CURRICULUM VITAE

KAREN MAI HORTON, MD, MSC, BSCH, FACS, FRCSC

PERSONAL INFORMATION

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Maiden Surname Ambus

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Date of Birth May 22, 1971

Place of Birth Toronto, Ontario, Canada

Canadian, United States Permanent Resident

Medical Licensure Medical Board of California, A87734

Board CertificationBoard Certified in Plastic Surgery, The American Board of Plastic

Surgery, American Board of Medical Specialties (December 18,

2013)

Board Certified in Plastic Surgery, Royal College of Physicians and

Surgeons of Canada (June 30, 2005)

PROFESSIONAL EDUCATION

2005-2006 Senior Clinical Fellowship in Hand and Microsurgery

The Buncke Clinic Institute for Plastic & Reconstructive Surgery, Hand

Surgery, and Microsurgery

California Pacific Medical Center, Ralph K. Davies Campus San Francisco, California, U.S.A. (Graduation 6/30/2006)

2000-2005	Residency in Plastic and Reconstructive Surgery University of Manitoba (Graduation 6/30/2005) Winnipeg, Manitoba, Canada	
1996-2000	Doctor of Medicine, First Class Honours University of Toronto (Graduation 6/16/2000) Toronto, Ontario, Canada	
1994-1996	Master of Science Queen's University (Graduation 11/2/1996) Cancer Research Laboratories, Department of Pathology School of Graduate Studies and Research Kingston, Ontario, Canada	
1990-1994	Bachelor of Science, First Class Honours Queen's University (Graduation 6/3/1994) Life Science Subject of Specialization Kingston, Ontario, Canada	
EXPERIENCE AND HOSPITAL APPOINTMENTS		
2005-2018	Active Staff, Department of Plastic Surgery and Microsurgery California Pacific Medical Center – California, Davies and Pacific Campuses, San Francisco, California, U.S.A.	
2006-2014	Plastic Surgery Courtesy Staff, Department of Surgery St. Mary's Medical Center – San Francisco, California	
2005-2006	Senior Clinical Microsurgical Fellow The Buncke Clinic, California Pacific Medical Center, Ralph K. Davies Campus, San Francisco, California, U.S.A.	
2004-2005	Chief Resident in Plastic Surgery Section of Plastic Surgery, University of Manitoba, Winnipeg, Manitoba, Canada	
2002-2005 Can	Plastic Surgery Residency Section of Plastic Surgery, University of Manitoba, Winnipeg, Manitoba, ada	
2000-2002	Core Surgery Internship Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada	
2002-2005	House Medical Officer, Surgical Intensive Care Unit Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada	
2002-2005	House Medical Officer, Medical Intensive Care Unit	

Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada

2002-2005 House Medical Officer, Cardiovascular Step-Down Critical Care Unit and Inpatient Ward

Department of Surgery, University of Manitoba, Winnipeg, Manitoba, Canada

PUBLICATIONS, PRESENTATIONS AND COURSEWORKS

1. SCIENTIFIC AND PROFESSIONAL PUBLICATIONS

2017	Horton KM. The Latest Breast Implant Reconstruction Techniques: Science, Safety, Aesthetics! What's new in breast implant reconstruction? Bay Area Cancer Connections – Breast & Ovarian Cancer Information & Support Publication. Oct-Dec 2017: 6-8.
2017	Horton KM. The Last Stitch: Surgeon Spotlight. Plastic Surgery News. April/May 2017: 34.
2016	Horton KM. CoolSculpting. Cosmetic Town Journal. http://www.cosmetictown.com/journal/fat removal/CoolSculpting
2014	Horton KM. The Mommy Makeover: Dispelling Myths and Providing Truths. Multiplicity Magazine. Summer 2014: 25-27.
2014	Horton KM. Spring and Summer Skin Care. Marin Parents of Multiples Club Summer Newsletter.
2014	Horton KM . Spring is here! Skincare Tips and Techniques to Smooth Your Skin into Summer. Marin Mommies. April 17, 2014.
2012	Horton KM. After Breast Cancer: What You Need to Know if You Choose Breast Reconstruction. Coping Magazine. Sept/Oct 2012: 38.
2011	Buntic RF, Horton KM , Brooks D, Althubaiti, GA. "Transverse Upper Gracilis Flap as an Alternative to Abdominal Tissue Breast Reconstruction: Technique and Modifications". Plastic & Reconstructive Surgery: 128(6):607e–613e.
2010	Horton KM . Mammograms and Breast-Self Exams: What the Experts Recommend. Fogcutter. Junior League of San Francisco. XLI(2):
2009	Herrera F, Horton KM , Buntic RF, Buncke GM. "Bilateral Sporotrichosis Infection of the Hands: A Case Report and Review of the Literature". The Internet Journal of Hand Surgery. 2009 Volume 2 Number 2.
2008	Buntic RF, Horton KM , Brooks D, Lee CK. "The Free Partial Superior Latissimus

(PSL) Muscle Flap: Preservation of Donor Site Form and Function". Plastic &

Reconstructive Surgery. 121(5):1659-1663, May 2008.

- 2007 Herrera FA, **Horton KM**, Suliman A, Buncke GM. "Aeromonas Hydrophila Infection Causing Delayed Vascular Thrombosis in a Nearly Amputated Finger". Journal of Hand Surgery 2007; 32A: 1058–1060.
- 2006 **Horton KM**. "What's on the Horizon in Breast Reconstruction: Microsurgery Offers Women an Exciting New Option as they Contemplate Reconstruction". Women and Cancer Magazine, Fall 2006.
- 2000 **Horton KM**, Renooy L, Forrest CR. "Patients with Facial Difference: Assessment of Information and Psychosocial Needs". University of Toronto Medical Journal, 78(1): 8-11. Cover Feature Article.
- Horton KM, Forrest CR. Fractures of the Mandibular Condyle: A Retrospective Analysis of Sixty-Five Patients". UTMJ Proceedings of the University of Toronto Twelfth Annual Undergraduate Medical Research Day, 75 Suppl: \$31.
- Ambus KM. "An Investigation of the Molecular Targets of the PML/RARa Fusion Protein in Acute Promyelocytic Leukemia by Differential Display". Master of Science Thesis, School of Graduate Studies and Research, Queen's University, Kingston, Canada.
- 1994 **Ambus KM**. "Correlating fps/fes Expression with Angiogenesis During Murine Development". Pathology 420 Research Project Thesis, Department of Pathology, Queen's University, Kingston, Canada.
- 1993 **Ambus KM**, Walker PM. "Enhanced Neutrophil Adhesion with ICAM-1 Upregulation in Hypoxic Vascular Endothelial Cells". Institute of Medical Science Summer Research Studentship Papers, Division of Vascular Surgery, Department of Surgery, University of Toronto, Canada.

2. PUBLISHED ABSTRACTS

- 2010 **Horton KM**. "Donor Site Optimization in Microvascular Breast Reconstruction" International Society of Aesthetic Plastic Surgery Annual Scientific Meeting Program Book, Abstract 10E, p. 94.
- Horton KM, Buntic RF, Brooks D. "The Transverse Upper Gracilis Flap as an Alternative to Abdominal Tissue Reconstruction: Technique and Modifications" Program Book, 2009 Annual Scientific Meetings of the American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 245.
- Trovato M, **Horton KM**, Buntic RF, Brooks D. "Immediate Nipple-Areolar Complex Reconstruction with Inner Thigh (TUG) Flap Microvascular Breast Reconstruction". Program Book, 2008 Annual Scientific Meetings of the

American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 156.

