitis at St. Boniface General Hospital**  
Morbidity and Mortality Grand Rounds, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

- 5/31/04      **Melanoma: Diagnosis, Treatment and Advances in Research**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
- 5/19/04      **Fluid Resuscitation in Burn Injuries**  
*Keynote Guest Speaker*, Surgical Intensive Care Burn Day  
Department of Critical Care, Health Sciences Centre, University of Manitoba, Winnipeg, Canada
- 5/12/04      **The ‘Canadian Rodeo Thumb’: Ice Auger Injuries in Northern Canada**  
Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day  
Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
- 5/12/04      **Complex Upper Extremity Crush-Degloving Injury**  
Section of Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day  
University of Manitoba, Winnipeg, Canada
- 2/2/04        **Benign Melanocytic Tumours of the Skin**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
- 3/8/04        **Ear Reconstruction: History, Techniques and Scientific Advances**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
- 2/26/04      **Anatomy Dissection: The Infratemporal Fossa, Muscles of Facial Expression, Facial Nerve, Parotid Gland, Mandible and Maxilla**  
Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
- 1/9/04        **The ‘Canadian Rodeo Thumb’: Ice Auger Injuries in Northern Canada**  
*Guest Speaker*, The Buncke Clinic Microsurgery Grand Rounds  
The Buncke Clinic, Davies Medical Center, San Francisco, California, U.S.A.
- 6/25/03      **Delayed Esophageal Perforation Secondary to Extrusion of Cervical Spine Instrumentation – Reconstruction with Vascularized Free Fibula and Periosteal Patch**  
Groupe pour L’Avancement de la Microchirurgie Canada (GAM Canada) 24<sup>th</sup> Annual Scientific Meeting, Whistler, British Columbia, Canada
- 4/17/03      **Bilateral Reduction Mammoplasty: Preoperative Indications, Demographics and Patient Experience**  
Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day  
Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
- 3/3/03        **Body Contouring with Suction-Assisted Lipoplasty: Overview of Techniques, Indications and Advances**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada

- 11/16/02      **Frostbite in Manitoba: Ten-year analysis at a Tertiary Care Centre**  
American College of Surgeons, Manitoba Chapter Annual Research Symposium, Winnipeg, Canada
- 10/23/02      **Impending Plate Exposure and Osteoradionecrosis Following Mandible Reconstruction**  
Section of Plastic Surgery Grand Rounds, Visiting Professor Day  
University of Manitoba, Winnipeg, Canada
- 10/23/02      **Osteocutaneous Fibular Free Flap with Additional Perforator-Based Skin Paddle and Double Microvascular Anastomosis**  
Section of Plastic Surgery Grand Rounds, Visiting Professor Day  
University of Manitoba, Winnipeg, Canada
- 7/17/02        **Digital Replantation – Information for the Operating Room Team**  
*Guest Speaker*, Health Sciences Centre Operating Room Nurses Grand Rounds, University of Manitoba, Winnipeg, Canada
- 11/18/02      **Dupuytren's Disease**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
- 5/13/02        **Replantation of the Upper Extremity**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
- 4/17/02        **Life-Threatening Hypothermia and Frostbite Injury Requiring Bilateral Free Flap Lower Extremity Salvage**  
Section of Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day  
Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
- 4/17/02        **Frostbite in Manitoba: Ten-year analysis at a Tertiary Care Centre**  
Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day  
Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
- 3/27/02        **Anatomy Dissection: Axilla Boundaries, Contents and Spaces, Pectoral Girdle, Scapula and Brachial Plexus**  
Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
- 2/11/02        **Basal Cell Carcinoma, Squamous Cell Carcinoma and Mohs Micrographic Excision**  
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
- 1/11/02        **The VAC (Vacuum-Assisted Closure) for Wounds – An Overview**  
Department of Otolaryngology Grand Rounds, University of Manitoba, Winnipeg, Canada

- 11/5/01      **Plastic Surgical Techniques Workshop**  
*Invited Guest Instructor, General Surgery Basic Training Lab for PGY-1 Residents, Department of Surgery, Faculty of Medicine, University of Manitoba, Winnipeg, Canada*  
 Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
- 6/8/01      **Necrotizing Fasciitis of the Head and Neck: The Winnipeg Experience**  
*Fifty-fifth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons, Jasper, Alberta, Canada*
- 3/7/01      **Wound Healing: Overview, Assessment of Wounds, Factors Affecting Healing, and Updates in Clinical Research**  
*Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada*
- 10/17/01    **Necrotizing Fasciitis of the Head and Neck: Retrospective Review of the Winnipeg Experience**  
*Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day*
- 11/4/00    **Necrotizing Fasciitis of the Head and Neck: The Winnipeg Experience**  
*American College of Surgeons, Manitoba Chapter Annual Research Symposium, Winnipeg, Canada*
- 8/21/00    **Melanoma in the Pediatric Population: Classification, Diagnosis, Surgical Treatment and Issues in Children**  
*Invited Speaker, Pediatric General Surgery Grand Rounds, Department of Pediatric Surgery, University of Manitoba, Winnipeg, Canada*
- 5/31/99    **Establishing an AboutFace Presence at Sunnybrook Health Science Centre**  
*Keynote Guest Speaker, AboutFace Annual General Meeting, Metro Hall, Toronto, Canada*
- 5/10/99    **Health, Illness and the Community: Facial Difference**  
*Surgical Grand Rounds, Department of Surgery, University of Toronto, Sunnybrook Health Science Centre, Toronto, Canada*
- 1/13/98    **Fractures of the Mandibular Condyle: A Retrospective Analysis of Sixty-Five Patients**  
*Twelfth Annual Undergraduate Medical Student Research Day, University of Toronto, Canada*
- 6/13/96    **Differential Display: Molecular Targets of the PML/RAR $\alpha$  Fusion Protein in Acute Promyelocytic Leukemia**  
*Department of Pathology Grand Rounds, Queen's University, Kingston, Canada*
- 6/17/95    **Molecular Targets of the PML/RAR $\alpha$  Fusion Protein**  
*Eleventh Annual Meeting on Oncogenes, Hood College, Frederick, Maryland, U.S.A.*

