

CURRICULUM VITAE

KAREN MAI HORTON, MD, MSc, BScH, FACS

PERSONAL INFORMATION

Name in Full	Karen Mai Horton
Maiden Surname	Ambus
Practice Name	San Francisco Plastic Surgery
Office Address	2100 Webster Street, Suite 520 San Francisco, California 94115 U.S.A.
Contact Information	Office 415-923-3067 Fax 415-346-5019 E-mail drhorton@drkarenhorton.com Website www.drkarenhorton.com Blog https://www.drkarenhorton.com/blog Facebook www.facebook.com/drkarenhorton Instagram www.instagram.com/drkarenhorton IG Before & Afters www.instagram.com/drkarenhortonbeforeandafters "X" (Twitter) www.twitter.com/drkarenhorton Media Features https://www.drkarenhorton.com/media/
Date of Birth	May 22, 1971
Place of Birth	Toronto, Ontario, Canada
Citizenship	American, Canadian
Medical Licensure	Medical Board of California, A87734
Board Certification	Board Certified in Plastic Surgery, The American Board of Plastic Surgery, American Board of Medical Specialties Certificate No. 8398 Initial Certification November 16, 2013 to December 31, 2023 Continued Certification December 1, 2023 to December 31, 2033
	Board Certified in Plastic Surgery, Royal College of Physicians and Surgeons of Canada Certification June 30, 2005. No expiration.

PROFESSIONAL EDUCATION

2005-2006

Senior Clinical Fellowship in Hand and Microsurgery

The Buncke Clinic Institute for Plastic & Reconstructive Surgery, Hand Surgery, and Microsurgery
California Pacific Medical Center, Ralph K. Davies Campus
San Francisco, California, U.S.A. (Graduation 6/30/2006)

2000-2005

Residency in Plastic and Reconstructive Surgery

University of Manitoba (Graduation 6/30/2005)
Winnipeg, Manitoba, Canada

1996-2000

Doctor of Medicine, First Class Honours

University of Toronto (Graduation 6/16/2000)
Toronto, Ontario, Canada

1994-1996

Master of Science

Queen's University (Graduation 11/2/1996)
Cancer Research Laboratories, Department of Pathology
School of Graduate Studies and Research
Kingston, Ontario, Canada

1990-1994

Bachelor of Science, First Class Honours

Queen's University (Graduation 6/3/1994)
Life Science Subject of Specialization
Kingston, Ontario, Canada

EXPERIENCE AND HOSPITAL APPOINTMENTS

2022-2026

Active Medical Staff and Medical Director, San Francisco Plastic Surgery Center
San Francisco, California, U.S.A.

2018-2026

Provisional Medical Staff, Department of Plastic Surgery
UCSF Hyde Campus (formerly St. Francis Memorial Hospital), San Francisco, California, U.S.A.

2023-2026

Courtesy Medical Staff, Department of Plastic Surgery and Microsurgery
California Pacific Medical Center, San Francisco, California, U.S.A.

2020-2023

Active Medical Staff, Hayes Valley Surgery Center
San Francisco, California, U.S.A.

2005-2023

Active Medical Staff, Department of Plastic Surgery and Microsurgery
California Pacific Medical Center, San Francisco, California, U.S.A.

2006-2014	Plastic Surgery Courtesy Staff, Department of Surgery St. Mary's Medical Center – San Francisco, California
2005-2006	Senior Clinical Microsurgical Fellow The Buncke Clinic, California Pacific Medical Center, Ralph K. Davies Campus, San Francisco, California, U.S.A.
2004-2005	Chief Resident in Plastic Surgery Section of Plastic Surgery, University of Manitoba, Winnipeg, Manitoba, Canada
2002-2005	Plastic Surgery Residency Section of Plastic Surgery, University of Manitoba, Winnipeg, Manitoba, Canada
2000-2002	Core Surgery Internship Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada
2002-2005	House Medical Officer, Surgical Intensive Care Unit Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada
2002-2005	House Medical Officer, Medical Intensive Care Unit Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada
2002-2005	House Medical Officer, Cardiovascular Step-Down Critical Care Unit and Inpatient Ward Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada

PUBLICATIONS, PRESENTATIONS AND COURSEWORKS

1. SCIENTIFIC AND PROFESSIONAL PUBLICATIONS

2023	Sullivan E, Amalfi A, Horton KM . American Society of Plastic Surgeons' Social Media Toolkit: Course 5 – “Metrics and Follower Engagement” https://ednet.plasticsurgery.org/diweb/catalog/item/id/14372981/pid/14363688
2023	Sullivan E, Amalfi A, Horton KM . American Society of Plastic Surgeons' Social Media Toolkit: Course 4 – “Content Buckets” https://www.plasticsurgery.org/for-medical-professionals/education/asps-education-network/social-media-toolkit
2023	Sullivan E, Amalfi A, Horton KM . American Society of Plastic Surgeons' Social Media Toolkit: Course 3 – “Hashtags” https://www.plasticsurgery.org/for-medical-professionals/education/asps-education-network/social-media-toolkit

2022-2023 Sullivan E, Amalfi A, **Horton KM**. American Society of Plastic Surgeons' Social Media Toolkit: Course 2 – “Creating a Social Media Strategy”
<https://www.plasticsurgery.org/for-medical-professionals/education/asps-education-network/social-media-toolkit>

2022-2023 Sullivan E, Amalfi A, **Horton KM**. American Society of Plastic Surgeons' Social Media Toolkit: Course 1 – “What You Need to Know”
<https://www.plasticsurgery.org/for-medical-professionals/education/asps-education-network/social-media-toolkit>

2019 **Horton KM** (Medical Reviewer). Breast Reconstruction: What You Should Know.
<https://www.realself.com/breast-reconstruction>

2019 **Horton KM**. How Often Can You Get Injectable Wrinkle Reducer? Dr. Karen Horton Weighs In.
<https://thespotlyte.com/1391463/how-often-should-i-get-injectable-wrinkle-reducers/>

2019 **Horton KM**. Helping Women Rebuild Their Lives (and Breasts) After Breast Cancer.
Physician Perspective: Breast Reconstruction: A Patient's Guide to Understanding Her Treatment Options.
<https://view.imirus.com/1204/document/13214/page/24>

2019 **Horton KM**. Social Media Focus: Finding Your Own Voice (And Amplifying It) On Social Media.
American Society of Plastic Surgeons Blog. PSN Extra: News: July 8, 2019.
[https://www.plasticsurgery.org/for-medical-professionals/education-and-resources/publications/psn-extra/news/social-media-focus-finding-your-own-voice-\(and-amplifying-it\)-on-social-media](https://www.plasticsurgery.org/for-medical-professionals/education-and-resources/publications/psn-extra/news/social-media-focus-finding-your-own-voice-(and-amplifying-it)-on-social-media)

2019 **Horton KM**. How Plastic Surgery Can Help You Achieve Your New Year's Resolutions. American Society of Plastic Surgeons Blog. January 4, 2019.
<https://www.plasticsurgery.org/news/blog/how-plastic-surgery-can-help-you-achieve-your-new-years-resolutions>

2018 **Horton KM**. Review of “Women Who Rebuild Both Breasts with DIEP Flap Surgery See More Issues”.
Living Beyond Breast Cancer. January 25, 2018.
<https://www.drkarenhorton.com/wp-content/uploads/2018/02/DIEP-Flap-Article-1.pdf>

2017 **Horton KM**. The Latest Breast Implant Reconstruction Techniques: Science, Safety, Aesthetics! What's new in breast implant reconstruction?
Bay Area Cancer Connections – Breast & Ovarian Cancer Information & Support Publication. Oct-Dec 2017: 6-8.

2017 Horton KM. **Silicone vs Saline Breast Implants**. American Society of Plastic Surgeons Blog. July 14, 2017.

<https://www.plasticsurgery.org/news/blog/silicone-vs-saline-breast-implants>

2017 **Horton KM.** The Last Stitch: Surgeon Spotlight. Plastic Surgery News. April/May 2017: 34.
<https://www.drkarenhorton.com/wp-content/uploads/2017/04/4-5-17-LS-page-v5.pdf>

2017 **Horton KM.** The Holidays are the Perfect Season for Plastic Surgery and Nonsurgical Procedures. American Society of Plastic Surgeons Blog. November 21, 2017.
<https://www.plasticsurgery.org/news/blog/the-holidays-are-the-perfect-season-for-plastic-surgery-and-nonsurgical-procedures>

2017 **Horton KM.** Advocating for Breast Reconstruction Awareness by ASPS Member Surgeons. American Society of Plastic Surgeons Blog. October 12, 2017.
<https://www.plasticsurgery.org/news/blog/advocating-for-breast-reconstruction-awareness-by-asps-member-surgeons>

2016 **Horton KM.** CoolSculpting. Cosmetic Town Journal.
http://www.cosmetictown.com/journal/fat_removal/CoolSculpting

2016 **Horton KM.** Liposuction: Tell me all about it! American Society of Plastic Surgeons Blog. November 14, 2016.
<https://www.plasticsurgery.org/news/blog/liposuction-tell-me-all-about-it>

2016 **Horton KM.** New Year, New You and Plastic Surgery: Is there Something To This Slogan? American Society of Plastic Surgeons Blog. January 27, 2016.
<https://www.plasticsurgery.org/news/blog/new-year-new-you-and-plastic-surgery-is-there-something-to-this-slogan>

2014 **Horton KM.** The Mommy Makeover: Dispelling Myths and Providing Truths. Multiplicity Magazine. Summer 2014: 25-27.

2014 **Horton KM.** Spring and Summer Skin Care. Marin Parents of Multiples Club Summer Newsletter.

2014 **Horton KM.** Spring is here! Skincare Tips and Techniques to Smooth Your Skin into Summer. Marin Mommies. April 17, 2014.

2012 **Horton KM.** After Breast Cancer: What You Need to Know if You Choose Breast Reconstruction. Coping Magazine. Sept/Oct 2012: 38.

2011 Buntic RF, **Horton KM**, Brooks D, Althubaiti, GA. "Transverse Upper Gracilis Flap as an Alternative to Abdominal Tissue Breast Reconstruction: Technique and Modifications". Plastic & Reconstructive Surgery: 128(6):607e-613e.

2010 **Horton KM.** Mammograms and Breast-Self Exams: What the Experts Recommend. Fogcutter. Junior League of San Francisco. XLI(2):

2009 Herrera F, **Horton KM**, Buntic RF, Buncke GM. "Bilateral Sporotrichosis Infection of the Hands: A Case Report and Review of the Literature". The Internet Journal of Hand Surgery. 2009 Volume 2 Number 2.

2008 Buntic RF, **Horton KM**, Brooks D, Lee CK. "The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function". Plastic & Reconstructive Surgery. 121(5):1659-1663, May 2008.

2007 Herrera FA, **Horton KM**, Suliman A, Buncke GM. "Aeromonas Hydrophila Infection Causing Delayed Vascular Thrombosis in a Nearly Amputated Finger". Journal of Hand Surgery 2007; 32A: 1058-1060.

2006 **Horton KM**. "What's on the Horizon in Breast Reconstruction: Microsurgery Offers Women an Exciting New Option as they Contemplate Reconstruction". Women and Cancer Magazine, Fall 2006.

2000 **Horton KM**, Renooy L, Forrest CR. "Patients with Facial Difference: Assessment of Information and Psychosocial Needs". University of Toronto Medical Journal, 78(1): 8-11. Cover Feature Article.