- Buntic RF, Brooks D, **Horton KM**. "The Semi-Lunar Transverse Inner Thigh Flap for Microvascular Breast Reconstruction: An Excellent Alternative to Abdominal Flaps". Program Book, 2007 Annual Scientific Meetings of the American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 146.
- Horton KM, Buntic RF, Brooks D, Lee CK. "The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function. Program Book, 2007 Annual Scientific Meetings of the American Association for Hand Surgery, American Society for Peripheral Nerve, and American Society for Reconstructive Microsurgery, p. 182.
- Horton KM, Kaska S, Brooks D, Buntic RF, Louie K, Buncke GM, Lowenberg D. "Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage". Plastic and Reconstructive Surgery, 118(4) Suppl: 5-6.
- 2006 **Horton KM**, Buntic RF, Brooks D, Lee CK. "The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function". Plastic and Reconstructive Surgery, 118(4) Suppl: 6-7.
- Horton KM, Kaska S, Brooks D, Buntic RF, Louie K, Lowenberg DW, Buncke GM.
 "Outcome Analysis Of Combined Ilizarov Bone Transport And Immediate Free Tissue Transfer For Lower Extremity Salvage".
 American Association of Plastic Surgeons 86th Annual Meeting, Hilton Head, SC.
- 2005 **Horton KM**, Giuffre J, Singh GB, Murray KA. "Breast Reduction Scars: Prospective Analysis of Surgical Staples versus Absorbable Sutures". Canadian Journal of Plastic Surgery, 13(2): 98.
- 2005 Giuffre JL, **Horton KM**, Buchel EW. "Carpal Fracture and Dislocations in Children: Diagnosis and Treatment". Canadian Journal of Plastic Surgery, 13(2): 100.
- 2004 **Horton KM**, Hayakawa TEJ. "The 'Canadian Rodeo Thumb': Ice Auger Injuries in Northern Canada". Canadian Journal of Plastic Surgery, 12(2): 93.
- 2004 **Horton KM**, Hayakawa TEJ, Skoracki RJ. "Supercharged Pedicled Pectoralis Major Flap in Head and Neck Reconstruction". Canadian Journal of Plastic Surgery, 12(2): 117.
- 2004 **Horton KM**. "Frostbite in Manitoba: Ten-year Retrospective Analysis of Tertiary Inpatient Care". Canadian Journal of Plastic Surgery, 12(2): 97.
- 2003 **Horton KM**, Hayakawa TEJ, Abozaid M. "Delayed Esophageal Perforation Secondary to Extrusion of Cervical Spine Instrumentation Reconstruction with

Vascularized Free Fibula and Periosteal Patch". Canadian Journal of Plastic Surgery, 11(2): 118.

- 2003 **Horton KM**, Murray KA. "Personal Digital Assistant (PDA)-Assisted Resident Procedural Case Logs: A Pilot Study". Canadian Journal of Plastic Surgery, 11(2): 113.
- 2001 **Horton KM**, Dolynchuk KN. "Necrotizing Fasciitis of the Head and Neck: The Winnipeg Experience". Canadian Journal of Plastic Surgery, 9(3): 105.
- 1995 **Ambus KM**, Grignani F, Shearing T, Pelicci PG, Greer P. "Molecular Targets of the PML/RARa Fusion Protein". Abstracts of Papers Presented at the Eleventh Annual Meeting on Oncogenes, Hood College, Maryland, U.S.A., p.386.

3. BOOK CHAPTERS

- 2011 Chapter 22: Expander-Implant and Nipple-Areolar Reconstruction. In: Pearls of Wisdom: Plastic & Reconstructive Surgery Board Review, Second Edition. Lin SJ and Hijawi JB, Eds. New York: McGraw-Hill Medical Publishing Division, p.149-154.
- 2011 Chapter 24: Breast Reconstruction: Alternative Flaps. In: Pearls of Wisdom: Plastic & Reconstructive Surgery Board Review, Second Edition. Lin SJ and Hijawi JB, Eds. New York: McGraw-Hill Medical Publishing Division, p.165-177.
- 2011 Chapter 69: Gracilis Flaps for Breast Reconstruction. In: Spear's Surgery of the Breast: Principles and Art, Third Edition. Spear SL, et al., Eds. Philadelphia: Lippincott Williams & Wilkins.
- 2006

 Breast Reconstruction with Alternative Flaps: Latissimus Dorsi, SIEA, I-GAP,
 S-GAP Flaps. In: Lin SJ and Hijawi JB, Eds. Plastic and Reconstructive Surgery
 Board Review. New York: McGraw-Hill Medical Publishing Division, p. 127-135.
- 2006 **Breast Reconstruction with Expanders-Implants and Nipple-Areolar Complex Reconstruction.** In: Lin SJ and Hijawi JB, Eds. Plastic and Reconstructive Surgery Board Review. New York: McGraw-Hill Medical Publishing Division, p.113-118.

4. WEBSITE PUBLICATIONS

2011-2018	Professional Website www.drkarenhorton.com
2011-2018	Professional Dr. Karen Horton Blog http://www.drkarenhorton.com/blog/

2009-2012 Women's Plastic Surgery Blog

http://www.womensplasticsurgery.blogspot.com

2009 Plastic Surgery after Twins: Getting Your Body Back

Twin Pregnancy and Beyond (Featured Article)

2008 Mommy Makeover Surgery

Divine Caroline (Featured Article)

2007 Breast Reconstruction after Breast Cancer: State of the Art Options and

Return to Physical ActivityThe Running Journal:

http://www.activelifestylemag.com/BreastCancer.html

2007 Breast Reconstruction Update: State-of-the-Art Techniques

California Pacific Medical Center website:

http://www.cpmc.org/services/women/breast/bst_recon_profile.pdf

2007 Reconstruction of the Breast after Cancer: An Overview of Procedures

and Options

Breast Cancer Awareness website: http://breastcancerawareness.com

5. SCIENTIFIC PRESENTATIONS

4/29/17 Making Social Media Work For Your Practice

The Aesthetic Meeting 2018, American Society of Aesthetic Plastic Surgery

Annual Meeting

New York, New York, U.S.A.

10/9/17 Thrive vs. Fail in Plastic Surgery Practice

Invited Panel Moderator, Plastic Surgery THE Meeting 2017, American Society of

Plastic Surgeons Annual Scientific Meeting

Orlando, Florida, U.S.A.

10/8/17 Who Gives Disney World a One Star Review and What do You Do About It?

Invited Panel Speaker, Plastic Surgery THE Meeting 2017, American Society of

Plastic Surgeons Annual Scientific Meeting

Orlando, Florida, U.S.A

10/8/17 **Modern Mommy Makeover**

Invited Instructional Course Faculty, Plastic Surgery THE Meeting 2017, American

Society of Plastic Surgeons Annual Scientific Meeting

Orlando, Florida, U.S.A.

10/7/17 Shared Decision Making in Breast Reconstruction: What's There to Share?

Patient and Surgeon Perspectives

Invited Panel Moderator, Plastic Surgery THE Meeting 2017, American Society of

Plastic Surgeons Annual Scientific Meeting

Orlando, Florida, U.S.A.

10/6/17 Online Doctor Reviews and How to Live with Them

Invited Speaker, ASPS Hot Topics in Plastic Surgery, Plastic Surgery THE Meeting 2017, American Society of Plastic Surgeons Annual Scientific Meeting Orlando, Florida, U.S.A.

10/6/17 Social Media Marketing in Plastic Surgery: How I Do It

Invited Speaker, ASPS Hot Topics in Plastic Surgery, Plastic Surgery THE Meeting 2017

Orlando, Florida, U.S.A.

9/9/17 Work-Life Balance, Professional Fulfillment and Burnout among Plastic Surgeons

Invited Guest Faculty, The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, Plastic Surgery Residents Symposium, American Society of Aesthetic Plastic Surgery

New York City, New York, U.S.A.

9/8/17 Where Do I Start? Transitioning from Training to Plastic Surgery Practice

Invited Guest Faculty, The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, Plastic Surgery Residents Symposium, American Society of Aesthetic Plastic Surgery

New York City, New York, U.S.A.

9/8/17 Successful Social Media Strategies in Plastic Surgery Practice

Invited Guest Faculty, The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, Plastic Surgery Residents Symposium, American Society of Aesthetic Plastic Surgery

New York City, New York, U.S.A.

3/4/17 Implants, Lifts and Asymmetries - Two-Stage Augmentation Mastopexy: Better Safe Than Sorry

Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons

New Orleans, Louisiana, U.S.A.

3/3/17 The Art of Multitasking: How to Juggle Balls and Remain Successful

Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons

New Orleans, Louisiana, U.S.A.

3/3/17 PANEL: Aesthetic Breast Surgery: What Would the Experts Do?

Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons

New Orleans, Louisiana, U.S.A.

3/3/17 Optimizing Outcomes with Aesthetic Breast Surgery: Technique Matters - Subglandular Augmentation: Strategies for Success

Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons

New Orleans, Louisiana, U.S.A.

3/3/17 Biofilms, Bacteria and the Role of Antibiotics and Irrigation Protocols

Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons

New Orleans, Louisiana, U.S.A.

3/2/17 Website Design and Optimization in Plastic Surgery

Invited Panel Moderator, Aesthetica Super Symposium, American Society of Plastic Surgeons

New Orleans, Louisiana, U.S.A.