3/17/94 **Following the Expression of *fps/fes* During Murine Angiogenesis**  
*Honours Thesis Presentation, Faculty of Arts and Science, Queen's University, Kingston, Canada*

## 7. SCIENTIFIC POSTERS

- 8/14/10 **Donor Site Optimization in Microvascular Breast Reconstruction**  
20th Congress of the International Society of Aesthetic Plastic Surgery  
San Francisco, California, U.S.A.
- 1/7/05 **The 'Canadian Rodeo Thumb': Ice Auger Injuries in Northern Canada**  
American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 19<sup>th</sup> Annual Joint Meeting  
Fajardo, Puerto Rico
- 6/26/03 **Personal Digital Assistant (PDA)-Assisted Resident Procedural Case Logs: A Pilot Study**  
57<sup>th</sup> Annual Scientific Meeting of the Canadian Society of Plastic Surgeons  
Whistler, British Columbia, Canada
- 1/13/98 **Fractures of the Mandibular Condyle: A Retrospective Analysis of Sixty-Five Patients**  
12<sup>th</sup> Annual Undergraduate Medical Research Day, University of Toronto  
Toronto, Ontario, Canada
- 6/17/95 **Molecular Targets of the PML/RAR $\alpha$  Fusion Protein**  
11<sup>th</sup> Annual Meeting on Oncogenes, Hood College  
Frederick, Maryland, U.S.A.

## 8. ONGOING RESEARCH PROJECTS

None at present

## 9. TELEVISION / MEDIA APPEARANCES

- 2010-2026 **YouTube Channel**  
[www.youtube.com/drkarenhorton](http://www.youtube.com/drkarenhorton)
- 2010-2026 **Media Appearances – Online Articles, Print, Video, Live TV**  
[www.drkarenhorton.com/media](http://www.drkarenhorton.com/media)
- 2022-2024 **Haute Living San Francisco Features**  
<https://www.hautelivingsf.com/author/karen-horton/>
- 2019 **A Day in the Office with Karen Horton MD, Board Certified Plastic Surgeon**

American Society of Plastic Surgeons VLOG  
<https://www.youtube.com/watch?v=zzFwfWnLp8&feature=youtu.be>

- 2019 **Five of the Best Cosmetic Treatments – And Two of the Worst – An Interview with Dr. Karen Horton**  
The Holistic Plastic Surgery Show, Dr. Tony Youn  
<https://looklivebeaudio.podcastpartnership.net/five-of-the-best-cosmetic-treatmentsand-two-of-the-worst-with-top-plastic-surgeon-dr-karen-horton-holistic-plastic-surgery-show-143>
- 2018 **Facebook Live Events for the American Society of Plastic Surgeons**  
<https://www.facebook.com/PlasticSurgeryASPS/videos/1757358700979780/>  
<https://www.facebook.com/ASPSMembers/videos/1863742293717678/>
- 2016 **Current Trends and Controversies in Breast Augmentation – Karen Horton, MD**  
Discussion of article by Hidalgo, et al., appearing in the April 2016 issue of Plastic and Reconstructive Surgery, Volume 137 Issue 4. <https://www.youtube.com/watch?v=lpGEsYxMPn8>
- 2008-2012 **Best of the Bay Television**  
Monthly feature on Dr. Karen Horton, Women's Plastic Surgery
- 10/21/08 **KRON 4's Body Beautiful Show – “All About Plastic Surgery of the Breast – Cosmetic Surgery and Breast Reconstruction”**  
30-Minute LIVE Call-In Television Show
- 1/7/08 **KRON 4's Body Beautiful Show – “Mommy Makeover Surgery”**  
15-Minute LIVE Call-In Television Show
- 10/15/07 **KRON 4's Body Beautiful Show – “Silicone Breast Implants”**  
15-Minute LIVE Call-In Television Show

#### **HONORS, AWARDS, DISTINCTIONS AND CERTIFICATIONS**

- 2026 **SFGATE 2026 Best of Bay Area Competition WINNER – Best Cosmetic/Plastic Surgeon**  
San Francisco, California, U.S.A.
- 2026 **Top Doctors Award 2026**  
Castle Connolly Medical, Inc., New York, New York, U.S.A.
- 2026 **2026 America's Most Honored Doctors**  
The American Registry, U.S.A.
- 2026 **San Francisco Magazine Top Doctors 2026**  
San Francisco Magazine, San Francisco, California, U.S.A.
- 2026 **America's Best Plastic Surgeons 2026**  
Newsweek.com

- 2026 **Exceptional Women in Medicine Award 2026**  
Castle Connolly Medical, Inc., New York, New York, U.S.A.
- 2026 **Marin Magazine Best of The County Competition Finalist – Best Local Social Media Presence (@drkarenhorton)**  
Marin Magazine, Sausalito, California (Voting ongoing until 5/29/26)
- 2026 **Top 10 Plastic Surgeons – Mommy Makeover & Breast Augmentation/ Reconstruction**  
America's Top 100 Doctors, Costa Mesa, California, U.S.A.
- 2025 **SFGATE 2025 Best of the Bay Competition WINNER – Best Cosmetic/Plastic Surgeon, Best Medical Spa (Emily Sespaniak NP)**  
San Francisco Chronicle, San Francisco, CA, U.S.A.
- 2025 **Marin Magazine Top Doctor in Plastic Surgery**  
Marin Magazine, Sausalito, California, U.S.A.
- 2025 **Top Doctors Award 2025**  
Castle Connolly Medical, Inc., New York, New York, U.S.A.
- 2025 **America's Best Plastic Surgeons 2025**  
Newsweek.com
- 2025 **Exceptional Women in Medicine Award 2025**  
Castle Connolly Medical, Inc., New York, New York, U.S.A.
- 2024 **Exceptional Women in Medicine Award 2024**  
Castle Connolly Medical, Inc., New York, New York, U.S.A.
- 2024 **America's Best Plastic Surgeons 2024**  
Newsweek.com
- 2024 **SF Gate Best of the Bay Competition Finalist – Best Cosmetic/Plastic Surgeon**  
San Francisco Chronicle, San Francisco, California, U.S.A.
- 2024 **Top Doctors Award 2024**  
Castle Connolly Medical, Inc., New York, New York, U.S.A.
- 2024 **America's Best Physicians 2024**  
National Consumer Advisory Board, Nashville, Tennessee, U.S.A.
- 2024 **San Francisco Best of the Bay 2024 Nominee & Finalist**  
Beauty Experts – Best Botox Center, Best Plastic/Cosmetic Surgeon  
San Francisco Chronicle, San Francisco, California, U.S.A.
- 2023 **America's Best Physicians 2023, America's Best Plastic Surgeons, Esteemed Chairman Award 2023**  
National Consumer Advisory Board, Nashville, Tennessee, U.S.A.