1998 **Horton KM**, Forrest CR. Fractures of the Mandibular Condyle: A Retrospective Analysis of Sixty-Five Patients". UTMJ Proceedings of the University of Toronto Twelfth Annual Undergraduate Medical Research Day, 75 Suppl: S31.

1996 **Ambus KM**. "An Investigation of the Molecular Targets of the PML/RAR α Fusion Protein in Acute Promyelocytic Leukemia by Differential Display". Master of Science Thesis, School of Graduate Studies and Research, Queen's University, Kingston, Canada.

1994 **Ambus KM**. "Correlating *fps/fes* Expression with Angiogenesis During Murine Development". Pathology 420 Research Project Thesis, Department of Pathology, Queen's University, Kingston, Canada.

1993 **Ambus KM**, Walker PM. "Enhanced Neutrophil Adhesion with ICAM-1 Upregulation in Hypoxic Vascular Endothelial Cells". Institute of Medical Science Summer Research Studentship Papers, Division of Vascular Surgery, Department of Surgery, University of Toronto, Canada.

2. PUBLISHED SCIENTIFIC ABSTRACTS

2010 **Horton KM**. "Donor Site Optimization in Microvascular Breast Reconstruction" International Society of Aesthetic Plastic Surgery Annual Scientific Meeting Program Book, Abstract 10E, p. 94.

2009 **Horton KM**, Buntic RF, Brooks D. "The Transverse Upper Gracilis Flap as an Alternative to Abdominal Tissue Reconstruction: Technique and Modifications" Program Book, 2009 Annual Scientific Meetings of the American Association for

Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 245.

2008 Trovato M, **Horton KM**, Buntic RF, Brooks D. "Immediate Nipple-Areolar Complex Reconstruction with Inner Thigh (TUG) Flap Microvascular Breast Reconstruction". Program Book, 2008 Annual Scientific Meetings of the American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 156.

2007 Buntic RF, Brooks D, **Horton KM**. "The Semi-Lunar Transverse Inner Thigh Flap for Microvascular Breast Reconstruction: An Excellent Alternative to Abdominal Flaps". Program Book, 2007 Annual Scientific Meetings of the American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 146.

2007 **Horton KM**, Buntic RF, Brooks D, Lee CK. "The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function. Program Book, 2007 Annual Scientific Meetings of the American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 182.

2006 **Horton KM**, Kaska S, Brooks D, Buntic RF, Louie K, Buncke GM, Lowenberg D. "Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage". Plastic and Reconstructive Surgery, 118(4) Suppl: 5-6.

2006 **Horton KM**, Buntic RF, Brooks D, Lee CK. "The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function". Plastic and Reconstructive Surgery, 118(4) Suppl: 6-7.

2006 **Horton KM**, Kaska S, Brooks D, Buntic RF, Louie K, Lowenberg DW, Buncke GM. "Outcome Analysis Of Combined Ilizarov Bone Transport And Immediate Free Tissue Transfer For Lower Extremity Salvage". American Association of Plastic Surgeons 86th Annual Meeting, Hilton Head, SC.

2005 **Horton KM**, Giuffre J, Singh GB, Murray KA. "Breast Reduction Scars: Prospective Analysis of Surgical Staples versus Absorbable Sutures". Canadian Journal of Plastic Surgery, 13(2): 98.

2005 Giuffre JL, **Horton KM**, Buchel EW. "Carpal Fracture and Dislocations in Children: Diagnosis and Treatment". Canadian Journal of Plastic Surgery, 13(2): 100.

2004 **Horton KM**, Hayakawa TEJ. "The 'Canadian Rodeo Thumb': Ice Auger Injuries in Northern Canada". Canadian Journal of Plastic Surgery, 12(2): 93.

2004 **Horton KM**, Hayakawa TEJ, Skoracki RJ. "Supercharged Pedicled Pectoralis Major Flap in Head and Neck Reconstruction". Canadian Journal of Plastic Surgery, 12(2): 117.

2004 **Horton KM**. "Frostbite in Manitoba: Ten-year Retrospective Analysis of Tertiary Inpatient Care". Canadian Journal of Plastic Surgery, 12(2): 97.

2003 **Horton KM**, Hayakawa TEJ, Abozaid M. "Delayed Esophageal Perforation Secondary to Extrusion of Cervical Spine Instrumentation – Reconstruction with Vascularized Free Fibula and Periosteal Patch". Canadian Journal of Plastic Surgery, 11(2): 118.

2003 **Horton KM**, Murray KA. "Personal Digital Assistant (PDA)-Assisted Resident Procedural Case Logs: A Pilot Study". Canadian Journal of Plastic Surgery, 11(2): 113.

2001 **Horton KM**, Dolynchuk KN. "Necrotizing Fasciitis of the Head and Neck: The Winnipeg Experience". Canadian Journal of Plastic Surgery, 9(3): 105.

1995 **Ambus KM**, Grignani F, Shearing T, Pelicci PG, Greer P. "Molecular Targets of the PML/RAR α Fusion Protein". Abstracts of Papers Presented at the Eleventh Annual Meeting on Oncogenes, Hood College, Maryland, U.S.A., p.386.

3. BOOKS

2019 Tannan S, **Horton K**, Tannan V. **Pillars of Practice: Online Marketing Tactics They Never Taught Us In Medical School.** <https://books2read.com/u/mqGPwv>

4. BOOK CHAPTERS

2023 **Expert's View, Another Option with Implants, Chapter Six.** In: The Complete Guide to Breast Reconstruction: Choosing the Best Options After Your Mastectomy, Fifth Edition. Steligo K. Baltimore: Johns Hopkins University Press, p. 89-90.

2011 **Chapter 22: Expander-Implant and Nipple-Areolar Reconstruction.** In: Pearls of Wisdom: Plastic & Reconstructive Surgery Board Review, Second Edition. Lin SJ and Hijawi JB, Eds. New York: McGraw-Hill Medical Publishing Division, p.149-154.

2011 **Chapter 24: Breast Reconstruction: Alternative Flaps.** In: Pearls of Wisdom: Plastic & Reconstructive Surgery Board Review, Second Edition. Lin SJ and Hijawi JB, Eds. New York: McGraw-Hill Medical Publishing Division, p.165-177.

2011 **Chapter 69: Gracilis Flaps for Breast Reconstruction.** In: Spear's Surgery of the Breast: Principles and Art, Third Edition. Spear SL, et al., Eds. Philadelphia: Lippincott Williams & Wilkins.

2006 **Breast Reconstruction with Alternative Flaps: Latissimus Dorsi, SIEA, I-GAP, S-GAP Flaps.** In: Lin SJ and Hijawi JB, Eds. Plastic and Reconstructive Surgery Board Review. New York: McGraw-Hill Medical Publishing Division, p. 127-135.

2006 **Breast Reconstruction with Expanders-Implants and Nipple-Areolar Complex Reconstruction.** In: Lin SJ and Hijawi JB, Eds. Plastic and Reconstructive Surgery Board Review. New York: McGraw-Hill Medical Publishing Division, p.113-118.

5. WEBSITE PUBLICATIONS

2011-2026 **Professional Website**
www.drkarenhorton.com

2011-2026 **Professional Dr. Karen Horton Blog**
<http://www.drkarenhorton.com/blog/>

2006-2011 **Women's Plastic Surgery Blog**
<http://www.womensplasticsurgery.blogspot.com>

2009 **Plastic Surgery after Twins: Getting Your Body Back**
[Twin Pregnancy and Beyond \(Featured Article\)](#)

2008 **Mommy Makeover Surgery**
[Divine Caroline \(Featured Article\)](#)

2007 **Breast Reconstruction after Breast Cancer: State of the Art Options and Return to Physical Activity**
The Running Journal:
<http://www.activelifestylemag.com/BreastCancer.html>

2007 **Breast Reconstruction Update: State-of-the-Art Techniques**
California Pacific Medical Center website:
http://www.cpmc.org/services/women/breast/bst_recon_profile.pdf

2007 **Reconstruction of the Breast after Cancer: An Overview of Procedures and Options**
Breast Cancer Awareness website: <http://breastcancerawareness.com>

6. SCIENTIFIC PRESENTATIONS

9/19/24 **Fast and Furious: Breast Reconstruction and Reduction**
Invited Panelist, Plastic Surgery THE Meeting 2024, American Society of Plastic Surgeons Annual Scientific Meeting
Virtual Panel

3/3/23 **Capturing Content: Who, How, Why?**

*Invited Panelist, American Society of Plastic Surgeons Annual Virtual Spring Meeting 2024
Virtual Panel*

1/24/23 **Optimizing Donor-Site Aesthetics in Microsurgical Breast Reconstruction**
*Invited Panel Moderator, American Society for Reconstructive Microsurgery 40th Annual Scientific Meeting
Miami, Florida, U.S.A.*

4/23/22 **Insider Tips from 6 Socially Savvy Plastic Surgeons**
*Invited Faculty and Speaker, The Aesthetic Meeting 2022, The Aesthetic Society (ASAPS) Annual Meeting
San Diego, California, U.S.A.*

2/5/22 **“Muscle UP!” – The Subglandular Breast Augmentation Pocket in the Modern Era**
*Invited Faculty and Speaker, American Society of Plastic Surgeons 2021 Women Plastic Surgeons (WPS) Retreat
Tucson, Arizona, U.S.A.*

10/22/21 **What is the Ideal Reconstructed Breast? An International Perspective**
Invited Panelist, Pre-recorded On-Demand Virtual Presentation, Plastic Surgery THE Meeting 2021, Atlanta, Georgia, U.S.A.

10/19/21 **Social Media Panel, Hot Topics in Plastic Surgery Forum**
Invited Panel Moderator, Pre-recorded On-Demand Virtual Presentation, Plastic Surgery THE Meeting 2021, Atlanta, Georgia, U.S.A.

5/3/21 **Photo and Video in the Era of Social Media**
*Invited Discussant, The Aesthetic Meeting 2021, American Society of Aesthetic Plastic Surgery (ASAPS) Annual Meeting
Miami Beach, Florida*

3/5/21 **Expanding Your Plastic Surgery Practice: In-House Operating Rooms: How to GET IT RIGHT!**
*Instructor, ASPS Practice Innovations – Enhance Team Efficiency Virtual Conference
American Society of Plastic Surgeons*

10/16/20 **U Ought To Know – Umbilicoplasty**
*Instructor, Plastic Surgery THE Meeting 2020, American Society of Plastic Surgeons Annual Scientific Meeting
San Francisco, California, U.S.A.*

10/16/20 **Social Media Emerging Trends: Have You Been Shadow Banned?**
*Lead, Plastic Surgery THE Meeting 2020, American Society of Plastic Surgeons Annual Scientific Meeting
San Francisco, California, U.S.A.*

2/29/20 **Social Media by Plastic Surgeons – How to Find Your Unique Voice and Use it Responsibly**
Invited Speaker, Mountain West Society of Plastic Surgeons Annual Meeting
Snowmass Village, Aspen, Colorado, U.S.A.

9/23/19 **Preceptoral Reconstruction: The Good, Bad and Ugly**
Invited Speaker and Moderator, Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting
San Diego, California, U.S.A.

9/22/19 **Social Media: New Platforms**
Invited Speaker and Panelist, Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting
San Diego, California, U.S.A.