3/2/17 How Social Media has Changed the Way Plastic Surgery Patients Find Me and Become More Educated - For the Better!

Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons

New Orleans, Louisiana, U.S.A.

3/2/17 ONLINE REVIEWS: The Good, The Bad and The Ugly: How to Use Social Media to Best Manage and Control Your Reputation

Invited Guest Faculty, Aesthetica Super Symposium, American Society of Plastic Surgeons

New Orleans, Louisiana, U.S.A.

2/4/17 Using Social Media in #PlasticSurgery - How it has Evolved, What's New and How it can Help You!

Invited Guest Speaker, Social Media for Plastic Surgeons, Women's Plastic Surgery WPS Enrichment Retreat, American Society of Plastic Surgeons Newport Beach, California, U.S.A.

1/22/17 Using Social Media to Promote Awareness and Education of Breast Reconstruction and Aesthetic Surgery

Invited Guest Faculty, 33rd Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly" Atlanta, Georgia, U.S.A.

1/21/17 Why I Prefer Smooth Round Implants in Subglandular Position – Even In Thin Patients

Invited Guest Faculty, 33rd Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly" Atlanta, Georgia, U.S.A.

1/20/17 **Subcutaneous Implant Reconstruction Without ADM – WAIT, WHAT?**Invited Guest Faculty, 33rd Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly"

Atlanta, Georgia, U.S.A.

1/20/17 Aesthetic Refinement in DIEP and TUG (Inner Thigh) Free Flap Breast Reconstruction – Donor and Recipient Sites Alike

Invited Guest Faculty, 33rd Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly" Atlanta, Georgia, U.S.A.

1/16/17 Social Media Beyond Marketing – Malice & Medico-Legal Implications

Invited Panel Chair, "Innovations, Outcomes, and Quality", American Society for Reconstructive Microsurgery Annual Scientific Meeting Waikoloa, Hawai'i, U.S.A.

Use of Social Media to Promote Reconstructive and Aesthetic Breast Surgery in 2016

Invited Guest Faculty, Breast Reconstruction: State of the Art 2016 Conference, Department of Plastic Surgery, NYU School of Medicine and New York University Post Graduate Medical School New York, New York, U.S.A.

11/18/16 The Mommy Makeover with DIEP Flaps and How TV and Social Media have made the Mommy Makeover More Acceptable in Society

Invited Guest Faculty, Breast Reconstruction: State of the Art 2016 Conference, Department of Plastic Surgery, NYU School of Medicine and New York University Post Graduate Medical School New York, New York, U.S.A

9/24/16 Iron Surgeon Competition – "Sure, I'll Compete. Wait – What's That?"

Invited Faculty, American Society of Plastic Surgeons Annual Scientific Meeting Plastic Surgery THE Meeting 2016 Los Angeles, California, U.S.A.

9/23/16 Use of Social Media to Promote Your Plastic Surgery Practice

Invited Guest Faculty, American Society of Plastic Surgeons Senior Residents Conference and Residents Day Program
Plastic Surgery THE Meeting 2016
Los Angeles, California, U.S.A.

3/19/16 Breast Reconstruction as ART & Science: Advanced Breast Reconstruction Techniques - Considering Form, Balance, Aesthetics & Beauty

Invited Speaker, 15th Annual Allison Taylor Holbrooks/Barbara Jo Johnson Breast Cancer Conference

Cancer Prevention Institute of California, Golden Gate Club, The Presidio of San Francisco

San Francisco, California, U.S.A.

1/18/16 Coupling a Superficial Vein in DIEP Flaps to an Axillary Vessel before Internal Mammary Anastomoses Reduces Venous Complications with Minimal Increased Operative Time

Invited Speaker, American Society for Reconstructive Microsurgery Annual Scientific Meeting

Scottsdale, Arizona, U.S.A.

10/16/15 Use of Social Media to Promote Your Plastic Surgery Practice

Invited Guest Speaker, Plastic Surgery THE Meeting, American Society of Plastic Surgeons Annual Scientific Meeting Boston, Massachusetts, U.S.A.

4/30/15 Breast Implant Device failure: Remove or Replace?

Invited Panel Speaker, ASPS Aesthetica 2015 Super Symposium, American Society of Plastic Surgeons Las Vegas, Nevada, U.S.A.

4/30/15 Revision Augmentation with Fat Grafting: Achieving Predictability and Success

Invited Panel Speaker, ASPS Aesthetica 2015 Super Symposium, American Society of Plastic Surgeons Las Vegas, Nevada, U.S.A.

4/30/15 Subglandular Breast Implant Device placement: Optimizing Aesthetics

Invited Panel Speaker, ASPS Aesthetica 2015 Super Symposium, American Society of Plastic Surgeons Las Vegas, Nevada, U.S.A.

3/13/15 Mastopexy after Extreme Weight Loss

Invited International Speaker, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery Barcelona, Spain

3/13/15 Disasters of the Masters – "Loaf of Bread" Bilateral Chest Wall Reconstruction after Recurrent Breast Cancer: Is an Aesthetic Result Possible?

Invited International Speaker, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery Barcelona, Spain

3/12/15 Maximizing Efficiency in the Operating Room and the Use of Social Media in Promoting a Reconstructive Microsurgery Breast Reconstruction Practice

Invited International Speaker, Breakfast with the Experts, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery Barcelona, Spain

3/12/15 Autologous Breast Reconstruction in Thin Patients

Invited International Speaker, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery Barcelona, Spain

3/12/15 Inner Thigh TUG Flap Autologous Breast Reconstruction – An Alternative to Abdominal and Buttock Donor Sites

Invited International Speaker, Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery Barcelona, Spain

3/7/15 Breast Reconstruction 2015: What is New?

Invited Guest Speaker, The Challenges of Breast Cancer: Allison Taylor Holbrooks Barbara Jo Johnson Breast Cancer Conference, Cancer Prevention Institute of California
San Francisco, California, U.S.A.

2/25/15 Breast Reconstruction: Using Your Own Tissue to Rebuild Your Breast

Invited Presenter, Living Beyond Breast Cancer Live Breast Reconstruction Series Webinar

www.lbbc.org/event-archive

Breast Reconstruction as ART and Science: Advanced Breast Reconstruction Techniques – Considering Form, Balance, Aesthetics and Beauty

Invited Guest Speaker, North York General Hospital Department of Genetics Grand Rounds

Toronto, Ontario, Canada

2/23/13 Breast Reconstruction is Not-One-Size-Fits-All: Options for Women in 2013

Invited Guest Speaker, C4YW Annual Conference for Young Women Affected by Breast Cancer

Belleview, Seattle, Washington, U.S.A.

1/15/13 Choosing the Inner Thigh (TUG) Flap for Microsurgical Breast Reconstruction

Invited Panel Speaker, Controversies in Autogenous Microsurgical Breast Reconstruction, American Society for Reconstructive Microsurgery Annual Scientific Meeting

Naples, Florida, U.S.A.

10/27/12 Maximizing Efficiency in the Operating Room and the Use of Social Media in Promoting a Reconstructive Microsurgery for Breast Reconstruction Practice

Invited Panel Speaker, Panel: Reimbursement in Breast Reconstruction, American Society of Plastic Surgeons' Annual Scientific Meeting 2012 New Orleans, Louisiana

10/4/12 Post-Breast Reconstruction Revisions and Follow Up Surgeries

Guest Speaker, 7th Annual Microsurgical Nursing Symposium: Breast Health & Reconstruction, Davies Campus, California Pacific Medical Center San Francisco, California

9/29/12 Breast Reconstruction Options for BRCA Positive Women: Breast Cancer "Previvors" and Survivors

Invited Doctors Panel Speaker, Taking on BRCA - We're All in This Together: BRCA Connections and FORCE Conference in Honor of National Hereditary Breast and Ovarian Cancer Week and National Previvor Day, California Pacific Medical Center, San Francisco, California

9/28/12 Reconstruction of the Breast When a Mastectomy is Not Required - What are the Options?