- 2023 **Women of Impact Award 2023**  
Marin Magazine, California, U.S.A.
- 2023 **Exceptional Women in Medicine Award 2023**  
Castle Connolly Medical, Inc., New York, New York, U.S.A.
- 2023 **America's Most Honored Doctors 2023**  
The American Registry, U.S.A.
- 2015-2023 **Top Doctor in Plastic Surgery Award**  
Doctor's Choice Awards, U.S.A.
- 2022 **Women of Impact Award 2022**  
Marin Magazine, California, U.S.A.
- 2022 **America's Best Physicians 2022 & Excellent Doctors 2022**  
National Consumer Advisory Board, Nashville, Tennessee, U.S.A.
- 2018-2021 **American Board of Plastic Surgery (ABPS) Cosmetic Surgery Advisory Council**  
Elected Appointment, American Board of Plastic Surgery, Inc., Philadelphia, Pennsylvania, U.S.A.
- 2021 **2021 Bay Area's Top Doctors Award, San Francisco**  
San Francisco Magazine, San Francisco, California, U.S.A.
- 2021 **America's Best Physicians 2021 & Excellent Doctors 2021**  
National Consumer Advisory Board, Nashville, Tennessee, U.S.A.
- 2020 **2020 Bay Area's Top Doctors Award, San Francisco**  
San Francisco Magazine, San Francisco, California, U.S.A.
- 2020 **2020 Ten Best Plastic Surgeons – California Award**  
American Institute of Plastic Surgeons, Paso Robles, California, U.S.A.
- 2020 **2020 Compassionate Doctor Award**  
Vitals Consumer Services, Vitals.com
- 2019 **2019 Bay Area's Top Doctors Award, San Francisco**  
San Francisco Magazine, San Francisco, California, U.S.A.
- 2018-2019 **Best Business, Plastic Surgery San Francisco**  
Three Best Rated (U.S.), Austin, Texas, U.S.A.
- 2019 **Faces of Marin 2019, Face of Woman-Focused Plastic Surgery**  
Marin Magazine, Sausalito, California, U.S.A.
- 2019 **America's Best Physicians 2019**  
National Consumer Advisory Board, Nashville, Tennessee, U.S.A.
- 2018 **2018 Top Doctors Award, San Francisco**  
San Francisco Magazine, San Francisco, California, U.S.A.

- 2018 **Top Plastic Surgeon 2018**  
Top Plastic Surgeon Reviews, Washington, D.C., U.S.A.
- 2017 **2017 Top Doctors Award, San Francisco**  
San Francisco Magazine, San Francisco, California, U.S.A.
- 2015-2017 **10 Best Plastic Surgeons in California Award**  
American Institute of Plastic Surgeons, Paso Robles, California, U.S.A.
- 2016 **Best Plastic Surgery Practice, San Francisco**  
San Francisco Small Business Community Association, California, U.S.A.
- 2016 **2016 San Francisco Top Doctors Award in Plastic Surgery**  
San Francisco Magazine, San Francisco, California, U.S.A.
- 2014-2015 **Doctor of Excellence**  
Leaders in Healthcare Network, New York, U.S.A.
- 2015 **2015 San Francisco Top Doctors Award in Plastic Surgery**  
San Francisco Magazine, San Francisco, California, U.S.A.
- 2014 **Vitals Compassionate Doctor Award**  
Patients' Choice Rated & Awarded by Patients, Vitals Awards & Recognition Program, Vitals.com
- 2013 **Diplomate, American Board of Plastic Surgery (A.B.P.S.)**  
American Board of Plastic Surgery
- 2011 **Fellow of the American College of Surgeons (F.A.C.S.)**  
Granted at the 97th Annual Clinical Congress of the American College of Surgeons San Francisco, California
- 2010 **NBC Bay Area's Top Doctors - Plastic Surgeon**  
NBC Bay Area's Top Doctors and Dentists and Doctors Improving Healthcare
- 2010 **Woman of the Year in Medicine & Healthcare 2010 Award Recipient**  
The American Biographical Institute
- 2008 **Best Plastic Surgeon, San Francisco Country**  
Best of the Bay Television
- 2007 **Best Clinical Paper - New Options for Immediate Breast Reconstruction: Achieving Optimal Results with Adjustable Implants in a Single Stage: 322 Consecutive Cases**  
California Society of Plastic Surgeons 57<sup>th</sup> Annual Scientific Meeting, San Francisco, California
- 2005 **Royal College of Canada Board Certification Fellowship in Plastic Surgery (F.R.C.S.C.)**  
Royal College of Physicians and Surgeons of Canada, Ottawa, Canada