9/22/19 **Explantation and Mastopexy – My Approach**
Invited Speaker and Instructional Course Instructor, Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting
San Diego, California, U.S.A.

9/21/19 **Plastic Surgery and Society Media: A Changing Paradigm**
Invited Speaker and Panelist, Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting
San Diego, California, U.S.A.

9/21/19 **Instagram Profiles in Plastic Surgery**
Lead and Invited Speaker, Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting
San Diego, California, U.S.A.

5/20/19 **Plastic Surgeons Bare All on Social Media**
Audience Moderator, The Aesthetic Meeting 2019, American Society of Aesthetic Plastic Surgery Annual Meeting
New Orleans, Louisiana, U.S.A.

5/19/2019 **Do the Stars Matter? The Intersection of Social Media and Reputation Management for Plastic Surgery Practices**
Invited Panel Speaker, The Aesthetic Meeting 2019, American Society of Aesthetic Plastic Surgery Annual Meeting
New Orleans, Louisiana, U.S.A.

10/1/18 **Addressing Preoperative Asymmetries PRIOR to Aesthetic Breast Surgery**
Invited Panel Speaker, Plastic Surgery THE Meeting 2018, American Society of Plastic Surgeons Annual Scientific Meeting
Chicago, Illinois, U.S.A

9/30/18 **Social Media Strategies for 2019**
Invited Panel Moderator, Plastic Surgery THE Meeting 2018, American Society of Plastic Surgeons Annual Scientific Meeting

Chicago, Illinois, U.S.A

9/28/18 **How Instagram and Facebook Stories are Rapidly Replacing Snapchat**
Invited Panel Speaker, HOT TOPICS 2018, Plastic Surgery THE Meeting 2018,
American Society of Plastic Surgeons Annual Scientific Meeting
Chicago, Illinois, U.S.A

7/19/18 **Plastic Surgery for Men – Board Certification, Safety and Surgical Details**
American Society of Plastic Surgeons Facebook Live Webinar
<https://www.facebook.com/PlasticSurgeryASPS/videos/1757358700979780/>

7/18/19 **A Video is Worth 1000 Words: Tips and Caveats for Plastic Surgeons**
American Society of Plastic Surgeons Social Media Facebook Live Webinar
<https://www.facebook.com/ASPSMembers/videos/1863742293717678/>

4/29/17 **Making Social Media Work For Your Practice**
The Aesthetic Meeting 2018, American Society of Aesthetic Plastic Surgery
Annual Meeting
New York, New York, U.S.A.

10/9/17 **Thrive vs. Fail in Plastic Surgery Practice**
Invited Panel Moderator, Plastic Surgery THE Meeting 2017, American Society of
Plastic Surgeons Annual Scientific Meeting
Orlando, Florida, U.S.A.

10/8/17 **Who Gives Disney World a One Star Review and What do You Do About It?**
Invited Panel Speaker, Plastic Surgery THE Meeting 2017, American Society of
Plastic Surgeons Annual Scientific Meeting
Orlando, Florida, U.S.A

10/8/17 **Modern Mommy Makeover**
Invited Instructional Course Faculty, Plastic Surgery THE Meeting 2017, American
Society of Plastic Surgeons Annual Scientific Meeting
Orlando, Florida, U.S.A.

10/7/17 **Shared Decision Making in Breast Reconstruction: What's There to Share?
Patient and Surgeon Perspectives**
Invited Panel Moderator, Plastic Surgery THE Meeting 2017, American Society of
Plastic Surgeons Annual Scientific Meeting
Orlando, Florida, U.S.A.

10/6/17 **Online Doctor Reviews and How to Live with Them**
Invited Speaker, ASPS Hot Topics in Plastic Surgery, Plastic Surgery THE Meeting
2017, American Society of Plastic Surgeons Annual Scientific Meeting
Orlando, Florida, U.S.A.

10/6/17 **Social Media Marketing in Plastic Surgery: How I Do It**
Invited Speaker, ASPS Hot Topics in Plastic Surgery, Plastic Surgery THE Meeting
2017

Orlando, Florida, U.S.A.

9/9/17 **Work-Life Balance, Professional Fulfillment and Burnout among Plastic Surgeons**
Invited Guest Faculty, The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, Plastic Surgery Residents Symposium, American Society of Aesthetic Plastic Surgery
New York City, New York, U.S.A.

9/8/17 **Where Do I Start? Transitioning from Training to Plastic Surgery Practice**
Invited Guest Faculty, The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, Plastic Surgery Residents Symposium, American Society of Aesthetic Plastic Surgery
New York City, New York, U.S.A.

9/8/17 **Successful Social Media Strategies in Plastic Surgery Practice**
Invited Guest Faculty, The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, Plastic Surgery Residents Symposium, American Society of Aesthetic Plastic Surgery
New York City, New York, U.S.A.

3/4/17 **Implants, Lifts and Asymmetries - Two-Stage Augmentation Mastopexy: Better Safe Than Sorry**
Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons
New Orleans, Louisiana, U.S.A.

3/3/17 **The Art of Multitasking: How to Juggle Balls and Remain Successful**
Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons
New Orleans, Louisiana, U.S.A.

3/3/17 **PANEL: Aesthetic Breast Surgery: What Would the Experts Do?**
Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons
New Orleans, Louisiana, U.S.A.

3/3/17 **Optimizing Outcomes with Aesthetic Breast Surgery: Technique Matters - Subglandular Augmentation: Strategies for Success**
Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons
New Orleans, Louisiana, U.S.A.

3/3/17 **Biofilms, Bacteria and the Role of Antibiotics and Irrigation Protocols**
Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons
New Orleans, Louisiana, U.S.A.

3/2/17 **Website Design and Optimization in Plastic Surgery**

*Invited Panel Moderator, Aesthetica Super Symposium, American Society of Plastic Surgeons
New Orleans, Louisiana, U.S.A.*

3/2/17 **How Social Media has Changed the Way Plastic Surgery Patients Find Me and Become More Educated - For the Better!**
*Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons
New Orleans, Louisiana, U.S.A.*

3/2/17 **ONLINE REVIEWS: The Good, The Bad and The Ugly: How to Use Social Media to Best Manage and Control Your Reputation**
*Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons
New Orleans, Louisiana, U.S.A.*

2/4/17 **Using Social Media in #PlasticSurgery - How it has Evolved, What's New and How it Can Help You!**
*Invited Guest Speaker, Social Media for Plastic Surgeons, Women's Plastic Surgery WPS Enrichment Retreat, American Society of Plastic Surgeons
Newport Beach, California, U.S.A.*

1/22/17 **Using Social Media to Promote Awareness and Education of Breast Reconstruction and Aesthetic Surgery**
*Invited Guest Faculty, 33rd Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"
Atlanta, Georgia, U.S.A.*

1/21/17 **Why I Prefer Smooth Round Implants in Subglandular Position – Even In Thin Patients**
*Invited Guest Faculty, 33rd Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"
Atlanta, Georgia, U.S.A.*

1/20/17 **Subcutaneous Implant Reconstruction Without ADM – WAIT, WHAT?**
*Invited Guest Faculty, 33rd Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"
Atlanta, Georgia, U.S.A.*

1/20/17 **Aesthetic Refinement in DIEP and TUG (Inner Thigh) Free Flap Breast Reconstruction – Donor and Recipient Sites Alike**
*Invited Guest Faculty, 33rd Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"
Atlanta, Georgia, U.S.A.*

1/16/17 **Social Media Beyond Marketing – Malice & Medico-Legal Implications**
*Invited Panel Chair, "Innovations, Outcomes, and Quality", American Society for Reconstructive Microsurgery Annual Scientific Meeting
Waikoloa, Hawai'i, U.S.A.*

11/19/16 **Use of Social Media to Promote Reconstructive and Aesthetic Breast Surgery in 2016**
Invited Guest Faculty, Breast Reconstruction: State of the Art 2016 Conference, Department of Plastic Surgery, NYU School of Medicine and New York University Post Graduate Medical School New York, New York, U.S.A.

11/18/16 **The Mommy Makeover with DIEP Flaps and How TV and Social Media have made the Mommy Makeover More Acceptable in Society**
Invited Guest Faculty, Breast Reconstruction: State of the Art 2016 Conference, Department of Plastic Surgery, NYU School of Medicine and New York University Post Graduate Medical School New York, New York, U.S.A

9/24/16 **Iron Surgeon Competition – “Sure, I’ll Compete. Wait – What’s That?”**
Invited Faculty, American Society of Plastic Surgeons Annual Scientific Meeting Plastic Surgery THE Meeting 2016 Los Angeles, California, U.S.A.

9/23/16 **Use of Social Media to Promote Your Plastic Surgery Practice**
Invited Guest Faculty, American Society of Plastic Surgeons Senior Residents Conference and Residents Day Program Plastic Surgery THE Meeting 2016 Los Angeles, California, U.S.A.

3/19/16 **Breast Reconstruction as ART & Science: Advanced Breast Reconstruction Techniques - Considering Form, Balance, Aesthetics & Beauty**
Invited Speaker, 15th Annual Allison Taylor Holbrooks/Barbara Jo Johnson Breast Cancer Conference Cancer Prevention Institute of California, Golden Gate Club, The Presidio of San Francisco San Francisco, California, U.S.A.

1/18/16 **Coupling a Superficial Vein in DIEP Flaps to an Axillary Vessel before Internal Mammary Anastomoses Reduces Venous Complications with Minimal Increased Operative Time**
Invited Speaker, American Society for Reconstructive Microsurgery Annual Scientific Meeting Scottsdale, Arizona, U.S.A.

10/16/15 **Use of Social Media to Promote Your Plastic Surgery Practice**
Invited Guest Speaker, Plastic Surgery THE Meeting, American Society of Plastic Surgeons Annual Scientific Meeting Boston, Massachusetts, U.S.A.

4/30/15 **Breast Implant Device failure: Remove or Replace?**
Invited Panel Speaker, ASPS Aesthetica 2015 Super Symposium, American Society of Plastic Surgeons

Las Vegas, Nevada, U.S.A.

4/30/15 **Revision Augmentation with Fat Grafting: Achieving Predictability and Success**
Invited Panel Speaker, ASPS Aesthetica 2015 Super Symposium, American Society of Plastic Surgeons
Las Vegas, Nevada, U.S.A.

4/30/15 **Subglandular Breast Implant Device placement: Optimizing Aesthetics**
Invited Panel Speaker, ASPS Aesthetica 2015 Super Symposium, American Society of Plastic Surgeons
Las Vegas, Nevada, U.S.A.

3/13/15 **Mastopexy after Extreme Weight Loss**
Invited International Speaker, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery
Barcelona, Spain

3/13/15 **Disasters of the Masters – “Loaf of Bread” Bilateral Chest Wall Reconstruction after Recurrent Breast Cancer: Is an Aesthetic Result Possible?**
Invited International Speaker, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery
Barcelona, Spain

3/12/15 **Maximizing Efficiency in the Operating Room and the Use of Social Media in Promoting a Reconstructive Microsurgery Breast Reconstruction Practice**
Invited International Speaker, Breakfast with the Experts, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery
Barcelona, Spain

3/12/15 **Autologous Breast Reconstruction in Thin Patients**
Invited International Speaker, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery
Barcelona, Spain

3/12/15 **Inner Thigh TUG Flap Autologous Breast Reconstruction – An Alternative to Abdominal and Buttock Donor Sites**
Invited International Speaker, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery
Barcelona, Spain

3/7/15 **Breast Reconstruction 2015: What is New?**
Invited Guest Speaker, The Challenges of Breast Cancer: Allison Taylor Holbrooks Barbara Jo Johnson Breast Cancer Conference, Cancer Prevention Institute of California
San Francisco, California, U.S.A.