Invited Speaker, 3rd Annual Conference on the Current Controversies in the Management of Breast Cancer and Melanoma Jewish Community Center of San Francisco Kanbar Hall, San Francisco, California

4/20/12 True Single-Stage Microsurgical Breast Reconstruction: Nipple Preservation and Immediate Free Flap Reconstruction Including a Reduction or Lift

Invited Speaker, Group for the Advancement of Breast Reconstruction (GABRs) 4th Meeting

Kenwood, California

4/20/12 Second Stage Procedures after Microsurgery: Performing Additional Steps to Achieve the Ultimate Aesthetic Outcome in Breast Reconstruction

Invited Speaker, Group for the Advancement of Breast Reconstruction (GABRs) 4th Meeting

Kenwood, California

4/21/12 The Inner Thigh (TUG) Flap Breast Reconstruction: Update on Statistics, Outcome and Complications

Invited Speaker, Group for the Advancement of Breast Reconstruction (GABRs) 4th Meeting

Kenwood, California

1/17/12 Marketing Your Reconstructive Practice: Pearls and Pitfalls

Invited Panel Speaker, American Society for Reconstructive Microsurgery Annual Scientific Meeting

Las Vegas, Nevada

9/24/11 TUG (Inner Thigh) Free Flap Breast Reconstruction: What Plastic Surgery Nurses Need to Know!

Invited Guest Speaker, American Society of Plastic Surgical Nurses 37th Annual ASPSN Convention
Denver, Colorado

9/16/11 Nipple-Sparing Mastectomy (NSM) and Immediate Breast Reconstruction

Invited Speaker, 2nd Annual Conference on the Current Controversies in the Management of Breast Cancer and Melanoma Hotel Kabuki, San Francisco, California

3/5/11 The Art of Reconstruction

Guest Speaker, 10th Annual Allison Taylor Holbrooks / Barbara Jo Johnson Breast Cancer Conference for Survivors, Family, Friends, and Medical Professionals Golden Gate Club, Presidio of San Francisco, California

9/24/10 Breast Reconstruction: Is Autologous Tissue Better Than Implants?

Invited Speaker, Current Controversies in the Management of Breast Cancer and Melanoma Multidisciplinary Conference Hotel Kabuki, San Francisco, California

7/28/2010 Breast Reconstruction: Understanding Your Options

Invited Educational Teleconference Guest Speaker, Living Beyond Breast Cancer

www.lbbc.org

5/25/2010 The Art of Breast Cancer Reconstruction Using Microsurgery

Invited Keynote Speaker, California Pacific Medical Center Foundation San Francisco, California

4/29/2010 Prevention and Management of Microsurgical Complications in Breast Reconstruction

Guest Speaker, 5th Annual Microsurgical Nursing Symposium Davies Campus, California Pacific Medical Center San Francisco, California

3/6/2010 Beyond Breast Cancer: The Art of Reconstruction

Guest Speaker, 9th Annual Allison Taylor Holbrooks / Barbara Jo Johnson Breast Cancer Conference for Survivors, Family, Friends, and Medical Professionals Golden Gate Club, Presidio of San Francisco, California

3/5/2010 Mommy Makeover Cosmetic Surgery

Pacific Gynecology and Obstetrics Medical Group San Francisco, California

5/31/09 Breast Reconstruction Using Microsurgery and Implants – Refining Aesthetic Results and Outcome

Fresh Faces in Plastic Surgery – 2009 CSPS 59th Annual Meeting Panel Presentation – Invited Panelist California Society of Plastic Surgeons 59th Annual Scientific Meeting

Squaw Creek, Olympic Valley, California

3/7/09 The Art of Breast Reconstruction

Guest Speaker, 8th Annual Allison Taylor Holbrooks / Barbara Jo Johnson Breast Cancer Conference For Survivors, Family, Friends, and Medical Professionals Golden Gate Club, The Presidio of San Francisco, California

1/13/09 The Transverse Upper Gracilis Flap as an Alternative to Abdominal Tissue Reconstruction: Technique and Modifications

American Society for Reconstructive Microsurgery 23rd Annual Meeting Maui, Hawai'i

1/10/09 Breast Reconstruction: A Woman's Perspective

Guest Panelist, American Society for Reconstructive Microsurgery 23rd Annual Meeting Maui, Hawai'i

Julie's Journey: Anatomy of a DIEP/SIEA Flap for Breast Reconstruction Panel Speaker: Microsurgical Experts Question and Answer Period

Guest Speaker, 4th Annual Microsurgical Nursing Symposium

Davies Campus, California Pacific Medical Center San Francisco, California

3/1/08 Breast Cancer: Finding Answers to Your Questions – The Art of Reconstruction

Guest Lecturer, Northern California Cancer Center

NCCC Breast Cancer 7th Annual Allison Taylor Holbrooks / Barbara Jo Johnson

Conference: More Questions, More Answers

Golden Gate Club, The Presidio of San Francisco, California

2/25/08 Mommy Makeover Surgery: Rejuvenation of the Breast and Body after

Childbirth

Guest Speaker, Mount Diablo Mother's Club

Walnut Creek, California

2/24/08 Breast Reconstruction: Exploring Your Options

Guest Speaker, 8th Annual Conference for Young Women Affected by Breast

Cancer

Jacksonville, Florida

11/6/07 Microsurgical Breast Reconstruction

Guest Speaker, Obstetrics and Gynecology Grand Rounds, California Pacific

Medical Center

San Francisco, California

The Latest Techniques in Breast Reconstruction – Immediate Implant

Reconstruction and Microsurgery

Guest Speaker, Community Breast Health Project's 4th Annual Breast Cancer

Conference: Sharing Knowledge-Creating Hope

Palo Alto, California

10/22/07 State of the Art in Breast Reconstruction

Guest Speaker, California Pacific Medical Center Breast Health Center

Educational Series

San Francisco, California

10/4/07 Scalp Replantation in a 10-Year-Old Girl

Panel Speaker: Microsurgical Experts Question and Answer Period

Guest Speaker, 3rd Annual Microsurgical Nursing Symposium

Davies Campus, California Pacific Medical Center

San Francisco, California

5/31/07 The Latest and Greatest in Microsurgical Breast Reconstruction

Community Breast Health Project Open House

Palo Alto, California

5/26/07 New Options for Immediate Breast Reconstruction: Achieving Optimal Results

with Adjustable Implants in a Single Stage: 322 Consecutive Cases

California Society of Plastic Surgeons 57th Annual Scientific Meeting

San Francisco, California

4/16/07 **Everything You Ever Wanted to Know About Cosmetic Surgery** Guest Speaker, John Muir Women's Center Lecture Series, Walnut Creek. California 3/20/07 Advances in Breast Reconstruction Guest Speaker, The Wellness Community Special Workshop Series, Walnut Creek, California 3/3/07 The Artistry of Breast Reconstruction Guest Speaker, Northern California Cancer Center's Breast Cancer 6th Annual Allison Taylor Holbrooks / Barbara Jo Johnson Conference: More Questions, More Answers Golden Gate Club, The Presidio, San Francisco, California 3/1/3007 Advances in Microsurgical Breast Reconstruction Guest Lecturer, St. Luke's Hospital Continuing Medical Education Grand Rounds, San Francisco, California 1/16/07 The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 21st Annual Joint Meeting Rio Grande, Puerto Rico 1/5/07 Microsurgical Reconstruction of the Breast - The Latest Techniques California Pacific Medical Center General Surgery Grand Rounds, San Francisco, California 11/7/06 State-of-the-Art in Breast Reconstruction Techniques Guest Speaker, Alta Bates / Summit Medical Center, Oakland, California Breast Reconstruction Following Breast Cancer: The Latest Advances in 11/6/06 Microsurgery and the One-Step Technique Guest Speaker, John Muir Women's Health Center, Walnut Creek, California 10/25/06 Update in Breast Reconstruction: State-of-the-Art Techniques Guest Speaker, Breast Cancer Miniseries, John Muir Medical Center, Walnut Creek, California, U.S.A. 10/8/06 Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage American Society of Plastic Surgery 75th Annual Scientific Meeting San Francisco, California, U.S.A. 10/8/06 The Free Partial Superior Latissimus (PSL) Muscle Flap: Preservation of Donor Site Form and Function American Society of Plastic Surgery 75th Annual Scientific Meeting

San Francisco, California, U.S.A.

7/12/06 Breast Reconstruction Using Microsurgical Techniques: An Overview

Guest Speaker, John Muir Medical Center, Breast Health Center Walnut Creek, California, U.S.A.

6/3/06 Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage

California Society of Plastic Surgeons Annual Scientific Meeting Las Vegas, Nevada, U.S.A.

5/9/06 Outcome Analysis of Combined Ilizarov Bone Transport and Immediate Free Tissue Transfer for Lower Extremity Salvage

American Association of Plastic Surgeons 85th Annual Meeting Hilton Head, South Carolina, U.S.A.