- 2004-2005 **Best Resident Award, Canadian Society of Plastic Surgeons**  
University of Manitoba Teaching Awards, University Teaching Services,  
Winnipeg, Canada
- 2004 **California Medical License # A87734**  
Medical Board of California
- 2004-2006 **Strathmore's Who's Who in Medicine and Healthcare Award Recipient**
- 2004-2006 **America's Who's Who in Medicine Award Recipient**
- 2004-2005 **Chief Resident in Plastic Surgery**  
Section of Plastic Surgery, Department of Surgery, University of Manitoba,  
Canada
- 2004-2006 **Woman-to-Woman Mentoring Program Consultant**  
American Medical Women's Association
- 2004 **Inamed Aesthetics Resident Educational Award**  
American Society of Plastic Surgeons / Plastic Surgery Educational Foundation  
Women's Summer Workshop Symposium
- 2004 **Invited Member, Executive Search Committee for Recruitment of Attending Surgeons**  
Department of Surgery, Health Sciences Centre, University of Manitoba
- 2004 **Plastic Surgery Educational Foundation (PSEF) In-Service Examination**  
Plastic Surgery Educational Foundation, American Society of Plastic Surgeons,  
U.S.A.
- 2003 **United States Medical Licensing Examination (USMLE) Step 3**  
Federation of State Medical Boards of the United States and National Board of  
Medical Examiners, United States
- 2003 **Plastic Surgery Educational Foundation (PSEF) In-Service Examination**  
Plastic Surgery Educational Foundation, American Society of Plastic Surgeons,  
U.S.A.
- 2002 **Principles of Surgery Examination**  
Royal College of Physicians and Surgeons of Canada Examination Certification
- 2001 **Licentiate of the Medical Council of Canada # 90319**  
Medical Council of Canada, Canadian Medical Register
- 2001 **Medical Council of Canada Qualifying Examination Part II (MCCQE-II)**  
Medical Council of Canada Certification Examination
- 2000 **United States Medical Licensing Examination (USMLE) Step 2**  
Federation of State Medical Boards of the United States and National Board of  
Medical Examiners, U.S.A.

- 2000      **Medical Council of Canada Qualifying Examination Part I (MCCQE-I)**  
Medical Council of Canada Certification Examination
- 2000      **Certification of Advanced Trauma Life Support**  
American College of Surgeons Certification Examination
- 2000      **Certification of Advanced Cardiac Life Support**  
American Heart Association Certification Examination
- 1998      **United States Medical Licensing Examination (USMLE) Step 1**  
Federation of State Medical Boards of the United States and National Board of  
Medical Examiners, U.S.A.
- 1996-2000      **Dean's Honour List - Years I, II, III, IV**  
Faculty of Medicine, University of Toronto, Canada
- 1998      **Malcolm McKenzie Award**  
Faculty of Medicine, University of Toronto, Canada
- 1997      **Summer Research Scholarship**  
Faculty of Medicine, University of Toronto, Canada
- 1997      **Certification of Basic Life Support**
- 1997      **Summer Research Internship Scholarship**  
Sunnybrook Health Science Centre, Toronto, Canada
- 1996      **Queen's Graduate Award**  
Department of Graduate Studies and Research, Queen's University, Canada
- 1995      **Queens Graduate Award**  
Department of Graduate Studies and Research, Queen's University, Canada
- 1993      **Institute of Medical Science Summer Research Studentship**  
Institute of Medical Science, University of Toronto, Canada
- 1990-1993      **Canada Scholarship – Undergraduate Years I, II, III**  
Ministry of Studies in Science and Engineering, Government of Canada
- 1990      **Anniversary Entrance Scholarship**  
Faculty of Arts and Science, Queen's University, Canada  
*Awarded on the basis of academic excellence to a female student entering  
the first year of a Bachelor of Science (Honours) program.*
- 1990      **Entrance Scholarship (declined)**  
Faculty of Arts and Science, University of Western Ontario, Canada  
*Awarded on the basis of outstanding scholastic ability to a student entering the  
first year of a Bachelor of Science (Honours) program.*
- 1990      **Ontario Scholar**

**PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS**

- 2013-2026 **American Board of Plastic Surgery (ABPS)**  
*Diplomate*  
*ABPS Oral Examiner 2024-present*  
*ABPS Cosmetic Surgery Advisory Committee 2018-2021*
- 2000-2026 **American College of Surgeons (ACS)**  
*Fellow of the American College of Surgeons (FACS)*
- 2000-2026 **American Society of Plastic Surgeons (ASPS)**  
*Active Member*  
*Social Media Committee 2015-2026*  
*ASPS Emerging Trends Subcommittee 2015-2024*  
*Annual Meeting Educational Program Committee 2017-2023*  
*San Francisco Breast Reconstruction Awareness (BRA) Planning Workgroup Co-Chair 2019-2021*  
*Annual Meeting Instructional Course Committee 2017-2023*  
*Program Chair, Practice Enhancement Subcommittee 2015-2018*  
*ASPS Practice Management Committee 2016-2019*  
*Development Committee 2020-2023*  
*Practice Management Committee 2020-2023*
- 2018-2026 **The Aesthetic Society, formerly American Society of Aesthetic Plastic Surgery (ASAPS)**  
*Active Member 2018-present*  
*Member, Nominating Committee 2025-2027*  
*Representative, Far West Region Ethics Committee 2025-2028*  
*Member, Communications, Brand, and Marketing Committee 2026-2027*  
*Chair, Integrated Marketing Committee (Media Relations) 2023-2026*  
*Member, Brand Committee 2022-2026*  
*Member, Leadership Development Committee 2023-2024*  
*Member, ASAPS Symposium Committee 2020-2025*  
*Member, ASAPS Women Aesthetic Surgeons (WAS) Committee 2020-2027*  
*Vice Chair, Aesthetic Society's Media Relations Committee 2022-2023*  
*Member, Media Relations & Marketing Committee 2020-2027*
- 2006-2026 **California Society of Plastic Surgeons (CSPS)**  
*Active Member*
- 2019-2026 **Mountain West Society of Plastic Surgeons (MWSPS)**  
*Active Member*
- 2009-2026 **International Society of Aesthetic Plastic Surgery (ISAPS)**  
*Full Member*
- 2004-2024 **American Society for Reconstructive Microsurgery (ASRM)**

*Active Member*  
*Founding & Active Member, Women in Microsurgery Group 2014-2019*  
*Social Media Chair for WMG 2015-2019*  
*Nominating Committee WMG Representative 2014-2019*