2/25/15 **Breast Reconstruction: Using Your Own Tissue to Rebuild Your Breast**
Invited Presenter, Living Beyond Breast Cancer Live Breast Reconstruction Series Webinar

11/3/14 **Breast Reconstruction as ART and Science: Advanced Breast Reconstruction Techniques – Considering Form, Balance, Aesthetics and Beauty**
Invited Guest Speaker, North York General Hospital Department of Genetics Grand Rounds
Toronto, Ontario, Canada

2/23/13 **Breast Reconstruction is Not-One-Size-Fits-All: Options for Women in 2013**
Invited Guest Speaker, C4YW Annual Conference for Young Women Affected by Breast Cancer
Bellevue, Seattle, Washington, U.S.A.

1/15/13 **Choosing the Inner Thigh (TUG) Flap for Microsurgical Breast Reconstruction**
Invited Panel Speaker, Controversies in Autogenous Microsurgical Breast Reconstruction, American Society for Reconstructive Microsurgery Annual Scientific Meeting
Naples, Florida, U.S.A.

10/27/12 **Maximizing Efficiency in the Operating Room and the Use of Social Media in Promoting a Reconstructive Microsurgery for Breast Reconstruction Practice**
Invited Panel Speaker, Panel: Reimbursement in Breast Reconstruction, American Society of Plastic Surgeons' Annual Scientific Meeting 2012
New Orleans, Louisiana

10/4/12 **Post-Breast Reconstruction Revisions and Follow Up Surgeries**
Guest Speaker, 7th Annual Microsurgical Nursing Symposium: Breast Health & Reconstruction, Davies Campus, California Pacific Medical Center
San Francisco, California

9/29/12 **Breast Reconstruction Options for BRCA Positive Women: Breast Cancer "Previvors" and Survivors**
Invited Doctors Panel Speaker, Taking on BRCA - We're All in This Together: BRCA Connections and FORCE Conference in Honor of National Hereditary Breast and Ovarian Cancer Week and National Previvor Day, California Pacific Medical Center, San Francisco, California

9/28/12 **Reconstruction of the Breast When a Mastectomy is Not Required - What are the Options?**
Invited Speaker, 3rd Annual Conference on the Current Controversies in the Management of Breast Cancer and Melanoma
Jewish Community Center of San Francisco Kanbar Hall, San Francisco, California

4/20/12 **True Single-Stage Microsurgical Breast Reconstruction: Nipple Preservation and Immediate Free Flap Reconstruction Including a Reduction or Lift**
Invited Speaker, Group for the Advancement of Breast Reconstruction (GABRs)
4th Meeting
Kenwood, California

4/20/12 **Second Stage Procedures after Microsurgery: Performing Additional Steps to Achieve the Ultimate Aesthetic Outcome in Breast Reconstruction**
Invited Speaker, Group for the Advancement of Breast Reconstruction (GABRs)
4th Meeting
Kenwood, California

4/21/12 **The Inner Thigh (TUG) Flap Breast Reconstruction: Update on Statistics, Outcome and Complications**
Invited Speaker, Group for the Advancement of Breast Reconstruction (GABRs)
4th Meeting
Kenwood, California

1/17/12 **Marketing Your Reconstructive Practice: Pearls and Pitfalls**
Invited Panel Speaker, American Society for Reconstructive Microsurgery Annual Scientific Meeting
Las Vegas, Nevada

9/24/11 **TUG (Inner Thigh) Free Flap Breast Reconstruction: What Plastic Surgery Nurses Need to Know!**
Invited Guest Speaker, American Society of Plastic Surgical Nurses 37th Annual ASPSN Convention
Denver, Colorado

9/16/11 **Nipple-Sparing Mastectomy (NSM) and Immediate Breast Reconstruction**
Invited Speaker, 2nd Annual Conference on the Current Controversies in the Management of Breast Cancer and Melanoma
Hotel Kabuki, San Francisco, California

3/5/11 **The Art of Reconstruction**
Guest Speaker, 10th Annual Allison Taylor Holbrooks / Barbara Jo Johnson Breast Cancer Conference for Survivors, Family, Friends, and Medical Professionals
Golden Gate Club, Presidio of San Francisco, California

9/24/10 **Breast Reconstruction: Is Autologous Tissue Better Than Implants?**
Invited Speaker, Current Controversies in the Management of Breast Cancer and Melanoma Multidisciplinary Conference
Hotel Kabuki, San Francisco, California

7/28/10 **Breast Reconstruction: Understanding Your Options**
Invited Educational Teleconference Guest Speaker, Living Beyond Breast Cancer. www.lbbc.org

5/25/10 **The Art of Breast Cancer Reconstruction Using Microsurgery**
Invited Keynote Speaker, California Pacific Medical Center Foundation
San Francisco, California

4/29/10 **Prevention and Management of Microsurgical Complications in Breast Reconstruction**

Guest Speaker, 5th Annual Microsurgical Nursing Symposium
Davies Campus, California Pacific Medical Center
San Francisco, California

3/6/10 **Beyond Breast Cancer: The Art of Reconstruction**
Guest Speaker, 9th Annual Allison Taylor Holbrooks / Barbara Jo Johnson Breast Cancer Conference for Survivors, Family, Friends, and Medical Professionals
Golden Gate Club, Presidio of San Francisco, California

3/5/10 **Mommy Makeover Cosmetic Surgery**
Pacific Gynecology and Obstetrics Medical Group
San Francisco, California

5/31/09 **Breast Reconstruction Using Microsurgery and Implants – Refining Aesthetic Results and Outcome**
Fresh Faces in Plastic Surgery – 2009 CSPS 59th Annual Meeting Panel Presentation – Invited Panelist
California Society of Plastic Surgeons 59th Annual Scientific Meeting
Squaw Creek, Olympic Valley, California

3/7/09 **The Art of Breast Reconstruction**
Guest Speaker, 8th Annual Allison Taylor Holbrooks / Barbara Jo Johnson Breast Cancer Conference For Survivors, Family, Friends, and Medical Professionals
Golden Gate Club, The Presidio of San Francisco, California

1/13/09 **The Transverse Upper Gracilis Flap as an Alternative to Abdominal Tissue Reconstruction: Technique and Modifications**
American Society for Reconstructive Microsurgery 23rd Annual Meeting
Maui, Hawai'i

1/10/09 **Breast Reconstruction: A Woman's Perspective**
Guest Panelist, American Society for Reconstructive Microsurgery 23rd Annual Meeting
Maui, Hawai'i

10/2/08 **Julie's Journey: Anatomy of a DIEP/SIEA Flap for Breast Reconstruction**
Panel Speaker: Microsurgical Experts Question and Answer Period
Guest Speaker, 4th Annual Microsurgical Nursing Symposium
Davies Campus, California Pacific Medical Center
San Francisco, California

3/1/08 **Breast Cancer: Finding Answers to Your Questions – The Art of Reconstruction**
Guest Lecturer, Northern California Cancer Center
NCCC Breast Cancer 7th Annual Allison Taylor Holbrooks / Barbara Jo Johnson Conference: More Questions, More Answers
Golden Gate Club, The Presidio of San Francisco, California

2/25/08 **Mommy Makeover Surgery: Rejuvenation of the Breast and Body after Childbirth**

Guest Speaker, Mount Diablo Mother's Club
Walnut Creek, California

2/24/08 **Breast Reconstruction: Exploring Your Options**
Guest Speaker, 8th Annual Conference for Young Women Affected by Breast Cancer
Jacksonville, Florida

11/6/07 **Microsurgical Breast Reconstruction**
Guest Speaker, Obstetrics and Gynecology Grand Rounds, California Pacific Medical Center
San Francisco, California

11/4/07 **The Latest Techniques in Breast Reconstruction – Immediate Implant Reconstruction and Microsurgery**
Guest Speaker, Community Breast Health Project's 4th Annual Breast Cancer Conference: Sharing Knowledge-Creating Hope
Palo Alto, California

10/22/07 **State of the Art in Breast Reconstruction**
Guest Speaker, California Pacific Medical Center Breast Health Center Educational Series
San Francisco, California

10/4/07 **Scalp Replantation in a 10-Year-Old Girl**
Panel Speaker: Microsurgical Experts Question and Answer Period
Guest Speaker, 3rd Annual Microsurgical Nursing Symposium
Davies Campus, California Pacific Medical Center
San Francisco, California

5/31/07 **The Latest and Greatest in Microsurgical Breast Reconstruction**
Community Breast Health Project Open House
Palo Alto, California

5/26/07 **New Options for Immediate Breast Reconstruction: Achieving Optimal Results with Adjustable Implants in a Single Stage: 322 Consecutive Cases**
California Society of Plastic Surgeons 57th Annual Scientific Meeting
San Francisco, California

4/16/07 **Everything You Ever Wanted to Know About Cosmetic Surgery**
Guest Speaker, John Muir Women's Center Lecture Series, Walnut Creek, California

3/20/07 **Advances in Breast Reconstruction**
Guest Speaker, The Wellness Community Special Workshop Series, Walnut Creek, California

3/3/07 **The Artistry of Breast Reconstruction**

Guest Speaker, Northern California Cancer Center's Breast Cancer 6th Annual Allison Taylor Holbrooks / Barbara Jo Johnson Conference: More Questions, More Answers
Golden Gate Club, The Presidio, San Francisco, California

3/1/07 **Advances in Microsurgical Breast Reconstruction**
Guest Lecturer, St. Luke's Hospital Continuing Medical Education Grand Rounds, San Francisco, California

1/16/07 **The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function**
American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 21st Annual Joint Meeting
Rio Grande, Puerto Rico

1/5/07 **Microsurgical Reconstruction of the Breast - The Latest Techniques**
California Pacific Medical Center General Surgery Grand Rounds, San Francisco, California

11/7/06 **State-of-the-Art in Breast Reconstruction Techniques**
Guest Speaker, Alta Bates / Summit Medical Center, Oakland, California

11/6/06 **Breast Reconstruction Following Breast Cancer: The Latest Advances in Microsurgery and the One-Step Technique**
Guest Speaker, John Muir Women's Health Center, Walnut Creek, California

10/25/06 **Update in Breast Reconstruction: State-of-the-Art Techniques**
Guest Speaker, Breast Cancer Miniseries, John Muir Medical Center, Walnut Creek, California, U.S.A.

10/8/06 **Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage**
American Society of Plastic Surgery 75th Annual Scientific Meeting
San Francisco, California, U.S.A.

10/8/06 **The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function**
American Society of Plastic Surgery 75th Annual Scientific Meeting
San Francisco, California, U.S.A.

7/12/06 **Breast Reconstruction Using Microsurgical Techniques: An Overview**
Guest Speaker, John Muir Medical Center, Breast Health Center
Walnut Creek, California, U.S.A.

6/3/06 **Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage**
California Society of Plastic Surgeons Annual Scientific Meeting
Las Vegas, Nevada, U.S.A.

5/9/06 **Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage**
American Association of Plastic Surgeons 85th Annual Meeting
Hilton Head, South Carolina, U.S.A.