4/7/06 The Transverse Upper Gracilis (TUG) Flap for Microsurgical Breast Reconstruction

Invited Speaker, Group for the Advancement in Breast Reconstruction (GABR) Meeting

Charleston, South Carolina, U.S.A.

12/7/05 Advances in Microsurgery: Preserving Donor Site Aesthetics and Function in Complex Reconstructive Procedures

Guest Lecturer, Surgical Grand Rounds, Division of Plastic Surgery, The DeWitt Daughtry Family Department of Surgery, University of Miami School of Medicine Miami, Florida, U.S.A.

9/2/05 CMC Joint Arthroplasty of the Thumb Using Irradiated Cartilage Allograft

Microsurgical Grand Rounds, The Buncke Clinic Institute for Plastic & Reconstructive Surgery, Hand Surgery, and Microsurgery San Francisco, California, U.S.A.

7/8/05 Autogenous Saphenous Vein Wrapping for Chronic Traction Neuritis

Microsurgical Grand Rounds, The Buncke Clinic Institute for Plastic & Reconstructive Surgery, Hand Surgery, and Microsurgery San Francisco, California, U.S.A.

6/10/2005 Breast Reduction Scars: Prospective Analysis of Surgical Staples versus Absorbable Sutures

Fifty-Ninth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons

Nanaimo, British Columbia, Canada

4/18/2005 Breast Reduction Scars: Prospective Analysis of Surgical Staples versus Absorbable Sutures

University of Manitoba Section of Plastic Surgery Resident Research Symposium Winnipeg, Manitoba, Canada

12/22/2004	Anatomy Dissection: Anterior Trunk, Omentum, Inguinal Canal, Os Innominatum, Applied Anatomy of Local Muscle, Fascial, Omental and Composite Flaps
	Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
12/20/2004	Microbiological Variants and Unusual Presentations of Necrotizing Fasciitis Morbidity and Mortality Grand Rounds, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
12/6/2004	Reconstruction of the Secondary Cleft Nose Deformity Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
11/6/2004	Carpal Fractures and Dislocations in Children: Diagnosis and Treatment American College of Surgeons, Manitoba Chapter Annual Research Symposium, Winnipeg, Canada
11/1/2004	Local Flaps in Reconstruction of the Hand Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
9/29/2004	Anatomy Dissection: Lower Leg and Foot, Bones of the Foot and Ankle, Applied Anatomy of Local Muscle, Fascial and Composite Flaps Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
9/13/2004	Facial Nerve Disorders Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
6/3/2004	Ice Auger Thumb Avulsion Amputations in Northern Canada Fifty-Eighth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons Hamilton, Ontario, Canada
6/4/2004	Frostbite in Manitoba: Ten Year Analysis at a Tertiary Care Centre Fifty-Eighth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons Hamilton, Ontario, Canada
6/2/2004	Supercharged Pedicled Pectoralis Major Myocutaneous Flap in Head and Neck Reconstruction
	Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 25 th Annual Scientific Meeting, Hamilton, Ontario, Canada
6/14/2004	Chest Wall Reconstruction: Local, Regional and Distant Techniques Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
4/26/2004	Unusual Presentations of Necrotizing Fasciitis at St. Boniface General Hospital

	Morbidity and Mortality Grand Rounds, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
5/31/2004	Melanoma: Diagnosis, Treatment and Advances in Research Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
5/19/2004	Fluid Resuscitation in Burn Injuries Keynote Guest Speaker, Surgical Intensive Care Burn Day Department of Critical Care, Health Sciences Centre, University of Manitoba, Winnipeg, Canada
5/12/2004	The 'Canadian Rodeo Thumb': Ice Auger Injuries in Northern Canada Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
5/12/2004	Complex Upper Extremity Crush-Degloving Injury Section of Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day University of Manitoba, Winnipeg, Canada
2/2/2004	Benign Melanocytic Tumours of the Skin Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
3/8/2004	Ear Reconstruction: History, Techniques and Scientific Advances Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
2/26/2004	Anatomy Dissection: The Infratemporal Fossa, Muscles of Facial Expression, Facial Nerve, Parotid Gland, Mandible and Maxilla Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery University of Manitoba, Winnipeg, Canada
1/9/2004	The 'Canadian Rodeo Thumb': Ice Auger Injuries in Northern Canada Guest Speaker, The Buncke Clinic Microsurgery Grand Rounds The Buncke Clinic, Davies Medical Center, San Francisco, California, U.S.A.
6/25/2003	Delayed Esophageal Perforation Secondary to Extrusion of Cervical Spine Instrumentation – Reconstruction with Vascularized Free Fibula and Periosteal Patch Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 24 th Annual Scientific Meeting, Whistler, British Columbia, Canada
4/17/2003	Bilateral Reduction Mammaplasty: Preoperative Indications, Demographics and Patient Experience Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada

Body Contouring with Suction-Assisted Lipoplasty: Overview of Techniques, 3/3/2003 **Indications and Advances** Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada 11/16/2002 Frostbite in Manitoba: Ten-year analysis at a Tertiary Care Centre American College of Surgeons, Manitoba Chapter Annual Research Symposium, Winnipeg, Canada 10/23/2002 Impending Plate Exposure and Osteoradionecrosis Following Mandible Reconstruction Section of Plastic Surgery Grand Rounds, Visiting Professor Day University of Manitoba, Winnipeg, Canada 10/23/2002 Osteocutaneous Fibular Free Flap with Additional Perforator-Based Skin Paddle and Double Microvascular Anastamosis Section of Plastic Surgery Grand Rounds, Visiting Professor Day University of Manitoba, Winnipeg, Canada 7/17/2002 Digital Replantation – Information for the Operating Room Team Guest Speaker, Health Sciences Centre Operating Room Nurses Grand Rounds, University of Manitoba, Winnipeg, Canada 11/18/2002 **Dupuytren's Disease** Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada 5/13/2002 Replantation of the Upper Extremity Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada 4/17/2002 Life-Threatening Hypothermia and Frostbite Injury Requiring Bilateral Free Flap **Lower Extremity Salvage** Section of Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada 4/17/2002 Frostbite in Manitoba: Ten-year analysis at a Tertiary Care Centre Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada 3/27/2002 Anatomy Dissection: Axilla Boundaries, Contents and Spaces, Pectoral Girdle, Scapula and Brachial Plexus Cadaveric Prosection and Osteology Demonstration, Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada 2/11/2002 Basal Cell Carcinoma, Squamous Cell Carcinoma and Mohs Micrographic **Excision**

	Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
1/11/2002	The VAC (Vacuum-Assisted Closure) for Wounds – An Overview Department of Otolaryngology Grand Rounds, University of Manitoba, Winnipeg, Canada
11/5/2001	Plastic Surgical Techniques Workshop Invited Guest Instructor, General Surgery Basic Training Lab for PGY-1 Residents, Department of Surgery, Faculty of Medicine, University of Manitoba, Winnipeg, Canada Section of Plastic Surgery, University of Manitoba, Winnipeg, Canada
6/8/2001	Necrotizing Fasciitis of the Head and Neck: The Winnipeg Experience Fifty-fifth Annual Scientific Meeting of the Canadian Society of Plastic Surgeons, Jasper, Alberta, Canada
3/7/2001	Wound Healing: Overview, Assessment of Wounds, Factors Affecting Healing, and Updates in Clinical Research Section of Plastic Surgery Grand Rounds, University of Manitoba, Winnipeg, Canada
11/4/2000	Necrotizing Fasciitis of the Head and Neck: The Winnipeg Experience American College of Surgeons, Manitoba Chapter Annual Research Symposium, Winnipeg, Canada
10/17/2001	Necrotizing Fasciitis of the Head and Neck: Retrospective Review of the Winnipeg Experience Plastic Surgery Grand Rounds, Visiting Professor and Resident Research Day
8/21/2000	Melanoma in the Pediatric Population: Classification, Diagnosis, Surgical Treatment and Issues in Children Invited Speaker, Pediatric General Surgery Grand Rounds, Department of Pediatric Surgery, University of Manitoba, Winnipeg, Canada
5/31/1999	Establishing an AboutFace Presence at Sunnybrook Health Science Centre Keynote Guest Speaker, AboutFace Annual General Meeting, Metro Hall, Toronto, Canada
5/10/1999	Health, Illness and the Community: Facial Difference Surgical Grand Rounds, Department of Surgery, University of Toronto, Sunnybrook Health Science Centre, Toronto, Canada
1/13/1998	Fractures of the Mandibular Condyle: A Retrospective Analysis of Sixty-Five Patients Twelfth Annual Undergraduate Medical Student Research Day, University of Toronto, Canada

6/13/1996 Differential Display: Molecular Targets of the PML/RARa Fusion Protein in Acute Promyelocytic Leukemia

Department of Pathology Grand Rounds, Queen's University, Kingston, Canada

6/17/1995 Molecular Targets of the PML/RARa Fusion Protein

Eleventh Annual Meeting on Oncogenes, Hood College, Frederick, Maryland, U.S.A.