- 2005-2021 **Royal College of Physicians and Surgeons of Canada (RCPSC)**  
*Fellow in Plastic Surgery (FRCSC)*
- 2003-2019 **Groupe pour L'Avancement de la Microchirurgie (GAM) Canada**  
*Associate Member, former Resident/Fellow Member*
- 2001-2020 **International Confederation for Plastic, Reconstructive and Aesthetic Surgery (IPRAS)**  
*Member*
- 2015-2018 **American Society of Aesthetic Plastic Surgery (ASAPS)**  
*Candidate Member*
- 2001-2015 **Canadian Society of Plastic Surgeons (CSPS)**  
*Associate Member*

#### **VOLUNTEER AND COMMUNITY ACTIVITIES**

- 2016-2026 **American Society of Plastic Surgeons**  
Annual Meeting Educational Program Committee  
ASPS Emerging Trends Subcommittee  
ASPS Practice Management Committee  
ASPS Practice Enhancement Committee  
ASPS Social Media Committee  
ASPS Social Media Toolkit Online Education Series Co-Creator  
ASPS Development Committee  
ASPS Individual Giving and Gratitude Group ASPS/PSF Subcommittee  
ASPS Blog Author  
ASPS Educational Video Recording for ASPS Website  
ASPS PSF Plastic Surgery Foundation/San Francisco Breast Reconstruction Awareness (BRA) Event Planning Committee  
Interviewer, Incoming ASPS and PSRC Presidents
- 2020-2026 **The Aesthetic Society (American Society for Aesthetic Plastic Surgery)**  
Integrated Marketing/Media Relations Committee Chair 2024-2026  
Nominating Committee 2025-2026  
Leadership Development Committee 2023-2024  
Aesthetic Society's Symposium Committee 2020-2024  
Aesthetic Society's Media Relations Committee 2020-2027  
Media Relations Committee Vice Chair 2022-2023  
Women Aesthetic Surgeons Committee 2021-2027  
Branding Committee 2025-2027

- 2024-2026 **American Board of Plastic Surgery**  
ABPS Oral Examiner, Phoenix, Arizona
- 2020-2026 **Pacific Professional Building Medical Board of Directors**  
Member, Board of Directors of 2100 Webster Street Pan Med Building  
Member, Executive Committee  
Member, Qualifications Review Committee
- 2008-2026 **Sparkle Foundation, Incorporated**  
Community Advocate, Special Event Volunteer, Corporate Sponsor
- 2018-2026 **Aesthetic Surgery Journal Scientific Article Peer Reviewer**  
Oxford Academic University Press, American Society for Aesthetic Plastic Surgery, Atlanta, Georgia
- 2019-2026 **Diamond Peak Ski Team Educational Foundation**  
U-Teams Volunteer and Corporate Sponsor  
Shredders Team Volunteer and Corporate Sponsor  
Mighty Mites Team Parent and Volunteer  
Diamond Peak Ski Team Educational Foundation, Incline Village, Nevada
- 2005-2026 **Mentor to Surgical Fellows and Residents, Medical Students and High School Students**  
American Society for Reconstructive Microsurgery Junior Members, Students from The Buncke Clinic, California Pacific Medical Center, University of California-San Francisco, Stanford University, Piedmont High School, Redding High School, Touro University
- 2023-2025 **Saint Patrick School Mother's Club**  
Founding Member, SPMC Board Member, SPMC Volunteer
- 2022-2023 **California Pacific Medical Center Plastic Surgery Department Chair Search Committee**  
Plastic Surgery Department Representative, CPMC Department of Surgery, San Francisco, California
- 2015-2023 **Guest Volunteer Bartender**  
Loch Lomond Yacht Club, San Rafael, California
- 2015-2022 **Physician Runway Model Escort for Breast Cancer Survivors, Contributor to Silent Auction & Gala Event Sponsor**  
Annual Anniversary Gala Fundraiser and Fashion Show  
Marin Center, San Rafael, California
- 2018-2021 **American Board of Plastic Surgeons**  
ABPS Cosmetic Surgery Advisory Committee  
ABPS Board Examination Question Author and Reviewer
- 2020 **STEM Marin (Science, Technology, Engineering and Math) Speaker/Mentor**  
Guest speaker to girls in middle school and high school about surgical careers

- 2020-2021 **Saint Patrick School Auction Advertising Lead, Social Media Lead and Solicitation Volunteer**  
Larkspur, California
- 2019-2021 **Chair, San Francisco Breast Reconstruction Awareness (SF BRA) Event Fundraiser**  
The Plastic Surgery Foundation, American Society of Plastic Surgeons  
San Francisco, California
- 2014-2019 **American Society for Reconstructive Microsurgery**  
Women's Microsurgery Group, Official Mentor to Aspiring Women  
Microsurgeons
- 2019 **Junior League of San Francisco Sustainer Luncheon Guest Speaker**  
San Francisco, California
- 2019 **Wine, Women and Shoes Fundraiser Committee, St. Francis Foundation**  
San Francisco, California
- 2019 **This Old Bag Breast Cancer Emergency Fundraiser Event Committee**  
San Francisco, California
- 2016-2018 **San Francisco Symphony Opening Night Annual Gala Supper Event**  
Gala Host Committee, San Francisco Symphony Opening Night Gala Host  
Committee
- 2018 **2018 Women at the Center Honors Fundraiser Committee, Junior League of San Francisco**  
The Ritz Carlton, San Francisco
- 2008-2017 **Guest Speaker, Living Beyond Breast Cancer**  
Educational sessions about options for breast cancer reconstruction and  
advances in Microsurgery and implant-based reconstruction
- 2006-2016 **Guest Speaker, Northern California Cancer Center/Cancer Prevention Institute of California**  
"Artistry in Breast Reconstruction", Annual Breast Cancer Symposium, Presidio of  
San Francisco
- 2013-2016 **Marin Parents of Multiples Club (MPOMC) Executive Board**  
Social Media Coordinator
- 2008-2013 **Guest Speaker, Annual Conference for Young Women Affected by Breast Cancer (C4YW)**  
Jacksonville, Florida; Orlando, Florida; Seattle, Washington
- 2006-2013 **Junior League of San Francisco**  
Active Member – Fundraising and Volunteer Work Throughout the Bay Area
- 2006-2011 **Guest Speaker, Y-ME National Breast Cancer Organization**

Peer Counselor Educational Telephone Conference: "The Latest in Breast Reconstruction Techniques"