4/7/06 **The Transverse Upper Gracilis (TUG) Flap for Microsurgical Breast Reconstruction**
Invited Speaker, Group for the Advancement in Breast Reconstruction (GABR) Meeting
Charleston, South Carolina, U.S.A.

12/7/05 **Advances in Microsurgery: Preserving Donor Site Aesthetics and Function in Complex Reconstructive Procedures**
Guest Lecturer, Surgical Grand Rounds, Division of Plastic Surgery, The DeWitt Daughtry Family Department of Surgery, University of Miami School of Medicine Miami, Florida, U.S.A.

9/2/05 **CMC Joint Arthroplasty of the Thumb Using Irradiated Cartilage Allograft**
Microsurgical Grand Rounds, The Buncke Clinic Institute for Plastic & Reconstructive Surgery, Hand Surgery, and Microsurgery
San Francisco, California, U.S.A.

7/8/05 **Autogenous Saphenous Vein Wrapping for Chronic Traction Neuritis**
Microsurgical Grand Rounds, The Buncke Clinic Institute for Plastic & Reconstructive Surgery, Hand Surgery, and Microsurgery
San Francisco, California, U.S.A.

6/10/05 **Breast Reduction Scars: Prospective Analysis of Surgical Staples versus Absorbable Sutures**
Fifty-Ninth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons
Nanaimo, British Columbia, Canada

4/18/05 **Breast Reduction Scars: Prospective Analysis of Surgical Staples versus Absorbable Sutures**
University of Manitoba Section of Plastic Surgery Resident Research Symposium
Winnipeg, Manitoba, Canada

12/22/04 **Anatomy Dissection: Anterior Trunk, Omentum, Inguinal Canal, Os Innominatum, Applied Anatomy of Local Muscle, Fascial, Omental and Composite Flaps**
Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

12/20/04 **Microbiological Variants and Unusual Presentations of Necrotizing Fasciitis**
Morbidity and Mortality Grand Rounds, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

12/6/04 **Reconstruction of the Secondary Cleft Nose Deformity**

Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada

11/6/04 **Carpal Fractures and Dislocations in Children: Diagnosis and Treatment**
American College of Surgeons, Manitoba Chapter Annual Research Symposium, Winnipeg, Canada

11/1/04 **Local Flaps in Reconstruction of the Hand**
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada

9/29/04 **Anatomy Dissection: Lower Leg and Foot, Bones of the Foot and Ankle, Applied Anatomy of Local Muscle, Fascial and Composite Flaps**
Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

9/13/04 **Facial Nerve Disorders**
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada

6/3/04 **Ice Auger Thumb Avulsion Amputations in Northern Canada**
Fifty-Eighth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons Hamilton, Ontario, Canada

6/4/04 **Frostbite in Manitoba: Ten Year Analysis at a Tertiary Care Centre**
Fifty-Eighth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons, Hamilton, Ontario, Canada

6/2/04 **Supercharged Pedicled Pectoralis Major Myocutaneous Flap in Head and Neck Reconstruction**
Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 25th Annual Scientific Meeting, Hamilton, Ontario, Canada

6/14/04 **Chest Wall Reconstruction: Local, Regional and Distant Techniques**
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada

4/26/04 **Unusual Presentations of Necrotizing Fasciitis at St. Boniface General Hospital**
Morbidity and Mortality Grand Rounds, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

5/31/04 **Melanoma: Diagnosis, Treatment and Advances in Research**
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada

5/19/04 **Fluid Resuscitation in Burn Injuries**
Keynote Guest Speaker, Surgical Intensive Care Burn Day
Department of Critical Care, Health Sciences Centre, University of Manitoba, Winnipeg, Canada

5/12/04 **The 'Canadian Rodeo Thumb': Ice Auger Injuries in Northern Canada**
 Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day
 Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

5/12/04 **Complex Upper Extremity Crush-Degloving Injury**
 Section of Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day
 University of Manitoba, Winnipeg, Canada

2/2/04 **Benign Melanocytic Tumours of the Skin**
 Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada

3/8/04 **Ear Reconstruction: History, Techniques and Scientific Advances**
 Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada

2/26/04 **Anatomy Dissection: The Infratemporal Fossa, Muscles of Facial Expression, Facial Nerve, Parotid Gland, Mandible and Maxilla**
 Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

1/9/04 **The 'Canadian Rodeo Thumb': Ice Auger Injuries in Northern Canada**
 Guest Speaker, The Buncke Clinic Microsurgery Grand Rounds
 The Buncke Clinic, Davies Medical Center, San Francisco, California, U.S.A.

6/25/03 **Delayed Esophageal Perforation Secondary to Extrusion of Cervical Spine Instrumentation – Reconstruction with Vascularized Free Fibula and Periosteal Patch**
 Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 24th Annual Scientific Meeting, Whistler, British Columbia, Canada

4/17/03 **Bilateral Reduction Mammaplasty: Preoperative Indications, Demographics and Patient Experience**
 Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day
 Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

3/3/03 **Body Contouring with Suction-Assisted Lipoplasty: Overview of Techniques, Indications and Advances**
 Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada

11/16/02 **Frostbite in Manitoba: Ten-year analysis at a Tertiary Care Centre**
 American College of Surgeons, Manitoba Chapter Annual Research Symposium, Winnipeg, Canada

10/23/02 **Impending Plate Exposure and Osteoradionecrosis Following Mandible Reconstruction**

Section of Plastic Surgery Grand Rounds, Visiting Professor Day
University of Manitoba, Winnipeg, Canada

10/23/02 **Osteocutaneous Fibular Free Flap with Additional Perforator-Based Skin Paddle and Double Microvascular Anastomosis**
Section of Plastic Surgery Grand Rounds, Visiting Professor Day
University of Manitoba, Winnipeg, Canada

7/17/02 **Digital Replantation – Information for the Operating Room Team**
Guest Speaker, Health Sciences Centre Operating Room Nurses Grand Rounds,
University of Manitoba, Winnipeg, Canada

11/18/02 **Dupuytren's Disease**
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg,
Canada

5/13/02 **Replantation of the Upper Extremity**
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg,
Canada

4/17/02 **Life-Threatening Hypothermia and Frostbite Injury Requiring Bilateral Free Flap Lower Extremity Salvage**
Section of Plastic Surgery Grand Rounds, Visiting Professor and Resident
Research Day
Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

4/17/02 **Frostbite in Manitoba: Ten-year analysis at a Tertiary Care Centre**
Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day
Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

3/27/02 **Anatomy Dissection: Axilla Boundaries, Contents and Spaces, Pectoral Girdle, Scapula and Brachial Plexus**
Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery,
University of Manitoba, Winnipeg, Canada

2/11/02 **Basal Cell Carcinoma, Squamous Cell Carcinoma and Mohs Micrographic Excision**
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg,
Canada

1/11/02 **The VAC (Vacuum-Assisted Closure) for Wounds – An Overview**
Department of Otolaryngology Grand Rounds, University of Manitoba,
Winnipeg, Canada

11/5/01 **Plastic Surgical Techniques Workshop**
Invited Guest Instructor, General Surgery Basic Training Lab for PGY-1 Residents,
Department of Surgery, Faculty of Medicine, University of Manitoba, Winnipeg,
Canada
Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

6/8/01 **Necrotizing Fasciitis of the Head and Neck: The Winnipeg Experience**
Fifty-fifth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons,
Jasper, Alberta, Canada

3/7/01 **Wound Healing: Overview, Assessment of Wounds, Factors Affecting Healing, and Updates in Clinical Research**
Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg,
Canada

10/17/01 **Necrotizing Fasciitis of the Head and Neck: Retrospective Review of the Winnipeg Experience**
Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day

11/4/00 **Necrotizing Fasciitis of the Head and Neck: The Winnipeg Experience**
American College of Surgeons, Manitoba Chapter Annual Research
Symposium, Winnipeg, Canada

8/21/00 **Melanoma in the Pediatric Population: Classification, Diagnosis, Surgical Treatment and Issues in Children**
Invited Speaker, Pediatric General Surgery Grand Rounds, Department of
Pediatric Surgery, University of Manitoba, Winnipeg, Canada

5/31/99 **Establishing an AboutFace Presence at Sunnybrook Health Science Centre**
Keynote Guest Speaker, AboutFace Annual General Meeting, Metro Hall,
Toronto, Canada

5/10/99 **Health, Illness and the Community: Facial Difference**
Surgical Grand Rounds, Department of Surgery, University of Toronto,
Sunnybrook Health Science Centre, Toronto, Canada

1/13/98 **Fractures of the Mandibular Condyle: A Retrospective Analysis of Sixty-Five Patients**
Twelfth Annual Undergraduate Medical Student Research Day, University of
Toronto, Canada

6/13/96 **Differential Display: Molecular Targets of the PML/RAR α Fusion Protein in Acute Promyelocytic Leukemia**
Department of Pathology Grand Rounds, Queen's University, Kingston,
Canada

6/17/95 **Molecular Targets of the PML/RAR α Fusion Protein**
Eleventh Annual Meeting on Oncogenes, Hood College, Frederick, Maryland,
U.S.A.

3/17/94 **Following the Expression of *fps/fes* During Murine Angiogenesis**
Honours Thesis Presentation, Faculty of Arts and Science, Queen's University,
Kingston, Canada

7. SCIENTIFIC POSTERS

8/14/10 **Donor Site Optimization in Microvascular Breast Reconstruction**
20th Congress of the International Society of Aesthetic Plastic Surgery
San Francisco, California, U.S.A.

1/7/05 **The 'Canadian Rodeo Thumb': Ice Auger Injuries in Northern Canada**
American Association for Hand Surgery / American Society for Reconstructive
Microsurgery / American Society for Peripheral Nerve 19th Annual Joint Meeting
Fajardo, Puerto Rico

6/26/03 **Personal Digital Assistant (PDA)-Assisted Resident Procedural Case Logs: A Pilot
Study**
57th Annual Scientific Meeting of the Canadian Society of Plastic Surgeons
Whistler, British Columbia, Canada

1/13/98 **Fractures of the Mandibular Condyle: A Retrospective Analysis of Sixty-Five
Patients**
12th Annual Undergraduate Medical Research Day, University of Toronto
Toronto, Ontario, Canada

6/17/95 **Molecular Targets of the PML/RAR α Fusion Protein**
11th Annual Meeting on Oncogenes, Hood College
Frederick, Maryland, U.S.A.