3/17/1994 Following the Expression of fps/fes During Murine Angiogenesis

Honours Thesis Presentation, Faculty of Arts and Science, Queen's University, Kingston, Canada

6. SCIENTIFIC POSTERS

8/14/2010 Donor Site Optimization in Microvascular Breast Reconstruction

20th Congress of the International Society of Aesthetic Plastic Surgery San Francisco, California, U.S.A.

1/7/2005 The 'Canadian Rodeo Thumb': Ice Auger Injuries in Northern Canada

American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 19th Annual Joint Meeting Fajardo, Puerto Rico

6/26/2003 Personal Digital Assistant (PDA)-Assisted Resident Procedural Case Logs: A Pilot

57^{Tth} Annual Scientific Meeting of the Canadian Society of Plastic Surgeons Whistler, British Columbia, Canada

1/13/1998 Fractures of the Mandibular Condyle: A Retrospective Analysis of Sixty-Five

Patients

12th Annual Undergraduate Medical Research Day, University of Toronto Toronto, Ontario, Canada

6/17/1995 Molecular Targets of the PML/RARa Fusion Protein

11th Annual Meeting on Oncogenes, Hood College Frederick, Maryland, U.S.A.

7. ONGOING RESEARCH PROJECTS

2006 - **Horton KM**, Buntic RF. The Inner Thigh Transverse Upper Gracilis (TUG) Inner Thigh Flap for Microsurgical Breast Reconstruction. California Pacific Medical Center, San Francisco, California, U.S.A.

2007- **Horton KM**, Grissom N. Nipple-Sparing Mastectomy and Immediate Breast Reconstruction Using Microsurgery or Implants in a Single Stage. California Pacific Medical Center, San Francisco, California, U.S.A.

8. TELEVISION / MEDIA APPEARANCES

2010-2018	You Tube Dr. Karen Horton Channel
	https://www.youtube.com/channel/UCYtq6AWTUGTJqi10EroZt7Q?view_as=subscriber
2010-2018	Dr. Karen Horton Media Appearances https://www.drkarenhorton.com/media/
2016	Current Trends and Controversies in Breast Augmentation – Karen Horton, MD Discussion of article by Hidalgo, et al., appearing in the April 2016 issue of Plastic and Reconstructive Surgery, Volume 137 Issue 4. https://www.youtube.com/watch?v=1pGEsYxMPn8
2008-2012	Best of the Bay Television Monthly feature on Dr. Karen Horton, Women's Plastic Surgery
10/21/2008	KRON 4's Body Beautiful Show – "All About Plastic Surgery of the Breast – Cosmetic Surgery and Breast Reconstruction" 30-Minute LIVE Call-In Television Show
1/7/2008	KRON 4's Body Beautiful Show – "Mommy Makeover Surgery" 15-Minute LIVE Call-In Television Show
10/15/2007	KRON 4's Body Beautiful Show – "Silicone Breast Implants"

HONORS, AWARDS, DISTINCTIONS AND CERTIFICATIONS

15-Minute LIVE Call-In Television Show

	HONORS, AWARDS, DISTINCTIONS AND CERTIFICATIONS
2018-2021	American Board of Plastic Surgery (ABPS) Cosmetic Surgery Advisory Council Elected Appointment, American Board of Plastic Surgery, Inc., Philadelphia, Pennsylvania, U.S.A.
2015-2018	Top Doctor in Plastic Surgery Award Doctor's Choice Awards, U.S.A.
2017	2017 Top Doctors Award, San Francisco San Francisco Magazine, San Francisco, California, U.S.A.
2015-2017	10 Best Plastic Surgeons in California Award American Institute of Plastic Surgeons, Paso Robles, California, U.S.A.

2016	Best Plastic Surgery Practice, San Francisco San Francisco Small Business Community Association, California, U.S.A.
2016	2016 San Francisco Top Doctors Award in Plastic Surgery San Francisco Magazine, San Francisco, California, U.S.A.
2014-2015	Doctor of Excellence Leaders in Healthcare Network, New York, U.S.A.
2015	2015 San Francisco Top Doctors Award in Plastic Surgery San Francisco Magazine, San Francisco, California, U.S.A.
2014	Vitals Compassionate Doctor Award Patients' Choice Rated & Awarded by Patients, Vitals Awards & Recognition Program, Vitals.com
2013	Diplomate, American Board of Plastic Surgery (A.B.P.S.) American Board of Plastic Surgery
2011	Fellow of the American College of Surgeons (F.A.C.S.) Granted at the 97th Annual Clinical Congress of the American College of Surgeons San Francisco, California
2010	NBC Bay Area's Top Doctors - Plastic Surgeon NBC Bay Area's Top Doctors and Dentists and Doctors Improving Healthcare
2010	Woman of the Year in Medicine & Healthcare 2010 Award Recipient The American Biographical Institute
2008	Best Plastic Surgeon, San Francisco Country Best of the Bay Television
2007	Best Clinical Paper - New Options for Immediate Breast Reconstruction: Achieving Optimal Results with Adjustable Implants in a Single Stage: 322 Consecutive Cases California Society of Plastic Surgeons 57 th Annual Scientific Meeting, San Francisco, California
2005	Royal College of Canada Board Certification Fellowship in Plastic Surgery (F.R.C.S.C.) Royal College of Physicians and Surgeons of Canada, Ottawa, Canada
2004-2005	Best Resident Award, Canadian Society of Plastic Surgeons University of Manitoba Teaching Awards, University Teaching Services, Winnipeg, Canada
2004	California Medical License # A87734 Medical Board of California

2004-2006	Strathmore's Who's Who in Medicine and Healthcare Award Recipient
2004-2006	America's Who's Who in Medicine Award Recipient
2004-2005	Chief Resident in Plastic Surgery Section of Plastic Surgery, Department of Surgery, University of Manitoba, Canada
2004-2006	Woman-to-Woman Mentoring Program Consultant American Medical Women's Association
2004	Inamed Aesthetics Resident Educational Award American Society of Plastic Surgeons / Plastic Surgery Educational Foundation Women's Summer Workshop Symposium
2004	Invited Member, Executive Search Committee for Recruitment of Attending Surgeons Department of Surgery, Health Sciences Centre, University of Manitoba
2004	Plastic Surgery Educational Foundation (PSEF) In-Service Examination Plastic Surgery Educational Foundation, American Society of Plastic Surgeons, U.S.A.
2003	United States Medical Licensing Examination (USMLE) Step 3 Federation of State Medical Boards of the United States and National Board of Medical Examiners, United States
2003	Plastic Surgery Educational Foundation (PSEF) In-Service Examination Plastic Surgery Educational Foundation, American Society of Plastic Surgeons, U.S.A.
2002	Principles of Surgery Examination Royal College of Physicians and Surgeons of Canada Examination Certification
2001	Licentiate of the Medical Council of Canada # 90319 Medical Council of Canada, Canadian Medical Register
2001	Medical Council of Canada Qualifying Examination Part II (MCCQE-II) Medical Council of Canada Certification Examination
2000	United States Medical Licensing Examination (USMLE) Step 2 Federation of State Medical Boards of the United States and National Board of Medical Examiners, U.S.A.
2000	Medical Council of Canada Qualifying Examination Part I (MCCQE-I) Medical Council of Canada Certification Examination
2000	Certification of Advanced Trauma Life Support