- 2008 **Queen's University NetworQ Mentor**  
Online Mentorship Program and Career Networking Community for Queen's University at Kingston University Alumni and Students
- 2007 **Guest Speaker, American Cancer Society "Doc Talks"**  
American Cancer Society Volunteer Educational Program, San Francisco, California
- 2007-2008 **Guest Speaker and Mentor, Kids on the Move America (KOTMA) Program To Help Strengthen and Shape Future Generations**  
Alameda, California
- 2007-2010 **Bay Area Business Women's Association (BABW)**  
*Involved Member*
- 2006 **Guest Speaker, Expert Panel, Breast Cancer Survivors Day**  
Sisters Network of San Francisco, San Francisco, California
- 2006-2010 **National Breast Cancer Coalition (NBCC)**  
*Member*
- 1997-2005 **National Health Care Advisory Committee, AboutFace International**  
*Manitoba Professional Advisory Representative*
- 2000-2005 **Professional Association of Residents and Interns of Manitoba (PARIM)**  
*Executive, Member-at-Large* (2003-2004)  
*Executive, Director of Communications* (2002-2003)  
*Coordinator, National Resident Awareness Day* (2002-2003)  
*Executive, Contract Negotiations Committee* (2002-2004)  
*Board, Plastic Surgery Resident Representative* (2000-2002)  
*Board, Manitoba Medical College Committee* (2000-2001)
- 2000-2005 **University of Manitoba Section of Plastic Surgery**  
*Chief Resident* (2004-2005)  
*Senior Resident Representative* (2003-2004)  
*Royal College of Canada Accreditation Committee* (2000-2003)  
*Sectional Steering Committee* (2000-2003)  
*CaRMS Residency Interviewing Committee* (2001-2004)  
*CanMeds 2000 Program Implementation Coordinator* (2000-2002)  
*Junior Resident Representative* (2000-2002)

### **INSTRUCTIONAL COURSES AND SYMPOSIA**

- 2027 **American-Brazilian Aesthetic Meeting (ABAM)**

- Salt Lake City, Utah, U.S.A.
- 2027 **Women Plastic Surgeons 2027 WPS Symposium**  
New York, New York, U.S.A.
- 2026 **The Aesthetic MEET 2026, The Aesthetic Society**  
Boston, Massachusetts, U.S.A.
- 2026 **Allergan Medical Institute Expert Exchange**  
Orange County, California, U.S.A.
- 2026 **Women Plastic Surgeons 2026 WPS Symposium**  
Palm Springs, California, U.S.A.
- 2026 **LIMITLESS Leaders Summit 2026**  
Palm Springs, California, U.S.A.
- 2025 **The Aesthetic MEET 2025, The Aesthetic Society**  
Austin, Texas, U.S.A.
- 2024 **Allergan Aesthetics Surgical Solutions Symposium – Master’s Track**  
Las Vegas, Nevada, U.S.A.
- 2024 **Plastic Surgery THE Meeting 2024, American Society of Plastic Surgeons**  
Virtual Attendee
- 2024 **The Aesthetic Meeting 2024, The Aesthetic Society**  
Vancouver, British Columbia, Canada
- 2024 **ASPS Spring Meeting 2024**  
Virtual Attendee
- 2024 **Women Plastic Surgeons 2024 WPS Symposium**  
Santa Ana Pueblo, New Mexico, U.S.A.
- 2023 **The Aesthetic Meeting 2023, The Aesthetic Society**  
Miami, Florida, U.S.A.
- 2023 **Mountain West Society of Plastic Surgeons Annual Meeting**  
Crested Butte, Colorado, U.S.A.
- 2023 **American Society for Reconstructive Microsurgery 40<sup>th</sup> Annual Scientific Meeting**  
Miami, Florida, U.S.A.
- 2022-2023 **The Aesthetic Society Leadership Training Program Parts I and II**  
Dallas, Texas and Las Vegas, Nevada, U.S.A.
- 2022 **The Aesthetic Meeting 2022, The Aesthetic Society (ASAPS)**  
San Diego, California, U.S.A.

- 2022 **Women Plastic Surgeons 2020 WPS Enrichment Retreat, American Society of Plastic Surgeons**  
Tucson, Arizona, U.S.A.
- 2022 **Mountain West Society of Plastic Surgeons Annual Meeting**  
Snowbird, Utah, U.S.A.
- 2021 **Plastic Surgery THE Meeting 2021, American Society of Plastic Surgeons**  
Virtual Attendee, Atlanta, Georgia, U.S.A.
- 2021 **The Aesthetic Meeting 2021, American Society of Aesthetic Plastic Surgery (ASAPS)**  
Miami Beach, Florida
- 2021 **ASPS Practice Innovations 2021 – Enhance Team Efficiency, American Society of Plastic Surgeons**  
Online virtual meeting due to COVID-19
- 2020 **Plastic Surgery THE Virtual Meeting 2020, American Society of Plastic Surgeons**  
Online virtual meeting due to COVID-19
- 2020 **The Aesthetic Series: Experienced Insights in Breast and Body Contouring 2020, Virtual Meeting, The Aesthetic Society (ASAPS)**  
Online virtual meeting due to COVID-19
- 2020 **The Aesthetic Society 2020 Virtual Meeting**  
Online virtual meeting due to COVID-19
- 2020 **Mountain West Society of Plastic Surgeons 2020 Annual Meeting**  
Aspen, Colorado
- 2020 **Women Plastic Surgeons 2020 WPS Enrichment Retreat, American Society of Plastic Surgeons**  
Nashville, Tennessee
- 2019 **Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting**  
San Diego, California, U.S.A.
- 2019 **The Aesthetic Meeting 2019, American Society of Aesthetic Plastic Surgery Annual Meeting**  
New Orleans, Louisiana, U.S.A.
- 2019 **Mountain West Society of Plastic Surgeons 2019 Annual Meeting**  
Olympic Valley, California, U.S.A.
- 2019 **Women’s Plastic Surgery Physician Wellness WPS Enrichment Retreat, American Society of Plastic Surgeons**  
Atlanta, Georgia, U.S.A.
- 2019 **American Society for Reconstructive Microsurgery Annual Scientific Meeting**

Palm Desert, California, U.S.A.