8. ONGOING RESEARCH PROJECTS

None at present

9. TELEVISION / MEDIA APPEARANCES

2010-2026 **YouTube Channel**
www.youtube.com/drkarenhorton

2010-2026 **Media Appearances – Online Articles, Print, Video, Live TV**
www.drkarenhorton.com/media

2022-2024 **Haute Living San Francisco Features**
<https://www.hautelivingsf.com/author/karen-horton/>

2019 **A Day in the Office with Karen Horton MD, Board Certified Plastic Surgeon**
American Society of Plastic Surgeons VLOG

<https://www.youtube.com/watch?v=zzFfwfWnLp8&feature=youtu.be>

2019 **Five of the Best Cosmetic Treatments – And Two of the Worst – An Interview with Dr. Karen Horton**
The Holistic Plastic Surgery Show, Dr. Tony Youn
<https://looklivebeaudio.podcastpartnership.net/five-of-the-best-cosmetic-treatments-and-two-of-the-worst-with-top-plastic-surgeon-dr-karen-horton-holistic-plastic-surgery-show-143>

2018 **Facebook Live Events for the American Society of Plastic Surgeons**
<https://www.facebook.com/PlasticSurgeryASPS/videos/1757358700979780/>
<https://www.facebook.com/ASPSMembers/videos/1863742293717678/>

2016 **Current Trends and Controversies in Breast Augmentation – Karen Horton, MD**
Discussion of article by Hidalgo, et al., appearing in the April 2016 issue of Plastic and Reconstructive Surgery, Volume 137 Issue 4.
<https://www.youtube.com/watch?v=1pGEsYxMPn8>

2008-2012 **Best of the Bay Television**
Monthly feature on Dr. Karen Horton, Women's Plastic Surgery

10/21/08 **KRON 4's Body Beautiful Show – “All About Plastic Surgery of the Breast – Cosmetic Surgery and Breast Reconstruction”**
30-Minute LIVE Call-In Television Show

1/7/08 **KRON 4's Body Beautiful Show – “Mommy Makeover Surgery”**
15-Minute LIVE Call-In Television Show

10/15/07 **KRON 4's Body Beautiful Show – “Silicone Breast Implants”**
15-Minute LIVE Call-In Television Show

HONORS, AWARDS, DISTINCTIONS AND CERTIFICATIONS

2026 **Top Doctors Award 2026**
Castle Connolly Medical, Inc., New York, New York, U.S.A.

2026 **America's Best Plastic Surgeons 2025**
Newsweek.com

2025 **SFGATE Best of the Bay Competition Winner – Best Cosmetic/Plastic Surgeon and Best Medical Spa, Emily Sespaniak NP**
San Francisco Chronicle, San Francisco, CA, U.S.A.

2025 **Marin Magazine Top Doctor in Plastic Surgery**
Marin Magazine, Sausalito, California, U.S.A.

2025 **Top Doctors Award 2025**

	Castle Connolly Medical, Inc., New York, New York, U.S.A.
2025	America's Best Plastic Surgeons 2025 Newsweek.com
2025	Exceptional Women in Medicine Award 2025 Castle Connolly Medical, Inc., New York, New York, U.S.A.
2024	Exceptional Women in Medicine Award 2024 Castle Connolly Medical, Inc., New York, New York, U.S.A.
2024	America's Best Plastic Surgeons 2024 Newsweek.com
2024	SF Gate Best of the Bay Competition Finalist – Best Cosmetic/Plastic Surgeon San Francisco Chronicle, San Francisco, California, U.S.A.
2024	Top Doctors Award 2024 Castle Connolly Medical, Inc., New York, New York, U.S.A.
2024	America's Best Physicians 2024 National Consumer Advisory Board, Nashville, Tennessee, U.S.A.
2024	San Francisco Best of the Bay 2024 Nominee & Finalist Beauty Experts – Best Botox Center, Best Plastic/Cosmetic Surgeon San Francisco Chronicle, San Francisco, California, U.S.A.
2023	America's Best Physicians 2023, America's Best Plastic Surgeons, Esteemed Chairman Award 2023 National Consumer Advisory Board, Nashville, Tennessee, U.S.A.
2023	Women of Impact Award 2023 Marin Magazine, California, U.S.A.
2023	Exceptional Women in Medicine Award 2023 Castle Connolly Medical, Inc., New York, New York, U.S.A.
2023	America's Most Honored Doctors 2023 The American Registry, U.S.A.
2015-2023	Top Doctor in Plastic Surgery Award Doctor's Choice Awards, U.S.A.
2022	Women of Impact Award 2022 Marin Magazine, California, U.S.A.
2022	America's Best Physicians 2022 & Excellent Doctors 2022 National Consumer Advisory Board, Nashville, Tennessee, U.S.A.

2018-2021	American Board of Plastic Surgery (ABPS) Cosmetic Surgery Advisory Council Elected Appointment, American Board of Plastic Surgery, Inc., Philadelphia, Pennsylvania, U.S.A.
2021	2021 Bay Area's Top Doctors Award, San Francisco San Francisco Magazine, San Francisco, California, U.S.A.
2021	America's Best Physicians 2021 & Excellent Doctors 2021 National Consumer Advisory Board, Nashville, Tennessee, U.S.A.
2020	2020 Bay Area's Top Doctors Award, San Francisco San Francisco Magazine, San Francisco, California, U.S.A.
2020	2020 Ten Best Plastic Surgeons – California Award American Institute of Plastic Surgeons, Paso Robles, California, U.S.A.
2020	2020 Compassionate Doctor Award Vitals Consumer Services, Vitals.com
2019	2019 Bay Area's Top Doctors Award, San Francisco San Francisco Magazine, San Francisco, California, U.S.A.
2018-2019	Best Business, Plastic Surgery San Francisco Three Best Rated (U.S.), Austin, Texas, U.S.A.
2019	Faces of Marin 2019, Face of Woman-Focused Plastic Surgery Marin Magazine, Sausalito, California, U.S.A.
2019	America's Best Physicians 2019 National Consumer Advisory Board, Nashville, Tennessee, U.S.A.
2018	2018 Top Doctors Award, San Francisco San Francisco Magazine, San Francisco, California, U.S.A.
2018	Top Plastic Surgeon 2018 Top Plastic Surgeon Reviews, Washington, D.C., U.S.A.
2017	2017 Top Doctors Award, San Francisco San Francisco Magazine, San Francisco, California, U.S.A.
2015-2017	10 Best Plastic Surgeons in California Award American Institute of Plastic Surgeons, Paso Robles, California, U.S.A.
2016	Best Plastic Surgery Practice, San Francisco San Francisco Small Business Community Association, California, U.S.A.
2016	2016 San Francisco Top Doctors Award in Plastic Surgery San Francisco Magazine, San Francisco, California, U.S.A.

2014-2015	Doctor of Excellence Leaders in Healthcare Network, New York, U.S.A.
2015	2015 San Francisco Top Doctors Award in Plastic Surgery San Francisco Magazine, San Francisco, California, U.S.A.
2014	Vitals Compassionate Doctor Award Patients' Choice Rated & Awarded by Patients, Vitals Awards & Recognition Program, Vitals.com
2013	Diplomate, American Board of Plastic Surgery (A.B.P.S.) American Board of Plastic Surgery
2011	Fellow of the American College of Surgeons (F.A.C.S.) Granted at the 97th Annual Clinical Congress of the American College of Surgeons San Francisco, California
2010	NBC Bay Area's Top Doctors - Plastic Surgeon NBC Bay Area's Top Doctors and Dentists and Doctors Improving Healthcare
2010	Woman of the Year in Medicine & Healthcare 2010 Award Recipient The American Biographical Institute
2008	Best Plastic Surgeon, San Francisco Country Best of the Bay Television
2007	Best Clinical Paper - New Options for Immediate Breast Reconstruction: Achieving Optimal Results with Adjustable Implants in a Single Stage: 322 Consecutive Cases California Society of Plastic Surgeons 57 th Annual Scientific Meeting, San Francisco, California
2005	Royal College of Canada Board Certification Fellowship in Plastic Surgery (F.R.C.S.C.) Royal College of Physicians and Surgeons of Canada, Ottawa, Canada
2004-2005	Best Resident Award, Canadian Society of Plastic Surgeons University of Manitoba Teaching Awards, University Teaching Services, Winnipeg, Canada
2004	California Medical License # A87734 Medical Board of California
2004-2006	Strathmore's Who's Who in Medicine and Healthcare Award Recipient
2004-2006	America's Who's Who in Medicine Award Recipient
2004-2005	Chief Resident in Plastic Surgery

Section of Plastic Surgery, Department of Surgery, University of Manitoba, Canada

2004-2006 **Woman-to-Woman Mentoring Program Consultant**
American Medical Women's Association

2004 **Inamed Aesthetics Resident Educational Award**
American Society of Plastic Surgeons / Plastic Surgery Educational Foundation
Women's Summer Workshop Symposium

2004 **Invited Member, Executive Search Committee for Recruitment of Attending Surgeons**
Department of Surgery, Health Sciences Centre, University of Manitoba

2004 **Plastic Surgery Educational Foundation (PSEF) In-Service Examination**
Plastic Surgery Educational Foundation, American Society of Plastic Surgeons, U.S.A.

2003 **United States Medical Licensing Examination (USMLE) Step 3**
Federation of State Medical Boards of the United States and National Board of Medical Examiners, United States

2003 **Plastic Surgery Educational Foundation (PSEF) In-Service Examination**
Plastic Surgery Educational Foundation, American Society of Plastic Surgeons, U.S.A.

2002 **Principles of Surgery Examination**
Royal College of Physicians and Surgeons of Canada Examination Certification

2001 **Licentiate of the Medical Council of Canada # 90319**
Medical Council of Canada, Canadian Medical Register

2001 **Medical Council of Canada Qualifying Examination Part II (MCCQE-II)**
Medical Council of Canada Certification Examination

2000 **United States Medical Licensing Examination (USMLE) Step 2**
Federation of State Medical Boards of the United States and National Board of Medical Examiners, U.S.A.

2000 **Medical Council of Canada Qualifying Examination Part I (MCCQE-I)**
Medical Council of Canada Certification Examination

2000 **Certification of Advanced Trauma Life Support**
American College of Surgeons Certification Examination

2000 **Certification of Advanced Cardiac Life Support**
American Heart Association Certification Examination

1998 **United States Medical Licensing Examination (USMLE) Step 1**

Federation of State Medical Boards of the United States and National Board of Medical Examiners, U.S.A.

1996-2000	Dean's Honour List - Years I, II, III, IV Faculty of Medicine, University of Toronto, Canada
1998	Malcolm McKenzie Award Faculty of Medicine, University of Toronto, Canada
1997	Summer Research Scholarship Faculty of Medicine, University of Toronto, Canada
1997	Certification of Basic Life Support
1997	Summer Research Internship Scholarship Sunnybrook Health Science Centre, Toronto, Canada
1996	Queen's Graduate Award Department of Graduate Studies and Research, Queen's University, Canada
1995	Queens Graduate Award Department of Graduate Studies and Research, Queen's University, Canada
1993	Institute of Medical Science Summer Research Studentship Institute of Medical Science, University of Toronto, Canada
1990-1993	Canada Scholarship – Undergraduate Years I, II, III Ministry of Studies in Science and Engineering, Government of Canada
1990	Anniversary Entrance Scholarship Faculty of Arts and Science, Queen's University, Canada <i>Awarded on the basis of academic excellence to a female student entering the first year of a Bachelor of Science (Honours) program.</i>
1990	Entrance Scholarship (declined) Faculty of Arts and Science, University of Western Ontario, Canada <i>Awarded on the basis of outstanding scholastic ability to a student entering the first year of a Bachelor of Science (Honours) program.</i>
1990	Ontario Scholar Ministry of Education, Government of Ontario, Canada

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

2013-2026	American Board of Plastic Surgery (ABPS) Diplomate ABPS Oral Examiner 2024-present
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ABPS Cosmetic Surgery Advisory Committee 2018-2021