	American College of Surgeons Certification Examination
2000	Certification of Advanced Cardiac Life Support American Heart Association Certification Examination
1998	United States Medical Licensing Examination (USMLE) Step 1 Federation of State Medical Boards of the United States and National Board of Medical Examiners, U.S.A.
1996-2000	Dean's Honour List - Years I, II, III, IV Faculty of Medicine, University of Toronto, Canada
1998	Malcolm McKenzie Award Faculty of Medicine, University of Toronto, Canada
1997	Summer Research Scholarship Faculty of Medicine, University of Toronto, Canada
1997	Certification of Basic Life Support
1997	Summer Research Internship Scholarship Sunnybrook Health Science Centre, Toronto, Canada
1996	Queen's Graduate Award Department of Graduate Studies and Research, Queen's University, Canada
1995	Queens Graduate Award Department of Graduate Studies and Research, Queen's University, Canada
1993	Institute of Medical Science Summer Research Studentship Institute of Medical Science, University of Toronto, Canada
1990-1993	Canada Scholarship – Undergraduate Years I, II, III Ministry of Studies in Science and Engineering, Government of Canada
1990	Anniversary Entrance Scholarship Faculty of Arts and Science, Queen's University, Canada Awarded on the basis of academic excellence to a female student entering the first year of a Bachelor of Science (Honours) program.
1990	Entrance Scholarship (declined) Faculty of Arts and Science, University of Western Ontario, Canada Awarded on the basis of outstanding scholastic ability to a student entering the first year of a Bachelor of Science (Honours) program.
1990	Ontario Scholar Ministry of Education, Government of Ontario, Canada

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

2013-2018	American Board of Plastic Surgery (ABPS) Diplomate ABPS Cosmetic Surgery Advisory Committee
2000-2018	American College of Surgeons (ACS) Fellow of the American College of Surgeons (FACS)
2000-2018	American Society of Plastic Surgeons (ASPS) Active Member Program Co-Chair, Practice Enhancement Subcommittee 2015-present Social Media Committee 2015-present ASPS Emerging Trends Subcommittee 2015-present Annual Meeting Educational Program and Instructional Course Committee 2017-present
2004-2018	American Society for Reconstructive Microsurgery (ASRM) Active Member Founding & Active Member, Women in Microsurgery Group Social Media Chair for WMG Nominating Committee WMG Representative
2006-2018	California Society of Plastic Surgeons (CSPS) Active Member
2005-2018	Royal College of Physicians and Surgeons of Canada (RCPSC) Fellow in Plastic Surgery (FRCSC)
2003-2018	Groupe pour L'Avancement de la Microchirurgie (GAM) Canada Associate Member, former Resident/Fellow Member
2001-2018	International Confederation for Plastic, Reconstructive and Aesthetic Surgery (IPRAS) Member
2009-2018	International Society of Aesthetic Plastic Surgery (ISAPS) Full Member
2015-2018	American Society of Aesthetic Plastic Surgery (ASAPS) Candidate Member
2001-2015	Canadian Society of Plastic Surgeons (CSPS) Associate Member

VOLUNTEER AND COMMUNITY ACTIVITIES

2016-2018	San Francisco Symphony Opening Night Annual Gala Supper Event Gala Host Committee, San Francisco Symphony Opening Night Gala Host Committee
2018	2018 Women at the Center Honors Fundraiser Committee, Junior League of San Francisco The Ritz Carlton, San Francisco
2016-2018	American Society of Plastic Surgeons Annual Meeting Educational Program Committee ASPS Emerging Trends Subcommittee Practice Management Committee Practice Enhancement Committee Social Media Committee
2014-2018	American Society for Reconstructive Microsurgery Women's Microsurgery Group, Official Mentor to aspiring Women Microsurgeons
2015-2018	Physician Runway Model Escort for Breast Cancer Survivors & Contributor to Silent Auction 20th Anniversary Gala Fundraiser and Fashion Show Marin Center, San Rafael, California
2005-2018	Mentor to Surgical Fellows and Residents, Medical Students and High School Students Students from The Buncke Clinic, California Pacific Medical Center, University of California-San Francisco, Stanford University, Piedmont High School, Redding High School, Touro University
2015-2018	Guest Volunteer Bartender Loch Lomond Yacht Club, San Rafael, California
2008-2017	Guest Speaker, Living Beyond Breast Cancer Educational sessions about options for breast cancer reconstruction and advances in Microsurgery and implant-based reconstruction
2006-2016	Guest Speaker, Northern California Cancer Center/Cancer Prevention Institute of California "Artistry in Breast Reconstruction", Annual Breast Cancer Symposium, Presidio of San Francisco
2013-2016	Marin Parents of Multiples Club (MPOMC) Executive Board Social Media Coordinator
2008-2013	Guest Speaker, Annual Conference for Young Women Affected by Breast Cancer (C4YW)

	Jacksonville, Honda, Ohando, Honda, Jedine, Washing	gion
2006-2013	Junior League of San Francisco Active Member – Fundraising and Volunteer Work Thro	oughout the Bay Area
2006-2011	Guest Speaker, Y-ME National Breast Cancer Organize Peer Counselor Educational Telephone Conference: Reconstruction Techniques"	
2008	Queen's University NetworQ Mentor Online Mentorship Program and Career Networking C University at Kingston University Alumni and Students	ommunity for Queen's
2007	Guest Speaker, American Cancer Society "Doc Talks" American Cancer Society Volunteer Educational Prog California	
2007-2008	Guest Speaker and Mentor, Kids on the Move America To Help Strengthen and Shape Future Generations Alameda, California	a (KOTMA) Program
2007-2010	Bay Area Business Women's Association (BABW) Involved Member	
2006	Guest Speaker, Expert Panel, Breast Cancer Survivors Sisters Network of San Francisco, San Francisco, Califo	-
2006-2010	National Breast Cancer Coalition (NBCC) Member	
1997-2005	National Health Care Advisory Committee, AboutFace Manitoba Professional Advisory Representative	e International
2000-2005	Professional Association of Residents and Interns of Mac Executive, Member-at-Large Executive, Director of Communications Coordinator, National Resident Awareness Day Executive, Contract Negotiations Committee Board, Plastic Surgery Resident Representative Board, Manitoba Medical College Committee	(2003-2004) (2002-2003) (2002-2003) (2002-2004) (2000-2002) (2000-2001)
2000-2005	University of Manitoba Section of Plastic Surgery Chief Resident Senior Resident Representative Royal College of Canada Accreditation Committee Sectional Steering Committee CaRMS Residency Interviewing Committee CanMeds 2000 Program Implementation Coordinator Junior Resident Representative	(2004-2005) (2003-2004) (2000-2003) (2000-2003) (2001-2004) (2000-2002) (2000-2002)

Jacksonville, Florida; Orlando, Florida; Seattle, Washington

INSTRUCTIONAL COURSES AND SYMPOSIA

2018	The Aesthetic Meeting 2018, American Society of Aesthetic Plastic Surgery Annual Meeting New York, New York, U.S.A.
2017	Plastic Surgery THE Meeting 2017, American Society of Plastic Surgeons Annual Scientific Meeting Orlando, Florida, U.S.A.
2017	The Business of Launching Your Practice - The ASAPS Gift of Expert Advice, American Society of Aesthetic Plastic Surgery New York City, New York, U.S.A.
2017	Aesthetica Super Symposium, American Society of Plastic Surgeons New Orleans, Louisiana, U.S.A.
2017	Essentials of Leadership Program, American Society of Plastic Surgeons Chicago, Illinois, U.S.A.
2017	Social Media For Plastic Surgeons, Women's Plastic Surgery WPS Enrichment Retreat, American Society of Plastic Surgeons Newport Beach, California, U.S.A.
2017	American Society for Reconstructive Microsurgery Annual Scientific Meeting Waikoloa, Hawai'i, U.S.A.
2017	33 rd Annual SESPRS 2017, Atlanta Breast Surgery Symposium, "Breast Surgery: The Good, The Bad, and The Ugly" Southeastern Society of Plastic Surgery Atlanta, Georgia, U.S.A.
2016	Breast Reconstruction: State of the Art 2016 Department of Plastic Surgery, NYU School of Medicine and New York University Post Graduate Medical School New York, New York, U.S.A.
2016	Plastic Surgery THE Meeting, American Society of Plastic Surgeons Annual Scientific Meeting Los Angeles, California, U.S.A.
2016	15th Annual Allison Taylor Holbrooks/Barbara Jo Johnson Breast Cancer Conference Cancer Prevention Institute of California, Golden Gate Club, The Presidio of Sar Francisco