- 2018 **Plastic Surgery THE Meeting 2018, American Society of Plastic Surgeons Annual Scientific Meeting**  
Chicago, Illinois, U.S.A.
- 2018 **The Aesthetic Meeting 2018, American Society of Aesthetic Plastic Surgery Annual Meeting**  
New York, New York, U.S.A.
- 2017 **Plastic Surgery THE Meeting 2017, American Society of Plastic Surgeons Annual Scientific Meeting**  
Orlando, Florida, U.S.A.
- 2017 **The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, American Society of Aesthetic Plastic Surgery**  
New York City, New York, U.S.A.
- 2017 **Aesthetica Super Symposium, American Society of Plastic Surgeons**  
New Orleans, Louisiana, U.S.A.
- 2017 **Essentials of Leadership Program, American Society of Plastic Surgeons**  
Chicago, Illinois, U.S.A.
- 2017 **Social Media For Plastic Surgeons, Women's Plastic Surgery WPS Enrichment Retreat, American Society of Plastic Surgeons**  
Newport Beach, California, U.S.A.
- 2017 **American Society for Reconstructive Microsurgery Annual Scientific Meeting**  
Waikoloa, Hawai'i, U.S.A.
- 2017 **33<sup>rd</sup> Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"**  
Southeastern Society of Plastic Surgery  
Atlanta, Georgia, U.S.A.
- 2016 **Breast Reconstruction: State of the Art 2016**  
Department of Plastic Surgery, NYU School of Medicine and New York University Post Graduate Medical School  
New York, New York, U.S.A.
- 2016 **Plastic Surgery THE Meeting, American Society of Plastic Surgeons Annual Scientific Meeting**  
Los Angeles, California, U.S.A.
- 2016 **15th Annual Allison Taylor Holbrooks/Barbara Jo Johnson Breast Cancer Conference**  
Cancer Prevention Institute of California, Golden Gate Club, The Presidio of San Francisco  
San Francisco, California, U.S.A.

- 2016 **American Society for Reconstructive Microsurgery Annual Scientific Meeting**  
Scottsdale, Arizona, U.S.A.
- 2015 **Plastic Surgery THE Meeting, American Society of Plastic Surgeons Annual Scientific Meeting**  
Boston, Massachusetts, U.S.A.
- 2015 **Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery**  
Hospital de la Santa Creu I Sant Pau, Universitat Autònoma de Barcelona,  
Barcelona, Spain
- 2015 **American Society of Reconstructive Microsurgery Annual Scientific Meeting**  
Nassau, Bahamas
- 2014 **American Society for Aesthetic Plastic Surgery Annual Meeting**  
San Francisco, California, U.S.A.
- 2014 **American Society of Reconstructive Microsurgery Annual Scientific Meeting**  
Kaua'i, Hawai'i, U.S.A.
- 2013 **C4YW Annual Conference for Young Women Affected by Breast Cancer**  
Bellevue, Seattle, Washington, U.S.A.
- 2013 **American Society for Reconstructive Microsurgery Annual Scientific Meeting**  
Naples, Florida, U.S.A.
- 2012 **American Society of Plastic Surgeons Annual Scientific Meeting**  
New Orleans, Louisiana, U.S.A.
- 2012 **Group for the Advancement of Breast Reconstruction (GABRs) 4<sup>th</sup> Meeting**  
Kenwood, California, U.S.A.
- 2012 **American Association of Plastic Surgeons 91<sup>st</sup> Annual Scientific Meeting**  
San Francisco, California, U.S.A.
- 2012 **American Society for Reconstructive Microsurgery Annual Scientific Meeting**  
Las Vegas, Nevada, U.S.A.
- 2011 **97<sup>th</sup> Annual Clinical Congress of the American College of Surgeons**  
San Francisco, California, U.S.A.
- 2011 **Plastic Surgery 2011 THE Meeting: American Society of Plastic Surgeons Annual Conference**  
Denver, Colorado, U.S.A.
- 2011 **California Society of Plastic Surgeons 61<sup>st</sup> Annual Scientific Meeting**  
Monterey, California, U.S.A.
- 2010 **20<sup>th</sup> Congress of the International Society of Aesthetic Plastic Surgery**  
San Francisco, California, U.S.A.

- 2010 **Women Plastic Surgeons Retreat on Breast Cancer Reconstruction**  
Monterey Peninsula, Pacific Grove, California, U.S.A.
- 2010 **California Society of Plastic Surgeons 60<sup>th</sup> Annual Scientific Meeting**  
Rancho Palos Verdes, California, U.S.A.
- 2009 **American Society for Aesthetic Plastic Surgery Annual Meeting**  
Las Vegas, Nevada, U.S.A.
- 2009 **California Society of Plastic Surgeons 59<sup>th</sup> Annual Meeting**  
Squaw Creek, Olympic Valley, California, U.S.A.
- 2009 **American Society for Reconstructive Microsurgery 23<sup>rd</sup> Annual Meeting**  
Maui, Hawai'i, U.S.A.
- 2008 **American Society for Reconstructive Microsurgery 22<sup>nd</sup> Annual Meeting**  
Beverly Hills, California, U.S.A.
- 2008 **California Society of Plastic Surgeons 58<sup>th</sup> Annual Meeting**  
Newport Beach, California, U.S.A.
- 2007 **NOVO National Council for Breast Aesthetics Meeting**  
Newport Beach, California, U.S.A.
- 2007 **California Society of Plastic Surgeons 57<sup>th</sup> Annual Scientific Meeting**  
San Francisco, California, U.S.A.
- 2007 **Mentor Solutions Growing Your Practice Concepts and Strategies Advanced Skills Development**  
Dallas, Texas, U.S.A.
- 2007 **American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 21<sup>st</sup> Annual Joint Meeting**  
Rio Grande, Puerto Rico
- 2006 **American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 75<sup>th</sup> Annual Scientific Meeting**  
San Francisco, California, U.S.A.
- 2006 **California Society of Plastic Surgeons 56<sup>th</sup> Annual Scientific Meeting**  
Las Vegas, Nevada, U.S.A.
- 2006 **American Association of Plastic Surgeons 85<sup>th</sup> Annual Meeting**  
Hilton Head, South Carolina, U.S.A.
- 2006 **Group for the Advancement in Breast Reconstruction Inaugural Meeting**  
Charleston, South Carolina, U.S.A.
- 2006 **American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 20<sup>th</sup> Annual Joint Meeting**  
Tucson, Arizona, U.S.A.