2000-2026	American College of Surgeons (ACS) Fellow of the American College of Surgeons (FACS)
2000-2026	American Society of Plastic Surgeons (ASPS) Active Member Social Media Committee 2015-2026 ASPS Emerging Trends Subcommittee 2015-2024 Annual Meeting Educational Program Committee 2017-2023 San Francisco Breast Reconstruction Awareness (BRA) Planning Workgroup Co-Chair 2019-2021 Annual Meeting Instructional Course Committee 2017-2023 Program Chair, Practice Enhancement Subcommittee 2015-2018 ASPS Practice Management Committee 2016-2019 Development Committee 2020-2023 Practice Management Committee 2020-2023
2018-2026	The Aesthetic Society, formerly American Society of Aesthetic Plastic Surgery (ASAPS) Active Member 2018-present Chair, Integrated Marketing Committee (Media Relations) 2023-2026 Member, Nominating Committee 2025-2027 Ethics Committee Representative, Far West Region 2025-2028 Member, Brand Committee 2022-2026 Member, Leadership Development Committee 2023-2024 Member, ASAPS Symposium Committee 2020-2025 Member, ASAPS Women Aesthetic Surgeons (WAS) Committee 2020-2026 Vice Chair, Aesthetic Society's Media Relations Committee 2022-2023 Member, Media Relations Committee 2020-2022
2006-2026	California Society of Plastic Surgeons (CSPS) Active Member
2019-2026	Mountain West Society of Plastic Surgeons (MWSPS) Active Member
2009-2026	International Society of Aesthetic Plastic Surgery (ISAPS) Full Member
2004-2024	American Society for Reconstructive Microsurgery (ASRM) Active Member Founding & Active Member, Women in Microsurgery Group 2014-2019 Social Media Chair for WMG 2015-2019 Nominating Committee WMG Representative 2014-2019
2005-2021	Royal College of Physicians and Surgeons of Canada (RCPSC) Fellow in Plastic Surgery (FRCSC)

2003-2019	Groupe pour L'Avancement de la Microchirurgie (GAM) Canada Associate Member, former Resident/Fellow Member
2001-2020	International Confederation for Plastic, Reconstructive and Aesthetic Surgery (IPRAS) Member
2015-2018	American Society of Aesthetic Plastic Surgery (ASAPS) Candidate Member
2001-2015	Canadian Society of Plastic Surgeons (CSPS) Associate Member

VOLUNTEER AND COMMUNITY ACTIVITIES

2016-2026	American Society of Plastic Surgeons Annual Meeting Educational Program Committee ASPS Emerging Trends Subcommittee Practice Management Committee Practice Enhancement Committee Social Media Committee 2016-present ASPS Social Media Toolkit Online Education Series Co-Creator 2022-present Development Committee 2021-2024, Individual Giving and Gratitude Group ASPS/PSF Subcommittee ASPS Blog Author 2016-present Educational Video Recording for ASPS Website 2016-present Plastic Surgery Foundation/San Francisco Breast Reconstruction Awareness (BRA) Event Planning Committee Interviewer, Incoming ASPS and PSRC Presidents 2020
2020-2026	The Aesthetic Society (American Society for Aesthetic Plastic Surgery) Integrated Marketing/Media Relations Committee Chair 2024-2026 Nominating Committee 2025/2026 Leadership Development Committee 2023/2024 Aesthetic Society's Symposium Committee 2023/2024, 2022/2023, 2021/2022, 2020/2021 Aesthetic Society's Media Relations Committee 2023/2024, 2022/2023, 2021/2022, 2020/2021 Media Relations Committee Vice Chair 2022-2023 Women Aesthetic Surgeons Committee 2023/2024, 2022,2023, 2021/2022 Branding Committee 2025
2024-2026	American Board of Plastic Surgery ABPS Oral Examiner, Phoenix, Arizona
2020-2026	Board Member and Executive Committee Member, Pacific Professional Building Medical Board of Directors

2100 Webster Street, San Francisco, California

2008-2026	Sparkle Foundation, Incorporated Community Advocate, Volunteer, Corporate Sponsor
2018-2026	Aesthetic Surgery Journal Scientific Article Peer Reviewer Oxford Academic University Press, American Society for Aesthetic Plastic Surgery, Atlanta, Georgia
2019-2026	Diamond Peak Ski Team Educational Foundation U-Teams Volunteer and Corporate Sponsor Shredders Team Volunteer and Corporate Sponsor Mighty Mites Team Parent and Volunteer Diamond Peak Ski Team Educational Foundation, Incline Village, Nevada
2005-2026	Mentor to Surgical Fellows and Residents, Medical Students and High School Students American Society for Reconstructive Microsurgery Junior Members, Students from The Buncke Clinic, California Pacific Medical Center, University of California-San Francisco, Stanford University, Piedmont High School, Redding High School, Touro University
2023-2025	Saint Patrick School Mother's Club Founding Member, SPMC Board Member, SPMC Volunteer
2022-2023	California Pacific Medical Center Plastic Surgery Department Chair Search Committee Plastic Surgery Department Representative, CPMC Department of Surgery, San Francisco, California
2015-2023	Guest Volunteer Bartender Loch Lomond Yacht Club, San Rafael, California
2015-2022	Physician Runway Model Escort for Breast Cancer Survivors, Contributor to Silent Auction & Gala Event Sponsor Annual Anniversary Gala Fundraiser and Fashion Show Marin Center, San Rafael, California
2018-2021	American Board of Plastic Surgeons ABPS Cosmetic Surgery Advisory Committee ABPS Board Examination Question Author and Reviewer
2020	STEM Marin (Science, Technology, Engineering and Math) Speaker/Mentor Guest speaker to girls in middle school and high school about surgical careers
2020-2021	Saint Patrick School Auction Advertising Lead, Social Media Lead and Solicitation Volunteer Larkspur, California

2019-2021	Chair, San Francisco Breast Reconstruction Awareness (SF BRA) Event Fundraiser The Plastic Surgery Foundation, American Society of Plastic Surgeons San Francisco, California
2014-2019	American Society for Reconstructive Microsurgery Women's Microsurgery Group, Official Mentor to Aspiring Women Microsurgeons
2019	Junior League of San Francisco Sustainer Luncheon Guest Speaker San Francisco, California
2019	Wine, Women and Shoes Fundraiser Committee, St. Francis Foundation San Francisco, California
2019	This Old Bag Breast Cancer Emergency Fundraiser Event Committee San Francisco, California
2016-2018	San Francisco Symphony Opening Night Annual Gala Supper Event Gala Host Committee, San Francisco Symphony Opening Night Gala Host Committee
2018	2018 Women at the Center Honors Fundraiser Committee, Junior League of San Francisco The Ritz Carlton, San Francisco
2008-2017	Guest Speaker, Living Beyond Breast Cancer Educational sessions about options for breast cancer reconstruction and advances in Microsurgery and implant-based reconstruction
2006-2016	Guest Speaker, Northern California Cancer Center/Cancer Prevention Institute of California “Artistry in Breast Reconstruction”, Annual Breast Cancer Symposium, Presidio of San Francisco
2013-2016	Marin Parents of Multiples Club (MPOMC) Executive Board Social Media Coordinator
2008-2013	Guest Speaker, Annual Conference for Young Women Affected by Breast Cancer (C4YW) Jacksonville, Florida; Orlando, Florida; Seattle, Washington
2006-2013	Junior League of San Francisco Active Member – Fundraising and Volunteer Work Throughout the Bay Area
2006-2011	Guest Speaker, Y-ME National Breast Cancer Organization Peer Counselor Educational Telephone Conference: “The Latest in Breast Reconstruction Techniques”

2008	Queen's University NetworQ Mentor Online Mentorship Program and Career Networking Community for Queen's University at Kingston University Alumni and Students
2007	Guest Speaker, American Cancer Society "Doc Talks" American Cancer Society Volunteer Educational Program, San Francisco, California
2007-2008	Guest Speaker and Mentor, Kids on the Move America (KOTMA) Program To Help Strengthen and Shape Future Generations Alameda, California
2007-2010	Bay Area Business Women's Association (BABW) Involved Member
2006	Guest Speaker, Expert Panel, Breast Cancer Survivors Day Sisters Network of San Francisco, San Francisco, California
2006-2010	National Breast Cancer Coalition (NBCC) Member
1997-2005	National Health Care Advisory Committee, AboutFace International Manitoba Professional Advisory Representative
2000-2005	Professional Association of Residents and Interns of Manitoba (PARIM) Executive, Member-at-Large (2003-2004) Executive, Director of Communications (2002-2003) Coordinator, National Resident Awareness Day (2002-2003) Executive, Contract Negotiations Committee (2002-2004) Board, Plastic Surgery Resident Representative (2000-2002) Board, Manitoba Medical College Committee (2000-2001)
2000-2005	University of Manitoba Section of Plastic Surgery Chief Resident (2004-2005) Senior Resident Representative (2003-2004) Royal College of Canada Accreditation Committee (2000-2003) Sectional Steering Committee (2000-2003) CaRMS Residency Interviewing Committee (2001-2004) CanMeds 2000 Program Implementation Coordinator (2000-2002) Junior Resident Representative (2000-2002)

INSTRUCTIONAL COURSES AND SYMPOSIA

2026	Women Plastic Surgeons 2026 WPS Symposium Palm Springs, California, U.S.A.
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2026	The Aesthetic MEET 2026, The Aesthetic Society Boston, Massachusetts, U.S.A.
2025	The Aesthetic MEET 2025, The Aesthetic Society Austin, Texas, U.S.A.
2024	Allergan Aesthetics Surgical Solutions Symposium – Master's Track Las Vegas, Nevada, U.S.A.
2024	Plastic Surgery THE Meeting 2024, American Society of Plastic Surgeons Virtual Attendee
2024	The Aesthetic Meeting 2024, The Aesthetic Society Vancouver, British Columbia, Canada
2024	ASPS Spring Meeting 2024 Virtual Attendee
2024	Women Plastic Surgeons 2024 WPS Symposium Santa Ana Pueblo, New Mexico, U.S.A.
2023	The Aesthetic Meeting 2023, The Aesthetic Society Miami, Florida, U.S.A.
2023	Mountain West Society of Plastic Surgeons Annual Meeting Crested Butte, Colorado, U.S.A.
2023	American Society for Reconstructive Microsurgery 40th Annual Scientific Meeting Miami, Florida, U.S.A.
2022-2023	The Aesthetic Society Leadership Training Program Parts I and II Dallas, Texas and Las Vegas, Nevada, U.S.A.
2022	The Aesthetic Meeting 2022, The Aesthetic Society (ASAPS) San Diego, California, U.S.A.
2022	Women Plastic Surgeons 2020 WPS Enrichment Retreat, American Society of Plastic Surgeons Tucson, Arizona, U.S.A.
2022	Mountain West Society of Plastic Surgeons Annual Meeting Snowbird, Utah, U.S.A.
2021	Plastic Surgery THE Meeting 2021, American Society of Plastic Surgeons Virtual Attendee, Atlanta, Georgia, U.S.A.
2021	The Aesthetic Meeting 2021, American Society of Aesthetic Plastic Surgery (ASAPS)

Miami Beach, Florida

2021 **ASPS Practice Innovations 2021 – Enhance Team Efficiency, American Society of Plastic Surgeons**
Online virtual meeting due to COVID-19

2020 **Plastic Surgery THE Virtual Meeting 2020, American Society of Plastic Surgeons**
Online virtual meeting due to COVID-19

2020 **The Aesthetic Series: Experienced Insights in Breast and Body Contouring 2020, Virtual Meeting, The Aesthetic Society (ASAPS)**
Online virtual meeting due to COVID-19

2020 **The Aesthetic Society 2020 Virtual Meeting**
Online virtual meeting due to COVID-19

2020 **Mountain West Society of Plastic Surgeons 2020 Annual Meeting**
Aspen, Colorado

2020 **Women Plastic Surgeons 2020 WPS Enrichment Retreat, American Society of Plastic Surgeons**
Nashville, Tennessee

2019 **Plastic Surgery THE Meeting 2019, American Society of Plastic Surgeons Annual Scientific Meeting**
San Diego, California, U.S.A.