	San Francisco, California, U.S.A.
2016	American Society for Reconstructive Microsurgery Annual Scientific Meeting Scottsdale, Arizona, U.S.A.
2015	Plastic Surgery THE Meeting, American Society of Plastic Surgeons Annual Scientific Meeting Boston, Massachusetts, U.S.A.
2015	Barcelona Breast Meeting 2015: In Search of Excellence in Breast Surgery Hospital de la Santa Creu I Sant Pau, Universitat Autonoma de Barcelona, Barcelona, Spain
2015	American Society of Reconstructive Microsurgery Annual Scientific Meeting Nassau, Bahamas
2014	American Society for Aesthetic Plastic Surgery Annual Meeting San Francisco, California, U.S.A.
2014	American Society of Reconstructive Microsurgery Annual Scientific Meeting Kaua'i, Hawai'l, U.S.A.
2013	C4YW Annual Conference for Young Women Affected by Breast Cancer Belleview, Seattle, Washington, U.S.A.
2013	American Society for Reconstructive Microsurgery Annual Scientific Meeting Naples, Florida, U.S.A.
2012	American Society of Plastic Surgeons Annual Scientific Meeting New Orleans, Louisiana, U.S.A.
2012	Group for the Advancement of Breast Reconstruction (GABRs) 4 th Meeting Kenwood, California, U.S.A.
2012	American Association of Plastic Surgeons 91 st Annual Scientific Meeting San Francisco, California, U.S.A.
2012	American Society for Reconstructive Microsurgery Annual Scientific Meeting Las Vegas, Nevada, U.S.A.
2011	97th Annual Clinical Congress of the American College of Surgeons San Francisco, California, U.S.A.
2011	Plastic Surgery 2011 THE Meeting: American Society of Plastic Surgeons Annual Conference Denver, Colorado, U.S.A.
2011	California Society of Plastic Surgeons 61 st Annual Scientific Meeting Monterey, California, U.S.A.

2010	20th Congress of the International Society of Aesthetic Plastic Surgery San Francisco, California, U.S.A.
2010	Women Plastic Surgeons Retreat on Breast Cancer Reconstruction Monterey Peninsula, Pacific Grove, California, U.S.A.
2010	California Society of Plastic Surgeons 60 th Annual Scientific Meeting Rancho Palos Verdes, California, U.S.A.
2009	American Society for Aesthetic Plastic Surgery Annual Meeting Las Vegas, Nevada, U.S.A.
2009	California Society of Plastic Surgeons 59 th Annual Meeting Squaw Creek, Olympic Valley, California, U.S.A.
2009	American Society for Reconstructive Microsurgery 23 rd Annual Meeting Maui, Hawai'i, U.S.A.
2008	American Society for Reconstructive Microsurgery 22 nd Annual Meeting Beverly Hills, California, U.S.A.
2008	California Society of Plastic Surgeons 58 th Annual Meeting Newport Beach, California, U.S.A.
2007	NOVO National Council for Breast Aesthetics Meeting Newport Beach, California, U.S.A.
2007	California Society of Plastic Surgeons 57 th Annual Scientific Meeting San Francisco, California, U.S.A.
2007	Mentor Solutions Growing Your Practice Concepts and Strategies Advanced Skills Development Dallas, Texas, U.S.A.
2007	American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 21 st Annual Joint Meeting Rio Grande, Puerto Rico
2006	American Society of Plastic Surgeons / Plastic Surgery Educational Foundation , American Society of Maxillofacial Surgeons 75 th Annual Scientific Meeting San Francisco, California, U.S.A.
2006	California Society of Plastic Surgeons 56 th Annual Scientific Meeting Las Vegas, Nevada, U.S.A.
2006	American Association of Plastic Surgeons 85 th Annual Meeting Hilton Head, South Carolina, U.S.A.

2006	Group for the Advancement in Breast Reconstruction Inaugural Meeting Charleston, South Carolina, U.S.A.
2006	American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 20 th Annual Joint Meeting Tucson, Arizona, U.S.A.
2005	American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 74 th Annual Scientific Meeting Chicago, Illinois, U.S.A.
2005	Association of Women Surgeons Fall Conference San Francisco, California, U.S.A.
2005	Canadian Society of Plastic Surgeons 59 th Annual Scientific Meeting Nanaimo, British Columbia, Canada
2005	Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 26 th Annual Scientific Meeting Nanaimo, British Columbia, Canada
2005	University of Manitoba Section of Plastic Surgery Research Symposium Winnipeg, Manitoba, Canada
2004	Achieving Aesthetics and Function Through Reconstructive Surgery Symposium San Francisco, California, U.S.A.
2004	American College of Surgeons Manitoba Chapter Annual Scientific Research Symposium Winnipeg, Manitoba, Canada
2004	AO-ASIF Principles of Operative Treatment of Craniomaxillofacial Trauma and Reconstruction Minneapolis, Minnesota, U.S.A.
2004	Management of Complex Wounds with V.A.C. Therapy Winnipeg, Manitoba, Canada
2004	University of Manitoba Section of Plastic Surgery Research Symposium Winnipeg, Manitoba, Canada
2004	Focus on Cutaneous Oncology: 12 Years of Mohs Micrographic Surgery and Advances in Skin Cancer Treatment University of Manitoba / 3M Continuing Health Education Initiative Winnipeg, Manitoba, Canada
2004	Canadian Society of Plastic Surgeons 58 th Annual Scientific Meeting Hamilton, Ontario, Canada

2004	Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 25 th Annual Scientific Meeting Hamilton, Ontario, Canada
2004	MANUS Canada Annual Scientific Meeting Hamilton, Ontario, Canada
2004	American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 18 th Annual Joint Meeting Palm Springs, California, U.S.A.
2004	Residents' and Fellows' Symposium, American Society of Reconstructive Microsurgery 18 th Annual Meeting Palm Springs, California, U.S.A.
2003	Fluoroscopy for Non-Radiologists Course College of Physicians and Surgeons of Manitoba, Canada Winnipeg, Manitoba, Canada
2003	American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 72 nd Annual Scientific Meeting San Diego, California, U.S.A.
2003	Residents' Day, ASPS / PSEF 72 nd Annual Scientific Meeting San Diego, California, U.S.A.
2003	University of Manitoba Section of Plastic Surgery Research Symposium Winnipeg, Manitoba, Canada
2003	Canadian Society of Plastic Surgeons 57 th Annual Scientific Meeting Whistler, British Columbia, Canada
2003	Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 24 th Annual Scientific Meeting Whistler, British Columbia, Canada
2003	American Association for Hand Surgery / American Society for Reconstructive Microsurgery / American Society for Peripheral Nerve 17 th Annual Joint Meeting Kauai, Hawaii, U.S.A.
2003	Residents' Day, American Society of Reconstructive Microsurgery 17 th Annual Meeting Kauai, Hawaii, U.S.A.
2003	Synthes AO-ASIF Multidisciplinary Craniomaxillofacial Workshop: Orbitozygomatic Complex and Midface Fracture Fixation Health Sciences Centre, University of Manitoba, Winnipeg, Canada

2002	American College of Surgeons Manitoba Chapter Annual Scientific Research Symposium Winnipeg, Manitoba, Canada
2002	University of Manitoba Faculty of Medicine Procedural / Conscious Sedation Course
	Health Sciences Centre, Winnipeg, Manitoba, Canada
2002	University of Manitoba Section of Plastic Surgery Research Symposium Winnipeg, Manitoba, Canada
2001	University of Manitoba Resident & Attending Physician Laser Training Seminar Health Sciences Centre, Winnipeg, Manitoba, Canada
2001	American Society of Plastic Surgeons / Plastic Surgery Educational Foundation / American Society of Maxillofacial Surgeons 70 th Annual Scientific Meeting Orlando, Florida, U.S.A.
2001	Residents' Day, ASPS / PSEF 70 th Annual Scientific Meeting Orlando, Florida, U.S.A.
2001	Groupe pour L'Avancement de la Microchirurgie Canada (GAM Canada) 22 nd Annual Scientific Meeting Jasper, Alberta, Canada
2001	Canadian Society of Plastic Surgeons 55 th Annual Scientific Meeting Jasper, Alberta, Canada
2001	University of Manitoba Section of Plastic Surgery Research Symposium Winnipeg, Manitoba, Canada
2001	University of Toronto Aesthetic Plastic Surgery 31 st Annual Symposium Toronto, Ontario, Canada
2000	American College of Surgeons Manitoba Chapter Annual Scientific Research Symposium Winnipeg, Manitoba, Canada
2000	Wound Bed Preparation Symposium Smith and Nephew Continuing Medical Education in Healthcare Winnipeg, Manitoba, Canada
2000	Synthes AO-ASIF Craniomaxillofacial Workshop: Mandibular and Maxillary Fracture Fixation St. Boniface Hospital, University of Manitoba, Winnipeg, Canada