- 2005 **American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 74<sup>th</sup> Annual Scientific Meeting**  
Chicago, Illinois, U.S.A.
- 2005 **Association of Women Surgeons Fall Conference**  
San Francisco, California, U.S.A.
- 2005 **Canadian Society of Plastic Surgeons 59<sup>th</sup> Annual Scientific Meeting**  
Nanaimo, British Columbia, Canada
- 2005 **Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 26<sup>th</sup> Annual Scientific Meeting**  
Nanaimo, British Columbia, Canada
- 2005 **University of Manitoba Section of Plastic Surgery Research Symposium**  
Winnipeg, Manitoba, Canada
- 2004 **Achieving Aesthetics and Function Through Reconstructive Surgery Symposium**  
San Francisco, California, U.S.A.
- 2004 **American College of Surgeons Manitoba Chapter Annual Scientific Research Symposium**  
Winnipeg, Manitoba, Canada
- 2004 **AO-ASIF Principles of Operative Treatment of Craniomaxillofacial Trauma and Reconstruction**  
Minneapolis, Minnesota, U.S.A.
- 2004 **Management of Complex Wounds with V.A.C. Therapy**  
Winnipeg, Manitoba, Canada
- 2004 **University of Manitoba Section of Plastic Surgery Research Symposium**  
Winnipeg, Manitoba, Canada
- 2004 **Focus on Cutaneous Oncology: 12 Years of Mohs Micrographic Surgery and Advances in Skin Cancer Treatment**  
University of Manitoba / 3M Continuing Health Education Initiative  
Winnipeg, Manitoba, Canada
- 2004 **Canadian Society of Plastic Surgeons 58<sup>th</sup> Annual Scientific Meeting**  
Hamilton, Ontario, Canada
- 2004 **Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 25<sup>th</sup> Annual Scientific Meeting**  
Hamilton, Ontario, Canada
- 2004 **MANUS Canada Annual Scientific Meeting**  
Hamilton, Ontario, Canada

- 2004 **American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 18<sup>th</sup> Annual Joint Meeting**  
Palm Springs, California, U.S.A.
- 2004 **Residents' and Fellows' Symposium, American Society of Reconstructive Microsurgery 18<sup>th</sup> Annual Meeting**  
Palm Springs, California, U.S.A.
- 2003 **Fluoroscopy for Non-Radiologists Course**  
College of Physicians and Surgeons of Manitoba, Canada  
Winnipeg, Manitoba, Canada
- 2003 **American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 72<sup>nd</sup> Annual Scientific Meeting**  
San Diego, California, U.S.A.
- 2003 **Residents' Day, ASPS / PSEF 72<sup>nd</sup> Annual Scientific Meeting**  
San Diego, California, U.S.A.
- 2003 **University of Manitoba Section of Plastic Surgery Research Symposium**  
Winnipeg, Manitoba, Canada
- 2003 **Canadian Society of Plastic Surgeons 57<sup>th</sup> Annual Scientific Meeting**  
Whistler, British Columbia, Canada
- 2003 **Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 24<sup>th</sup> Annual Scientific Meeting**  
Whistler, British Columbia, Canada
- 2003 **American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 17<sup>th</sup> Annual Joint Meeting**  
Kauai, Hawaii, U.S.A.
- 2003 **Residents' Day, American Society of Reconstructive Microsurgery 17<sup>th</sup> Annual Meeting**  
Kauai, Hawaii, U.S.A.
- 2003 **Synthes AO-ASIF Multidisciplinary Craniomaxillofacial Workshop: Orbitozygomatic Complex and Midface Fracture Fixation**  
Health Sciences Centre, University of Manitoba, Winnipeg, Canada
- 2002 **American College of Surgeons Manitoba Chapter Annual Scientific Research Symposium**  
Winnipeg, Manitoba, Canada
- 2002 **University of Manitoba Faculty of Medicine Procedural / Conscious Sedation Course**  
Health Sciences Centre, Winnipeg, Manitoba, Canada
- 2002 **University of Manitoba Section of Plastic Surgery Research Symposium**  
Winnipeg, Manitoba, Canada

- 2001 **University of Manitoba Resident & Attending Physician Laser Training Seminar**  
Health Sciences Centre, Winnipeg, Manitoba, Canada
- 2001 **American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 70<sup>th</sup> Annual Scientific Meeting**  
Orlando, Florida, U.S.A.
- 2001 **Residents' Day, ASPS / PSEF 70<sup>th</sup> Annual Scientific Meeting**  
Orlando, Florida, U.S.A.
- 2001 **Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 22<sup>nd</sup> Annual Scientific Meeting**  
Jasper, Alberta, Canada
- 2001 **Canadian Society of Plastic Surgeons 55<sup>th</sup> Annual Scientific Meeting**  
Jasper, Alberta, Canada
- 2001 **University of Manitoba Section of Plastic Surgery Research Symposium**  
Winnipeg, Manitoba, Canada
- 2001 **University of Toronto Aesthetic Plastic Surgery 31<sup>st</sup> Annual Symposium**  
Toronto, Ontario, Canada
- 2000 **American College of Surgeons Manitoba Chapter Annual Scientific Research Symposium**  
Winnipeg, Manitoba, Canada
- 2000 **Wound Bed Preparation Symposium**  
Smith and Nephew Continuing Medical Education in Healthcare  
Winnipeg, Manitoba, Canada
- 2000 **Synthes AO-ASIF Craniomaxillofacial Workshop: Mandibular and Maxillary Fracture Fixation**  
St. Boniface Hospital, University of Manitoba, Winnipeg, Canada