2019 **The Aesthetic Meeting 2019, American Society of Aesthetic Plastic Surgery Annual Meeting**
New Orleans, Louisiana, U.S.A.

2019 **Mountain West Society of Plastic Surgeons 2019 Annual Meeting**
Olympic Valley, California, U.S.A.

2019 **Women's Plastic Surgery Physician Wellness WPS Enrichment Retreat, American Society of Plastic Surgeons**
Atlanta, Georgia, U.S.A.

2019 **American Society for Reconstructive Microsurgery Annual Scientific Meeting**
Palm Desert, California, U.S.A.

2018 **Plastic Surgery THE Meeting 2018, American Society of Plastic Surgeons Annual Scientific Meeting**
Chicago, Illinois, U.S.A.

2018 **The Aesthetic Meeting 2018, American Society of Aesthetic Plastic Surgery Annual Meeting**
New York, New York, U.S.A.

2017 **Plastic Surgery THE Meeting 2017, American Society of Plastic Surgeons Annual Scientific Meeting**
Orlando, Florida, U.S.A.

2017 **The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, American Society of Aesthetic Plastic Surgery**
New York City, New York, U.S.A.

2017 **Aesthetica Super Symposium, American Society of Plastic Surgeons**
New Orleans, Louisiana, U.S.A.

2017 **Essentials of Leadership Program, American Society of Plastic Surgeons**
Chicago, Illinois, U.S.A.

2017 **Social Media For Plastic Surgeons, Women's Plastic Surgery WPS Enrichment Retreat, American Society of Plastic Surgeons**
Newport Beach, California, U.S.A.

2017 **American Society for Reconstructive Microsurgery Annual Scientific Meeting**
Waikoloa, Hawai'i, U.S.A.

2017 **33rd Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"**
Southeastern Society of Plastic Surgery
Atlanta, Georgia, U.S.A.

2016 **Breast Reconstruction: State of the Art 2016**
Department of Plastic Surgery, NYU School of Medicine and New York University Post Graduate Medical School
New York, New York, U.S.A.

2016 **Plastic Surgery THE Meeting, American Society of Plastic Surgeons Annual Scientific Meeting**
Los Angeles, California, U.S.A.

2016 **15th Annual Allison Taylor Holbrooks/Barbara Jo Johnson Breast Cancer Conference**
Cancer Prevention Institute of California, Golden Gate Club, The Presidio of San Francisco
San Francisco, California, U.S.A.

2016 **American Society for Reconstructive Microsurgery Annual Scientific Meeting**
Scottsdale, Arizona, U.S.A.

2015 **Plastic Surgery THE Meeting, American Society of Plastic Surgeons Annual Scientific Meeting**
Boston, Massachusetts, U.S.A.

2015 **Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery**

Hospital de la Santa Creu i Sant Pau, Universitat Autonoma de Barcelona,
Barcelona, Spain

2015 **American Society of Reconstructive Microsurgery Annual Scientific Meeting**
Nassau, Bahamas

2014 **American Society for Aesthetic Plastic Surgery Annual Meeting**
San Francisco, California, U.S.A.

2014 **American Society of Reconstructive Microsurgery Annual Scientific Meeting**
Kaua'i, Hawai'i, U.S.A.

2013 **C4YW Annual Conference for Young Women Affected by Breast Cancer**
Bellevue, Seattle, Washington, U.S.A.

2013 **American Society for Reconstructive Microsurgery Annual Scientific Meeting**
Naples, Florida, U.S.A.

2012 **American Society of Plastic Surgeons Annual Scientific Meeting**
New Orleans, Louisiana, U.S.A.

2012 **Group for the Advancement of Breast Reconstruction (GABRs) 4th Meeting**
Kenwood, California, U.S.A.

2012 **American Association of Plastic Surgeons 91st Annual Scientific Meeting**
San Francisco, California, U.S.A.

2012 **American Society for Reconstructive Microsurgery Annual Scientific Meeting**
Las Vegas, Nevada, U.S.A.

2011 **97th Annual Clinical Congress of the American College of Surgeons**
San Francisco, California, U.S.A.

2011 **Plastic Surgery 2011 THE Meeting: American Society of Plastic Surgeons Annual Conference**
Denver, Colorado, U.S.A.

2011 **California Society of Plastic Surgeons 61st Annual Scientific Meeting**
Monterey, California, U.S.A.

2010 **20th Congress of the International Society of Aesthetic Plastic Surgery**
San Francisco, California, U.S.A.

2010 **Women Plastic Surgeons Retreat on Breast Cancer Reconstruction**
Monterey Peninsula, Pacific Grove, California, U.S.A.

2010 **California Society of Plastic Surgeons 60th Annual Scientific Meeting**
Rancho Palos Verdes, California, U.S.A.

2009 **American Society for Aesthetic Plastic Surgery Annual Meeting**
Las Vegas, Nevada, U.S.A.

2009 **California Society of Plastic Surgeons 59th Annual Meeting**
Squaw Creek, Olympic Valley, California, U.S.A.

2009 **American Society for Reconstructive Microsurgery 23rd Annual Meeting**
Maui, Hawai'i, U.S.A.

2008 **American Society for Reconstructive Microsurgery 22nd Annual Meeting**
Beverly Hills, California, U.S.A.

2008 **California Society of Plastic Surgeons 58th Annual Meeting**
Newport Beach, California, U.S.A.

2007 **NOVO National Council for Breast Aesthetics Meeting**
Newport Beach, California, U.S.A.

2007 **California Society of Plastic Surgeons 57th Annual Scientific Meeting**
San Francisco, California, U.S.A.

2007 **Mentor Solutions Growing Your Practice Concepts and Strategies Advanced Skills Development**
Dallas, Texas, U.S.A.

2007 **American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 21st Annual Joint Meeting**
Rio Grande, Puerto Rico

2006 **American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 75th Annual Scientific Meeting**
San Francisco, California, U.S.A.

2006 **California Society of Plastic Surgeons 56th Annual Scientific Meeting**
Las Vegas, Nevada, U.S.A.

2006 **American Association of Plastic Surgeons 85th Annual Meeting**
Hilton Head, South Carolina, U.S.A.

2006 **Group for the Advancement in Breast Reconstruction Inaugural Meeting**
Charleston, South Carolina, U.S.A.

2006 **American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 20th Annual Joint Meeting**
Tucson, Arizona, U.S.A.

2005 **American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 74th Annual Scientific Meeting**
Chicago, Illinois, U.S.A.

2005 **Association of Women Surgeons Fall Conference**
San Francisco, California, U.S.A.

2005 **Canadian Society of Plastic Surgeons 59th Annual Scientific Meeting**
Nanaimo, British Columbia, Canada

2005 **Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 26th Annual Scientific Meeting**
Nanaimo, British Columbia, Canada

2005 **University of Manitoba Section of Plastic Surgery Research Symposium**
Winnipeg, Manitoba, Canada

2004 **Achieving Aesthetics and Function Through Reconstructive Surgery Symposium**
San Francisco, California, U.S.A.

2004 **American College of Surgeons Manitoba Chapter Annual Scientific Research Symposium**
Winnipeg, Manitoba, Canada

2004 **AO-ASIF Principles of Operative Treatment of Craniomaxillofacial Trauma and Reconstruction**
Minneapolis, Minnesota, U.S.A.

2004 **Management of Complex Wounds with V.A.C. Therapy**
Winnipeg, Manitoba, Canada

2004 **University of Manitoba Section of Plastic Surgery Research Symposium**
Winnipeg, Manitoba, Canada

2004 **Focus on Cutaneous Oncology: 12 Years of Mohs Micrographic Surgery and Advances in Skin Cancer Treatment**
University of Manitoba / 3M Continuing Health Education Initiative
Winnipeg, Manitoba, Canada

2004 **Canadian Society of Plastic Surgeons 58th Annual Scientific Meeting**
Hamilton, Ontario, Canada

2004 **Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 25th Annual Scientific Meeting**
Hamilton, Ontario, Canada

2004 **MANUS Canada Annual Scientific Meeting**
Hamilton, Ontario, Canada

2004 **American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 18th Annual Joint Meeting**
Palm Springs, California, U.S.A.

2004 **Residents' and Fellows' Symposium, American Society of Reconstructive Microsurgery 18th Annual Meeting**
Palm Springs, California, U.S.A.

2003 **Fluoroscopy for Non-Radiologists Course**
College of Physicians and Surgeons of Manitoba, Canada
Winnipeg, Manitoba, Canada

2003 **American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 72nd Annual Scientific Meeting**
San Diego, California, U.S.A.

2003 **Residents' Day, ASPS / PSEF 72nd Annual Scientific Meeting**
San Diego, California, U.S.A.

2003 **University of Manitoba Section of Plastic Surgery Research Symposium**
Winnipeg, Manitoba, Canada

2003 **Canadian Society of Plastic Surgeons 57th Annual Scientific Meeting**
Whistler, British Columbia, Canada

2003 **Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 24th Annual Scientific Meeting**
Whistler, British Columbia, Canada

2003 **American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 17th Annual Joint Meeting**
Kauai, Hawaii, U.S.A.

2003 **Residents' Day, American Society of Reconstructive Microsurgery 17th Annual Meeting**
Kauai, Hawaii, U.S.A.

2003 **Synthes AO-ASIF Multidisciplinary Craniomaxillofacial Workshop: Orbitozygomatic Complex and Midface Fracture Fixation**
Health Sciences Centre, University of Manitoba, Winnipeg, Canada

2002 **American College of Surgeons Manitoba Chapter Annual Scientific Research Symposium**
Winnipeg, Manitoba, Canada

2002 **University of Manitoba Faculty of Medicine Procedural / Conscious Sedation Course**
Health Sciences Centre, Winnipeg, Manitoba, Canada

2002 **University of Manitoba Section of Plastic Surgery Research Symposium**
Winnipeg, Manitoba, Canada

2001 **University of Manitoba Resident & Attending Physician Laser Training Seminar**
Health Sciences Centre, Winnipeg, Manitoba, Canada

2001 **American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 70th Annual Scientific Meeting**
Orlando, Florida, U.S.A.

2001 **Residents' Day, ASPS / PSEF 70th Annual Scientific Meeting**
Orlando, Florida, U.S.A.

2001 **Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 22nd Annual Scientific Meeting**
Jasper, Alberta, Canada

2001 **Canadian Society of Plastic Surgeons 55th Annual Scientific Meeting**
Jasper, Alberta, Canada

2001 **University of Manitoba Section of Plastic Surgery Research Symposium**
Winnipeg, Manitoba, Canada

2001 **University of Toronto Aesthetic Plastic Surgery 31st Annual Symposium**
Toronto, Ontario, Canada

2000 **American College of Surgeons Manitoba Chapter Annual Scientific Research Symposium**
Winnipeg, Manitoba, Canada

2000 **Wound Bed Preparation Symposium**
Smith and Nephew Continuing Medical Education in Healthcare
Winnipeg, Manitoba, Canada

2000 **Synthes AO-ASIF Craniomaxillofacial Workshop: Mandibular and Maxillary Fracture Fixation**
St. Boniface Hospital, University of Manitoba, Winnipeg, Canada